Sadguru Education Society's College of Physical Education, Jalgaon

(Affiliated to North Maharashtra University)

Nr. Khajamiya Dargah, Ganesh Colony, Jalgaon [Maharashtra]



# SELF APPRAISAL REPORT



SUBIMITTED TO NATIONAL ASSESSMENT AND AGGREDIDATION COUNCIL, BANGALORE MAY - 2015

## SADGURU EDUCATION SOCIETY'S COLLEGE OF PHYSICAL EDUCATON

NEAR KHWAJAMIYA DARGAH,GANESH COLONY,JALGAON

## **GOVERNING BODY OF THE SOCIETY**

Sr.No.	Name & Address of the Members	Designation	Qualification
1.	Shri. Manohar Suryaji Phalak	Chairman	B.A
2.	Smt.Indumati Ghansham Bhole	Secretary	H.S.C
3.	Dr.Narayan Shankar Khadke	Member	M.P.Ed Ph.d
4.	Shri .Dhondu Dangal Patil	Member	B.A
5.	Shri. Pandurang Shankar Khadke	Member	B.Sc
6.	Dr. Varsha Narayan Khadke	Member	M.Ed Ph.d
7.	Shri .Prakash Govinda Rana	Member	B.A
8.	Shri. Sitaram Jayram Gajare	Member	M.A
9.	Smt .Vatsla Suryaji Phalak	Member	H.S.C
10.	Shri. Yuvraj Pundlik Khadke	Member	M.A
11.	Shri. Hitendra Chimanlal Surtwala	Member	B.Sc
12.	Shri.L.D.Chaudhari	Member	B.A.
13.	Shri. L.T.Deshmukh	Member	B.Sc/ M.Ed

## SADGURU EDUCATION SOCIETY'S COLLEGE OF PHYSICAL EDUCATION NEAR KHWAJAMIYA DARGAH, GANESH COLONY, JALGAON-425001 (MAHARASHTRA)

# **SELF APPRAISAL REPORT**

SUBMITTED TO

NATIONAL ASSESSMENT AND ACCREDIDATION COUNCIL, BANGALORE

## **MAY-2015**

Sadguru Education Society's, College of Physical Education, Jalgaon

## PREFACE

Physical Education and Sports play an important role in the development of the Nation. Physical Education is an integral part of total education system. In this context teacher training institutions of physical education have been assigned greater responsibilities to produce and prepare quality physical education teachers who can cater to the needs of schools and colleges in general and students in particular. To achieve the objectives of education our institution has tried upward growth by producing quality teachers who are serving in various schools, colleges and other departments & organizations.

The Sadguru Education Society's College of Physical Education was instituted In 1990 by Dr. Narayan .S. Khadke in Jalgaon city and has immersed as one of the fast growing colleges in North Maharashtra our society jalgaon city is located In the North Maharashtra state and it's the Heads quarters of the jalgaon district . Jalgaon has a Municipal corporation having population of 460468 in hesitance as per 2011 sence.Our college is housed in ist own species and eligends building in its own complex .Our Institutions has many necessary facilities that are required for the sports acivities .Society has about 4.41 Hector of land at Nashirabad and 1.54 Hectors of land at Kusumba and central building is located in on about 15000 sq ft in hart city .our college has the privilege having first college in Physical having consistency in North Maharashtra university area.

The special character of our society's college is that it has been always tried to procure efficient and best physical education faculty for imparting instruction and teaching as well as conducting co-curricular activities . It should be not out of mention to state that all our students are efficiently serving in physical education colleges throughout North Maharashtra and in different state of India . IWe have proud pleasure to mention that because of our reputation our college get students from all over India . The information provided in the annexure shall vouch for our claim .

Our institution believes in serving the society in field of physical education in journal and sports in particular so that we can become mentor in this field and produce compliant personal for the international competition. In view of this desire and scope we have framed our vision as : to become benchmark physical education institutions and adhere to excellence in profession and sports'

Our Mission is To prepare competent need based human resource and responsible citizens in the field of Physical Education through dissemination of practical but scientific knowledge, development of skills and leadership qualities to create an environment that foster involvement and commitment of all stakeholders for continuous improvement in performance and quality of life for all.

#### VALUES –

- Character Building
- Service to humanity
- Awareness of Global issues

#### Sadguru Education Society's, College of Physical Education, Jalgaon

- Commitment to excellence
- Personality development

#### We have following adjectives to reach our goal and this the mission

- To promote health and fitness of the masses
- To promote excellence in education at all levels.
- To identify, nurture and develop talents of budding sports persons without gender discrimination.
- To promote research in physical education ad sports sciences.
- To co-operate with the Govt. and other organizations in their efforts to raise the standard of sports and fitness of the youths of our country.
- To popularize the traditional Indian physical education system and sports.
- To prepare and produce physical education teachers with commitment to the profession and make them capable of meeting the challenges of the new area.
- To inculcate a sense of National Responsibility through its efforts to develop physical education a base for the betterment of the future generation.
- To stimulate interest and awareness among the children about physical education, health, sports and Nutrition through its extension programmes.
- To encourage teachers to publish conducive literature on physical education profession.

The vision, Mission and values of the institutions are made known to the various stakeholders through college website and are also printed in the college brochure

The self Appraisal Report has been prepared by a team of faculty who have devoted their time and energies to bring out their best.

Management of the institution, Principal, teaching and non-teaching faculty, students and Alumni have extended their whole hearted support in this entire process, without whom the Self Appraisal Report would not have been possible.

Dr. Narayan Shankar Khadke

#### Principal

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## Sadguru Education Society's, College of Physical Education, Jalgaon

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# **SECTION – B**

## PART – I

# [INTITUTIONAL DATA]

## A Profile of the Institution

1.	Name and address of the institution :	Sadguru Education Society's
		College of Physical education,
		Near Khawajamiya Dargaha
		,Ganesh Colony Road, Jalgaon -
		425001 (M.S.)
	Website URL	: www.B.P.Edjal.org

## 2. For communication Office

Name	Telephone Number with STD Code	Fax No.	E-Mail Address
Dr. Narayan S.Khadke	Off- 0257- 2251128	0257- 2251128	principalB.P.Ed@B.P.Edja l.org
Vice-Principal			
Dr.Varsha N. Khadke	0257-2254228		varshanarayank@gmail.co m

## Residence

Name	Telephone Number with STD Code	Mobile Number
Dr. Narayan S.Khadke	Res- 0257-2214040	09823020228
Vice-Principal		
Dr.Varsha N. Khadke	Res- 0257-2214040	09422277740

## **3.** Location of the Institution :

Urban	$\checkmark$
Semi-urban	X
Rural	X
Tribal	X
Any other (specify and in	ndicate) X
4. Campus area in acres:	8.5 Acres

**Note:** Part of land space is specified and reserved for the construction of Indore stadium & swimming pool

5. Is it a recognized minority institution?

Yes 6.

 $\sqrt{}$ 

No

## 7. Date of establishment of the institution

Month and Year	MM	YYYY
	09	1990

### 8. University/Board to which the institution is affiliated:

North Maharashtra University, Jalgaon .

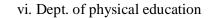
## 9. Details of UGC recognition under sections 2(f) and 12B of the

#### Month and Year Month and Year 2(f) 12B $\mathbf{M} \mathbf{M}$ YYYY YYYY MM ----**10. Type of Institution** X a. By funding i. Government

а.	By funding	I. Government	Λ
		ii. Grant-in-aid	X
		iii. Constituent	Χ
		iv. Self-financed	$\checkmark$
		v. Any other (Specify and indicate)	Χ
b.	By Gender	i. Only for Men	X
		ii. Only for Women	X
		iii. Co-education	$\checkmark$
c.	By Nature	i. University Dept.	X
		ii. LNIPE, NSNIS or other similar	X
		institutes of sports and physical	Λ
		education/National Institutes (specify	
		the name of the institution and respond)	
		iii. Autonomous College	Χ
		iv. Affiliated College	$\checkmark$
		v. Constituents College	X

Х

Х



of a Composite College

vii. Any other

(specifies and indicates)

## 11. Does the University/ State Education Act has provision for autonomy?

Yes  $\sqrt{}$  No

If yes, did the institution apply for autonomy?

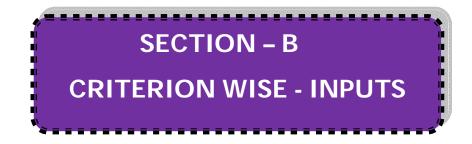
Yes No 🗸

## 12. Details of Physical Education Programmes offered by the institution.

Sr. No.	Level	Nature of Award	Programme/ Course	Entry Qualification	Dura tion	Medium of Instruction
	During a mark	Certificate				
i.	Primary/ Elementar	Diploma				
1.	У	Degree	Degree of Bachelor of Phy.Edu.	+2	3 years	
	C 1	Certificate				
ii.	Secondary /Sr.	Diploma				
	Secondary	Degree	Bachelor of Phy.Edu.	Graduate	One year	English, Marathi
	Post	Diploma				
iii.	Graduate	Degree	Master of Phy.Ed	Graduate in Phy.Edu.		English, Marathi.
iv.		Certificate				
	Other	Diploma Degree				

Level	Programme	Order No. and Date	Valid unto	Sanction ed Intake	Students Enrolled
Pre-primary					
Primary/ Elementary	B.P.E	WRC/2- 3399/4197 July 14,1999	Onwar d	30	30
Secondary/S r. secondary	B.P.Ed (one year)	WRC/2- 33/99/5633 Oct 08,1999	Onwar d	80	80
Post Graduate	M.P.Ed	WRC/2- 33/99/5633 Oct 08,1999	Onwar d	10	10
Other (Specify)					

## **13.** Give details of NCTE recognition (for each programme)



#### **<u>B. Criterion-wise Inputs</u>**

### **Criterion I : Curricular Aspects**

## 1. Does the institution have a stated?

Vision	Yes 🗸	No
Mission	Yes 🗸	No
Values	Yes 🔨	No
Objectives	Yes _/	No

### 2. Does the institution offer self-financed programme (s)?

Yes 🗸	No
	If yes,

a) How many programmes?

B)	Fee charged	per programme	

First B.P.E. –	Rs.7,100/-
Second B.P.E.	- Rs. 7,100/-
Final B.P.E. –	Rs. 7,100/-
B.P.Ed -	Rs.25050/-
M.P.Ed-	Rs. 25050/-
M.P.Ed -	Rs. 25050/-

03

## **3.** Are their programmes with semester system.

Yes	$\checkmark$	Number	B.P.ED -2 M.P.ED-4 B.P.E - 6	No	
-----	--------------	--------	------------------------------------	----	--

**4.** Is the institution representing/ participating in the curriculum development/ revision Processes of the regulatory bodies?

Yes		No	
-----	--	----	--

If yes, how many faculty are on the various curriculum development committees/Boards of Universities/ regulatory authorities.

	02
--	----

C.P.ED.	
D.P.ED.	
B.P.ED.	Two Games & Athletics
B.P.E.	Two Games & Athletics
M.P.ED- I	Athletics
M.P.ED –II	One major game
Any other (please specify and indi	cate)

**5.** Number of Specializations offered in sports and games (Programmme wise) Specializations are offered as per the syllabus of different courses as under: -

6. Are there Programmes where assessment of teacher by the students has been introduced.

Yes  $\sqrt{}$  Number 02 No --

7. Are there programmes with faculty exchange/ Visiting faculty (experts in specific sports and games, experts in Medicine/ Health and Hygiene, IT in sports and games etc.)

Yes  $\sqrt{}$  Number 05 No --

8. Is there any mechanism to obtain feedback on the curricular aspects from the

Heads of practice teaching schools	Yes 🗸	No
Academic peers	Yes 🗸	No
Alumni	Yes 🗸	No
Students	Yes 🗸	No
Employers	Yes 🗸	No

9. How long does it take for the institution to introduce a new programme within the existing system?

2 yrs.

10. Has the institution introduced any new courses in physical education during the last five years?



11. Are there courses in which major syllabus revision was done during the last five Years

Yes		Number		No	
-----	--	--------	--	----	--

12. Does the institution develop and deploy action plans for effective implementation of the curriculum?



13. Does the institution encourage the faculty to prepare course outlines?

Yes  $\sqrt{}$  No

## **Criterion II: Teaching-Learning and Evaluation**

1.	How are	students/trainees	selected for	admission t	o various	courses?
----	---------	-------------------	--------------	-------------	-----------	----------

(Mark "[]" against the applicable and "x" against not applicable)

a.	Thorough entrance tests	
b.	Physical fitness test	
C.	Sports proficiency	
d.	Through interviews	[]
e.	On the basis of academic record	[]
f.	Combination of one or more of the above (Combination of a to c)	[]
g.	Any other (Please specify and indicate)	X
2. Criteri	a for admission	
a) As p	er NCTE norms	
Yes	√ No	
b) Norn	ns superior to NCTE	
Yes		
c) In rel	axation of NCTE norms with respect to minimum percentag	e of marks
Yes		
d) In rel	axation of NCTE norms with respect to qualifying course	
Yes		
-	relaxation of special eligibility provisions of NCTE cipation in national/ regional/ state/ university level events.	norms such as
Yes	No 🗸	
f) In re	laxation of professional experience.	
Yes	No 🗸	
g) In re	laxation of professional experience and performance in qual	ifying course.
Yes	Νο √	

3. Does the institution develop its academic calendar?	
Yes 🗸 No	
4. Furnish the following information for the previous ac	ademic year:
a. Date of start of the academic year	15 <sup>th</sup> Jun 13
b. Date of last admission	2 <sup>nd</sup> Sept 13
c. Date of closing of the academic year	30 April 13
d. Total teaching days	190 days
e. Total working days	302 days
f. Total pre-practice preparation days for exams	07 days
g. Number of days for teaching practice	48 days
h. Number of days for internship	10 days
i. Number practice lessons for each trainees	40 lesson (20+20 Gen+sep)
j. Total days for practicals	140 days
k. Number of days for theory	140 days
l. Number of days for field activity	120 days
m. Number of days for intramural competitions,	
Athletic meets, play-days etc.	36 days
n. Number of days activity evaluation	18 days

## 5. Total number of students admitted

Programme	e Number of students		mme Number of students Reserved		Open				
	Μ	F	Total	Μ	F	Total	Μ	F	Total
C.P.ED									
D.P.ED.									
B.P.ED	58	05	63	22	02	24	36	03	39
B.P.E. I,II & III	29	07	37	09	02	11	20	05	25
M.P.ED	21	00	21	02	00	02	09	00	09
MP.E.									

Due que una e	Open		Reser	rved	
Programme	Highest	Lowest	Highest	Lowest	
C.P.ED.					
D.P.ED					
B.P.E.	73%	42%	73%	39%	
B.P.ED	65%	45%	62%	40%	
M.P.ED	62%	50%	61%	45%	
M.PE.					

6. Highest and Lowest percentage of marks at the qualifying examination considered for admission during the previous academic session

7. Is the scheme of evaluation made known to students at the beginning of the academic session?

Yes		No	
-----	--	----	--

8. Does the institution provide for continuous evaluation?

Yes √ No 🗍

9. Weight age given (percentage) to internal and external evaluation.

Programme	Internal (%)	External (%)
C.P.ED.		
D.P.ED.		
B.P.E.	40%	60%
B.P.ED.	40%	60%
M.P.ED.	40%	60%
M.PE		

The Weightage given as there N.M University's respect ordinances

## **10. Examinations**

a) Number of sessional tests held for each paper	02
b) Number of assignments for each paper	16
c)Number of skill tests	02

2014 2014 2014

d) Date of commencements of B.P.Ed (One year) 04 28 2014 annual Examination B.P.E. – I year 28 04 2014 B.P.E – II year 28 04 2014

B.P.E –III year	28	04	
M.P.Ed – I year	28	04	
M.P.Ed. – II year	28	04	

e) Date of declaration of result

B.P.Ed (One year)	13	06	2014
B.P.E. – I year	07	06	2014
B.P.E – II year	07	06	2014
B.P.E –III year	07	06	2014
M.P.Ed – I year	09	06	2014
M.P.Ed. – II year	09	06	2014

f) Date of submission of dissertation

(Post-graduate course)

DD	MM	YYYY
12	02	2014

- 11. What is the 'unit cost' of physical education programme?(Unit cost= total annual Recurring expenditure divided by the number of students/ trainees enrolled). a. Unit cost excluding salary component.

  - a) Unit cost including salary component.

Rs.120555/-		
Rs.90135/-	]	

(Please provide the unit cost for each of the programme offered by the institution as detailed at Q 12 of the profile of the institution)

- Note :- 1) The institution does not have different accounts for B.P.Ed, B.P.E. and M.P.Ed course hence it is difficult to provide course wise init cost.
  - 2) Some of the payments such as payment of garden workers, security staff, and staff working in different cell for maintenance are made by management which are not included in the expenditure of the institution

ICT/TEACHNOLOGY	Yes	No.
Computers	$\checkmark$	-
Intranet	$\checkmark$	-
Software		-
Courseware (CDs)	$\checkmark$	-
Audio resources	$\checkmark$	-
Video resources		-
Teaching Aids and other related materials		-
Any other (specify and indicate) WIFI		-

## 12. Access to Information and Communication Technology (ITC).

## 13. Are there courses with ICT enabled teaching learning process?

Yes -- Number -- No  $\sqrt{}$ 

## 14. Does the institution offer computer science as a subject?

Yes No 🗸

If yes, is it offered as a compulsory or as an optional paper?

Compulsory	Optional
	$\checkmark$

## Criterion III: Research, Consultancy and Extension

**1.** Number of teachers with Ph.D / M.Phil and their percentage to the total faculty strength.

	Number %		
M.Phil	02	16.6%	
Ph.D.	01	8.3%	

## 2. Does the Institution have ongoing research projects?

Yes No 🗸

If yes, provide the following details about the research projects

Funding agency	Amount (Rs)	Duration (years)	Collaboration. If any

(Additional rows/columns may be inserted as per the requirement)

3. Number of completed research projects during last three years and their outlay?



4. How does the institution motivate its teachers to take up research in physical education? (Mark '[]' for positive response and 'X' for negative response)

Teachers are given study leave	[]
Teachers are provided with seed money	
Adjustment in teaching schedule	
Teachers are sponsored to workshops training program on	[]
research methodology/special events	
Providing secretarial support and other facile	[]
Any other (specify and indicate the response)	Π
5. Does the institution provide financial support to research scholars	s?

Yes		No	
	ĩ		

6. How many full time research scholars and how many part-time research scholars are currently registered with the faculty of the institution? (Research scholar means M.Phil. and Ph.D. students on)

Full-time	 02
Part-time	 01

M.Phil.

### 7. Does the institution support student research projects (UG & PG)?

Ph.D.

### 8. Publications: (Last five years)

	Yes	Number	No
International journals	$\checkmark$	02	
National journal-referred papers non referred			
papers			$\checkmark$
Academic articles in reputed magazines/news papers			$\checkmark$
Books General			$\checkmark$
Text Books			
Any other (specify and indicate)			$\checkmark$

# 9. Number of research papers presented by the faculty and students (during last five years):

	Faculty		Students
National seminars	18	]	15
International seminars	36		22
Any other academic forum			

#### 10. Are their awards, recognition, patents etc. received by the faculty?

Yes $$ Number	01	No	
---------------	----	----	--

[]

[]

[]

[]

×

 $\times$ 

×

×

11. What types of instructions materials have been developed by the institution? (Mark '[]' for yes and 'X' for No.)

Self-instructional materials
Print materials
Non-print materials (e.g. teaching
Aids/audio-visual, multimedia, etc.)
Digitalized (Computer aided instructional materials)
Question bank
Exercise equipment
Special sports equipment
Any other (specify and indicate)

#### 12. Does the institution have a designated person for extension activities?

Yes  $\sqrt{}$  No

If yes, indicate the nature of the post.

Full-time	
Part-time	
Additional charge	$\checkmark$

13. Are there NSS and NCC programmes in the institution?

Yes		No	
-----	--	----	--

14. Are there NSO programmes in the institution (besides NCC and NSS)?

Yes No	
--------	--

15. Are there any other outreach programmes provided by the institution?

Yes		No	
-----	--	----	--

16. Number of curricular/Co-curricular meets organized by other academic agencies/ NGOs on the Campus during last three years.

### 17. Does the institution provide consultancy services?

Yes 🗸 No

In case of paid consultancy if any; what is the net amount generate during last three years.

Free of cast

# **18. Does the institution have networking/linkage with other institutions/**organizations/bodies? If yes give details in the table below:

Agencies	Number
Schools and institutions	04
State Sports Association	06
National Sports Federation	01
International level	

## Criterion IV: Infrastructure and Learning Resources

**1.** Built-up Area (in sq. mts.)

7613.89 sqm.

## 2. Land and Building

	a.	Institution functions from its own building	Yes 🗸	No
	b.	Institution functions from a rented building	Yes	No 🗸
	c.	Institution building is under construction	Yes 🗸	No
	d.	Institution building is shared for running other course (s)	Yes	No √
	e.	Title of the land is on free-hold ownership basis	Yes 🗸	No
	f.	Title of the land is on long-lease as per law and for	Yes	No √
		The period specified by NCTE		
	g.	Institution has its own playfields	Yes 🔨	No
	h.	Institution utilizes hired playfields/ Play field of other institutions	Yes	No 🗸
	i.	Institution playfields are shared for running Other course (s)	Yes	No 🗸
	j.	Institution playfields are under development	Yes 🗸	No
3.	Co	mputing and Audio Visual facilities available with the in	stitution	
	a.	Number of computers with supporting accessories		20
	b.	Number of hands – on experience (hours) provided to Each student per week		02
	c.	Number of physical education/ sport related CD-ROMs available		10
	d.	Number of sport/ health fitness/ physical education		
		related video cassettes available		NIL
	e.	Number of physical education/ sport/ health/ fitness related		NIL
		audio-cassettes available		
	f.	Website of the institution	Yes 🗸	No
	g	Access to Internet for students	Yes 🗸	No
	h.	Access to Internet for teachers	Yes 🗸	No

Sadguru Education Society's College of Physical Education , Jalgaon

i) Availability of LCD projector (Two)	Yes 🗸	No
j) Availability of OHP (Two)	Yes 🗸	No
k) Availability of TV	Yes 🗸	No
l) Availability of VCR/ DVD Player	Yes 🗸	No
m) Availability of public-address system	Yes 🗸	No

4. Amount spent on maintenance and upgrading of computer facilities in the last academic year.

80000/-

5. Amount spent on maintenance and upgrading of laboratory facilities during the previous academic year

12000/-

6. Budget allocation for campus expansion (building) and upkeep?

70,000/-

7. Total number of posts sanctioned?

R

F

03

Open

М

02

01

Open

Reserved

Μ

05

06

F

0

\_

Teaching

Non-teaching

8. Total number of posts vacant?

Open	Reserved		
Μ	F	Μ	F
-	-	04	-
-	-	-	_

Non-teaching

Teaching

### 9. Teaching Staff in position

a. Number of regular and permanent teachers

Μ	F	Μ	F
01	-	-	I
-	-	-	-
01	03	02	-

Reserved

Professors

Readers

Lecturers

b.Number of temporary/ ad-hoc/ part-time teachers	Open	Reserved
---	------	----------

Μ	F	Μ	F
-	-	-	-
-	-	-	-
02	-	02	-

B.P.E.(Three years)	17.27
B.P.Ed. (One year)	15.00
M.P.Ed(Two year)	11.00

Professors Readers

Lecturers

c.Number of teachers from

Same state

07+04 contributory =11

Other states

00

## **10. Teacher student ratio (program-wise)**

	11. a.	Non-teaching staff	Open	Reserved
--	--------	--------------------	------	----------

Μ	F	Μ	F
01	-	06	-
-	-	-	-

Temporary

Permanent

Open Reserved

Μ	F	Μ	F
-	-	-	-
02	-	-	-

Permanent

b. Technical Assistants

Temporary

Sadguru Education Society's College of Physical Education , Jalgaon

22

12. Ratio of Teaching : Non-teaching staff.		C	)1 : 57	7	
13. Amount spent on the salaries of teaching facu academic session (% of total expenditure) 2010-1		ng the	_	vious	
14. Is there an advisory committee for the library?					
Yes √ No 🦳					
15. Working hours of the Library					
On working days		0	9 Hrs.		
On holidays		0	4 Hrs.		
During examinations		1	2 Hrs.		
<b>16. Does the library have an Open access facility?</b> Yes // No //					
17. Library resources					r
1. Number of books in the library	0	6	8	2	8
2. Number of books added to the library during the					
Preceding academic year			2	1	1
3. Total Number of journals/ periodicals related to P	hysio	cal	0	1	6
Education being subscribed					
4. Number of encyclopedia available in the library			0	1	0
5. Number of books available in the reference	Γ	1	0	1	
section of the Library		1	0	1	2
6. Compiling and reprographic facilities available		Ye	es 🗖	$\checkmark$	No [
18. Mention the					
Total carpet area of the Library (in sq. mts.)			658.3	8 Sq. 1	mts.
Seating capacity of the Reading room		Γ		80	
		_			

Status	of automation of Library	
	Yet to initiate	
	Partially automated	$\checkmark$
	Fully automated	$\checkmark$
Which	of the following services/ facilities are provided in	n the library?
	Circulation	$\checkmark$
	Clipping	$\checkmark$
	Bibliographic compilation	X
	Reference	$\checkmark$
	Information display and notification	$\checkmark$
	Book Bank	$\checkmark$
	Photocopying	$\checkmark$
	Computer and Printer	$\checkmark$
	Internet	$\checkmark$
	Online access facility	$\checkmark$
	Inter-library borrowing	×
	Power back up	$\checkmark$
	User orientation/ information literacy	$\checkmark$
	Any other (please specify and indicate)	×

## 21. Are students allowed to retain books for examinations?

|--|

Yes

19.

20.

## 22. Furnish information on the following

Average number of books issued/ returned per day

No

Issued	50 to 60
Returned	40 to 50

Maximum number of books permitted for issue at a time.

	tudents aculty	02 04
Maximum number of days books are perm	itted to be retained	
By th	ne students	07 days
By th	ne faculty	15 days
Average number of users who visited/ cons	sulted the library	
Per month		1500
Ratio of library books (excluding text book	ks and book	
Bank facility) to the number of students en	rolled	23: 40.01

23. Percentage of library budget in relation to total budget of the institution

### 43%

24. Provide the number of books/ journals/ periodicals/ Audio visual materials that have been added to the library during the last three years and their cost.

	2011 (	I to 2012		II to 2013		III to 2014
	Number	Total cost (in Rs.)	Number	Total cost (in Rs.)	Number	Total cost (in Rs.)
Text books	405	44199/-	45	14779/-	211	121810/-
Other books	44	9374/-	15	7344/-	55	44400/-
Journals/ Periodicals	08	1830/-	07	1280/-	16	3374/-
Audiovisual materials	-	-	-	-	-	-
Any others	-	-	-	-	-	-

## 25. Sports and Physical Education Resources available in the institution

- 1. Multipurpose hall
- 2. GymnasiumYes $\sqrt{}$ No3. Standard athletic trackYes $\sqrt{}$ No

No

Yes

## <u>Self – Study Report</u>

4. Health and fitness centre with physiotherapy facility	Yes 🗸	No
5. Anatomy Laboratory	Yes 🗸	No
6. Exercise physiology Laboratory	Yes 🗸	No
7. Human Performance Lab	Yes 🗸	No
8. Sports equipments store	Yes 🗸	No
9. Sport Psychology Laboratory	Yes 🗸	No
10. Bio-mechanics Laboratory	Yes 🗸	No

## Criterion V: Student Supports and Progression

1. Programme wise "dropout rate" for the last three batches

Programmes	Year 1 (2011-12)	Year 2 (2012-13)	Year 3 (2013-14)
C.P.ED.			
C.P.ED.			
B.P.ED.	0.0%	0.0%%	0.0%%
B.P.E Final	0.0%	0.0%	0.0%
M.P.ED- II	0.0%	0.0%	0.0%

2. Does the Institution have the tutor-ward/ or any similar Mentoring system?

Yes  $\sqrt{}$  No

If yes, how many students are under the care of a mentor/ tutor? Yes  $\sqrt{}$  No (32 student)

## 3. Does the institution offer Remedial instruction?

Yes		No	
-----	--	----	--

## 4. Does the institution offer Bridge courses



5. Examination Results during past three years (provide year wise data)

	B.P.E Final			]	B.P.Ed.		P.G.		P.G.		
	I 2011 -12	II 2012- 13	III 2013- 14	I 2011- 12	II 2012- 13	III 2013- 14	I 2011- 12	II 2012- 13	III 2013- 14		
Pass percentage	100 %	100%	100%	66.66%	90.47 %	51.19 %	93.75 %	90.90 %	54.54 %		
Number of first classes	11	08	09	24	40	43	14	10	05		
Number of distinctions	01								01		
Exemplary perfor- mances (Gold Medal and university ranks, etc.)											

6. Number of students who have passed competitive examinations during the last three years (provide year wise data)

NET

SLET/SET

Year						
Ι	II	III				
-	-	-				
-	-	-				
-	-	-				

7. Mention the number of students who have received financial aid during the past three years.

Any other (specify and indicate)

Financial Aid	I 2011-12	II 2012-13	III 2013-14
Merit Scholarship			
Merit-cum-means scholarship			
Fe concession	05	08	09
Loan facilities			
Any other (specify and indicate)			
Free Ship SC,ST.OBC,NT,SBC	13	18	22

8. Is there a Health Centre available in the campus of the institution?

Yes  $\sqrt{}$  No

9. Did the institution organize any sport events, meets, symposia, conferences etc.?

Yes		No	
-----	--	----	--

If yes, give details for the last two years.

Level	Participants	<b>Resource persons</b>
International Conference "Global Convention on Research on Yoga,Holistic Health and Sports Sciences, December 20 to 28 2013	240	02
International Conference "Comparative and multidisciplinary studies in Social and Sports Sciences,17-18 January 2015	230	02
Adv.Baheti Maharashtra State Marathon, 2011-2012	310	
Adv.Baheti District level Swimming Competition ,2011-2012	45	
Maharashtra State Athletic Competition ,2011- 2012	215	
Jalgaon Zone Inter colleges Wrestling Competition ,2011-2012	40	
Jalgaon Zone Inter colleges Athletic Competition ,2011-2012	256	
Adv.Baheti Maharashtra State Marathon ,2012-2013	252	
Jalgaon Zone Inter colleges Swimming Competition ,2012-2013	45	
Jalgaon Zone Inter colleges judo Competition ,2012-2013	26	
Jalgaon Zone Inter colleges Wrestling Competition ,2012-2013	46	

## 10. Does the institution provide Residential accommodation for:

Faculty	Yes	No	
Non-teaching staff	Yes	No	
stel facility for its stu	dents?		
iding in hostels			
Men			
Women	_		
	Non-teaching staff stel facility for its stu iding in hostels Men	Non-teaching staff Yes stel facility for its students? iding in hostels Men	Non-teaching staff Yes No stel facility for its students? iding in hostels Men

12.	What	are	the	recreational/	leisure	time	facilities	available	to	students/
	traine	es? (I	Put "[	]" for applicabl	le and "x	" for t	hose not ap	plicable.)		

i.	Indoor game	[]
ii.	Outdoor games	[]
iii.	Nature clubs	X
iv.	Debate clubs	[]
v.	Students magazines	×
vi.	Cultural activities	[]
vii.	Audio video facilities	[]
viii.	Literary activities	[]
ix.	Any others (specify and indicate)	

13. Does the institution have rest rooms for women

	Yes	$\checkmark$	No					
14. Does the institution	on hav	ve rest r	ooms for m	en				
	Yes	$\checkmark$	No					
15. Is there transport	t <mark>facil</mark> i	ity avail	able?					
	Yes	$\checkmark$	No					
16. Does the Institue experience?	ution	obtain	feedback	from	students	on	their	campus
	Yes	$\checkmark$	No					

17. Give information	on the	Cultural	<b>Events</b>	(Last	year	data)	in	which	the
institution Partici	oated/org	ganized. (1	Excluding	g colleg	ge day	celebr	atio	on)	

	Organized			Participated		
	Yes	No	Number	Yes	No	Number
Inter-collegiate						
Inter-university						
National						
Any other (specify) Local Level	Yes		5	Yes		42

### 18. Does the institution have an active alumni Association?

				2011-
Yes	$\checkmark$	Yr. of formation	10	2012

## **19.** Give details of the students' achievements in sports competitions at various levels during the last five years.

Table on next page show the achievement of our students in various levels of competitions during last five years

Level of	Comelanort		o. of cipants	Achievement
Competition	Game/sport	Μ	F	Achievement
Intercollegiate	<b>2009-2010</b> Table Tennis Athletics Badminton	06 06	1	Particped Particped Particped
Intercollegiate	<b>2010-2011</b> Wrest ling Kabbdi Basket Boll Athletics Badminton Lawn tennis	04 - - 04 05 01	1 1	Particped Particped Particped Particped Particped Particped

Intercollegiate	2011-2012 Athletics Kabbdi Fencing Badminton	01 - 05 06	02 03	Particped Particped Particped Particped
Intercollegiate	<b>2012-2013</b> Judo Badminton Lawn tennis Fencing	02 01 04 04		Particped Particped Particped Particped

Name of student who participated N.M. University, Jalgaon

Level of Competition	NAME OF THE STUDENT	GAME
Inter-University Participated	<b>2009-2010</b> PUNAM R.MEHETA	TABLE TENNIS
Inter-University Participated	2010-2011 AQUA PAL AMOL G.PATIL MONALI R.DAHIBHATE MADU M.PARGAVAKAR	BASKET BALL LOWN TENNES KABBDI SFOT BALL

Level of Competition	NAME OF THE STUDENT	GAME
		GINNE
	2011-2012	
	MONALI R.DAHIBHATE	KABBDI
	PRADHNA S.INGALE	KABBDI
	SAPADA V.SANT	KABBDI
	JAYANT B.JADHAV	
Inter-University	MADU M.PARGAVAKAR	SFOT BALL SFOT BALL
Participated	JAYESH N.RAJPUT	FENCING
		FENCING
	PANKAJ N.BARI	FENCING
	VISHAL B.PAWAR	
	DHANRAJ K.RAJPUT	FENCING
	RAJESH K.MORE	FENCING
	2012-2013	
	JAYANT B.JADHAV	SFOT BALL
Inter-University	DHANRAJ K.RAJPUT	FENCING
Participated	VISHAL B.PAWAR	FENCING
	RAJESH K.MORE	FENCING
	2013-2014	
Inter-University	SHARTAN A.CHAUDHARI	BADMINTON
Participated	VISHAL B.PAWAR	FENCING
	SHARTAN A.CHAUDHARI	LOWN TENNES

20. Does the institution have a Student Association/ Council?

Yes	$\checkmark$	No	
-----	--------------	----	--

21. Does the institution regularly publish a college magazine?

Yes		No	
-----	--	----	--

22. Give the details of progression of the students to employment/ further study (Give percentage) for Last three years.

	1 (2011-12)	2 (2012-13)	3 (2013-14)
Higher studies			
Teaching			
Non teaching			
Employment			

### 23. Is there a placement cell in the institution?

Yes	No		
-----	----	--	--

If yes, how many students were employed therough placement service during the past three years?

1	2	3
_	-	06

**1.** Does the institution provide the following guidance and counseling services to students?

Academic guidance and Counseling	Yes	$\checkmark$	No	
Personal Counseling`	Yes	$\checkmark$	No	
Career Counsel	Yes		No	

### Criterion VI: Governance and Leadership

**1.** Does the institution have a functional Internal Quality Assurance Cell (IQAC) or any other similar body/ committee.

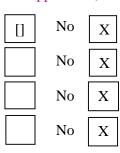
Yes No

**2. Frequency and number of meetings of Academic and Administrative Bodies:** (last two years)

	Year I	Year II
Governing Body/management	02	02
Staff council	03	03
IQAC/or any other similar body/committee	04	04
General Administration Committee	04	04
Academic Management Committee	04	04
Library & Laboratory Committee	03	03

**3.** What are the welfare schemes available for the teaching and non-teaching staff the institution? (Put '[]' for applicable and 'X' for those not applicable.)

Loan facility	Yes	[]
Medical assistance	Yes	
Insurance	Yes	
Others (specify and indicate)	Yes	



0

### 4. Furnish the following details for the past three years

- a) Number of teachers who have availed the Faculty Improvement Program of the UGC/NCTE or any other recognized organization
- b) Number of teachers who were sponsored for Professional development programmes including faculty exchange, short courses, training programmes etc. by the institution

National

0	0	0

1

1

International

0

0

e) Number of Research development programmes 0 organized

development programmes organized by the Institution

d) Number of teachers sponsored for Seminars/ workshops/

sponsored

for

faculty

- f) Number of Invited/endowment lectures organized
- g) Any other area (specify the programme and indicate)

### 5. How does the institution monitor the performance of the teaching and non-teaching staff?

a) Self-appraisal of faculty	Yes 🗸 No
b) Student assessment of faculty performance	Yes 🗸 No
c) Expert assessment of faculty performance	Yes 📈 No
d) Combination of one or more of the above	Yes 🗸 No

### 6. Are the faculty assigned additional administrative work?

Yes	 No

c) Number

learning,

of

teachers

Assessment, etc.

If yes, number of hours spent by the faculty per week on administrative work.

08

### 7. Human Resources

a. Minimum emoluments (basic pay ar allowances) paid to teachers on regul appointment.

•	0	0	9

0	0	2

0 0	8
-----	---

|--|--|

0

8

- b. Minimum emoluments (basic pay and allowances) paid to teachers on adhoc service
- c. Minimum consolidated remuneration paid to teachers
- d. Per lecture honorarium paid to guest lecturers
- e. Teacher's salaries are paid in cash
- f. Teacher's salaries are paid through account payee cheque
- g. Salaries are disbursed by first week of each month
- h. Teachers are paid salary for the vacation period

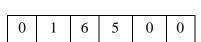
### 8. Income during the preceding financial year

- a) Income from fees (tuition and all other fees)
- b) Income from donations
- c) Income from consultancies and extension programmes
- d) Amount of grant received from the government
- e) Income from investments
- f) Any other (please specify and indicate)

### 9. Expenditure during the preceding financial year

- a) Amount spent on salaries to teaching staff
- b) Amount spent on salaries non-teaching staff

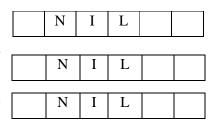
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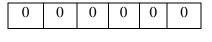


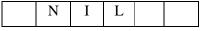
	0	0	8	0	0	0
Yes			No [			
ŗ	yee	Y	les [		No [	

Yes	 No	
Yes	 No	

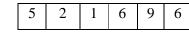
2 9 2 2 6 7
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1 2 2 0	3	2	5
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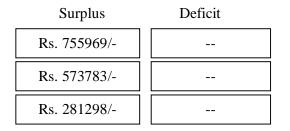


- c) Amount spent on utilities
- d) Amount spent on purchase of books and journals for the library.
- e) Amount spent on purchase of sports equipment/ material
- f) Amount spent on purchase of furniture
- g) Amount spent on capital expenditure
- h) Amount spent on contingencies
- i) Amount spent on purchase of sport science equipment and sports material





**11. During the last three years did the institution have surplus/deficit budget?** (please specify the amount)



12. Is there an internal financial audit mechanism?

```
Yes \sqrt{} No
```

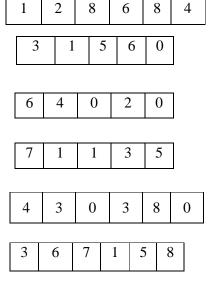
13. Is there external financial audit mechanism?

Yes		No	
-----	--	----	--

.

14. Are the institutional accounts of the preceding financial year audited?

No Yes  $\sqrt{}$ 



2	8	3	5	0

### **15. Endowment fund Reserve Fund**

a. Amount of Endowment fund maintained

1	0	0	0	0	0	0
	6	0	0	0	0	0

b. Amount of reserve fund maintained

### 16. ICT/ Technology supported activities/units:

Administration Finance Student Records Career Counseling Aptitude Testing Examinations / Evaluation/ Assessment Any other (specify and indicate) Physical efficiency Test

Yes		No	
Yes	$\checkmark$	No	
Yes	$\checkmark$	No	
Yes		No	

**17.** Does the institution have an efficient internal co-ordination and monitoring mechanism?

Yes	 No	

**18.** Does the institution have an inbuilt mechanism to check the work efficiency of the non-teaching staff?

Yes  $\sqrt{}$ 

**19.** Are all the decisions taken by the institution during the last three years approved by the competent authority?

Yes		No
-----	--	----

No

**20.** Does the institution have the freedom and the resources to appoint and pay temporary/ adhoc/ guest faculty?

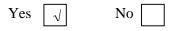
Yes 📈 No

- 21. Is a grievance redressal mechanism in vogue in the institution?
  - (Mark '[]' on those available and 'X' on those not available)
    - a) for teachers
    - b) for students
    - c) for non-teaching staff
- 22. Are there any ongoing legal disputes pertaining to the institution (academic or administrative)?

Yes			No
-----	--	--	----



23. Has the institution adopted any mechanism/process for internal academic audit/quality checks?



24. Is the institution sensitized to modern managerial concepts such as strategic planning, teamwork, decision-making, computerization, TQM etc.?

Yes		No		
-----	--	----	--	--

### Criterion VII: Innovative Practices

1. Has the institution established Internal Quality Assurance Mechanisms?

```
Yes \sqrt{} No
```

2. Do students participate in the Quality Enhancement of the Institution?

Yes	$\checkmark$	No	
-----	--------------	----	--

**3.** What is the percentage of the following student categories in the institution?

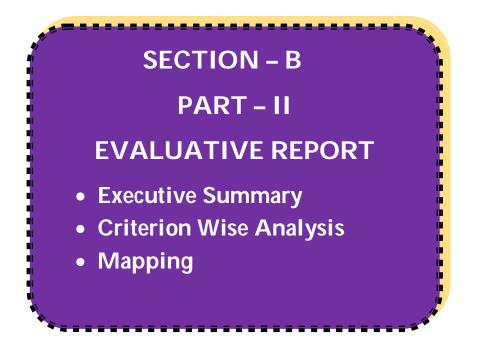
	Category	<b>Men</b> (%)	Women (%)
А	SC	3.42%	0.68%
В	ST	1.36%	0.68%
С	OBC	12.32%	2.05%
D	Physically challenged		
Е	General Category	67.80%	11.60%
F	Other		
	Total	84.9%	15.01 %

4. What is the percentage of the staff in the following category?

	Category	Teaching staff (%)	Non-teaching staff (%)
А	SC	-	-
В	ST	10 %	14.28%
С	OBC	10%	71.44%
D	Physically challenged		
Е	General Category	10%	14.28%
F	Women	30%	-
G	Other	10%	-
	Total	70%	100%

Category	At Admission (2012-2013)	On completion of the course (2013-2014)
	Batch I	Batch I
SC	23.5%	7.57%
ST	-	3.03%
OBC	9.4%	19.69%
Physically challenged		
General Category	85.10%	68.18%
Rural	55.31%	57.57%
Urban	43.61%	40.90%
Any other (specify)	_	

5. What is the percentage incremental academic growth of the students for the last two batches?



The Sadguru Education Society , Jalgaon has a very humble origin. It is recognized as one of the progressive educational institution in Jalgaon region. The Society was established in 1987 by reputed academician. The Society makes a modest attempt to observe his ideology of new system of education for the youth to manifest the dream of modern India through value based education.

The mission of Society is to generate effective synchronization amongst academicians, professionals, technocrat and students so as to achieve excellence in Sports education with a sense of commitment to meet the National aspirations.

#### **Establishment of College:**

The Society Started the College Of Physical Education entitled "Sadguru Education Society's ,College of Physical Education" with the permission on 16 August 1990. The State Government of Maharashtra accorded permission to run B.P.Ed. One year degree course. On 4<sup>th</sup> September 1991 the State Government of Maharashtra accorded permission to run M.P.Ed Two year Master's Degree course and In 28 July 1993 the State Government of Maharashtra accorded permission to run B.P.E. Three year degree course. The college got affiliation from Pune University in 1990 to run B.P.Ed. Course and again in 1991 to run M.P.Ed and subsequently 1993 B.P.E Courses got affiliation from the North Maharashtra University, Jalgaon .

to now college is imparting instruction to run following courses in physical education:

- 1. Bachelor of Physical Education (Three year degree course for +2 pass candidates)
- 2. Bachelor of Physical Education (One year degree course for Graduates)
- 3. Master's degree in Physical Education (Two years course for Physical Education graduates)

In 1990 the college was started on the Sadguru Education Society's land at Ganesh colony with its permission.. On 2 April 2003 the Sadguru Education Society purchased 4.41. hectares land at Nashirabad and on 13<sup>th</sup> January 2004. The Secretary Sadguru Education Society purchased 1.54 hectare land at Kunsuba. After getting possession of the land society's started the leveling work as it was very much hilly and uneven land. As soon as the leveling work was; over the Society started construction of the Building and layout of playfields.

At present our college is housed in its own complex having its own spacious and elegant building well equipped with all other amenities. It is situated in the outskirts of the city which is environmentally very rich.

The institution is recognized by NCTE since 1998. The Norms and standards fixed by NCTE are very strictly observed by the institution.

### **Playfields and other facilities:**

Our institution has all necessary playfields including 400 meters running track, Swimming pool. Gym with 16 stations is also available for users.

Our institution is having Canteen, Generator with 15 KVA capacity .The institution is having linkages with 04 schools in which practice teaching and internship programms are carried out. The institution has linkages with Local/State/National level sports organization which provide internship opportunities to our students. Our institution is having 7 full time approved faculty members who are expert in their respective fields. One (1) faculty member has obtained Ph.D. degree in different aspects of physical education and Three faculty member are doing Ph.D.

The institution has sufficient number of sports equipments and laboratory instruments to conduct regular physical education related activities and research work.

The academic and sports achievements of the institution have been outstanding since its inception. Every year students of different programs find places in the merit lists. So for 44 male and female students have represented North Maharashtra University in different games and sports.

The institution has now applied for Assessment and Accreditation by NAAC, Bangalore.

### CRITERION I CURRICULAR ASPECTS

### 1.1-Curriculum Design and Development

### 1. State the objectives of the institution and the major considerations Addressed by them? (Intellectual, Academic, Training, Ensuring access to the disadvantaged, Equity, Self development, Community / National development and so on).

Physical activities and sports are the integral part of the human civilization pursued by the mankind since ancient days which refined at subsequent ages emerging as a profession. Today physical education and sports profession have gained paramount significance where application of science, technology and art are satisfying needs of day-to-day life. In view of this, the College has set up the following objectives:-

- i) To prepare and nurture sport-persons, physical education teachers and administrators.
- ii) To promote academic excellence and also contribute to the full and well-balanced development of the human being.
- iii) To provide broad based experience in the field of physical education and sport sciences to serve as a foundation.
- iv) To foster research and scholarly activities.
- v) To preserve, sustain and popularize traditional physical activities and blend these with western concepts of physical education.
- vi) To provide academic, technical and professional leadership to other Institutions in the field of physical education and allied sciences.
- vii) To strive for equity to divers and gender differences.
- viii) To protect the ethical and moral values of physical education and sports against any abuse.

# 2. Specify the various steps in the curricular development processes. ( Need Assessment, development of information database pertaining to the feedback from faculty, students, alumni, employees and academic experts, formalizing the decisions in statutory academic bodies).

The entire curriculum planning and designing is done at appropriate level and mandate of the affiliating University. The college has represented on various University academic bodies i.e. Board of Studies and Academic council by faculty members who activity participates in the curriculum design process.

## **3.** How does the institution ensure that the curriculum bears some thrust on National issues like national integration, health and fitness, environment, value Education and ICT?

The college ensures that the curriculum bears some thrust on above by organizing Following activities:-

• The college celebrates the days of national importance such as Republic day, National sports day, etc. On these days we invite the academicians, Leaders who

speak on national integration, value education and the Development of the country. By extending the multigymnasium facilities to the students, staff-members, as well as for the common people who register themselves for the fitness Programme. The institute also organize lectures on health and fitness. Health education is a subject of study at B.P.Ed and B.P.E. programmes.In consonance of this we have been regularly arranging various campus events viz. Kabaddi tournament ,Athletics events ,Celebration of environment days national level events like Gathering of senior citizen .Swimming competition ,thus ,from children to adults we try to have there environment in various health care and sports activates.

• The North Maharashtra UniversityJalgaon has included environment as one of the subject in the second year of the three years degree course. The college also organizes the lectures on environment protection issues so for Dr. Rajendra Ramtake has delivered three lectures on environment protection issues.

### 4. Does the institution make the use of ICT for curricular planning? If yes give the details.

Many of our faculty members are computer literate. They make substantial use of ICT for planning their teaching material. The faculty members make frequent use of multimedia, OHP, Slides etc. for curriculum transaction. The institution also makes use of ICT for preparing academic calendar, to store data of PET, college Medical examination record etc.

### 1.2 Academic Flexibility

### **1.** Does the syllabus in each course and each section, offer flexibility in terms of theory and activity options? If yes give details.

Yes, the syllabi of all the programmes offer flexibility in theory as well as in practical as under:-

### **B.P.E. Programme:-**

- All the students of B.P.E. programme have the option of selecting the medium of examination Marathi and English .
- Students of First year B.P.E. have option of selecting one language out of Hindi/ English/ Marathi for paper VI.
- Students of Second year B.P.E. have option in selecting any two games for specialization out of 13 games listed in the syllabus.
- Students of Final B.P.E. have a choice in selecting any two games including athletics for their specialization on which they have to give final lessons. Similarly, the student has to choose any two games for specialization.

### **B.P.Ed. programme:-**

- All the students have option in selecting the medium of examination Marathi and English.
- All the students have option in selecting special subject for paper V, i.e. Methodology from the subjects listed below : Marathi, Hindi, English, Maths, Science, History, Geography.

- The students also have the option of selecting any two games from hockey/ football/ basketball/ cricket and one game from rest of the 9 games listed in the syllabus for specialization.
- The students have the option to give 20 lessons on any physical activity and 20 Lesson on a subject opted by the student out of 11 subjects listed in the syllabus.

### M.P.Ed. programme:-

- All the students have option in selecting the medium of examination Marathi and English.
- Students of M.P.ED. Part I and Part Two have the compulsory in paper Recreation, Sports Medicine and History of Physical Education subjects.
- Students of M.P.ED. Part II who have scored 60% and above marks in M.P.Ed Ist year can opt for dissertation in lieu of the subjects such as administration and supervision, sports sociology and youth and social welfare.

## 2. Is there a plan to diversify the course with special emphasis on fitness, recreation, competitive sports etc., to suit different levels of education? If yes give details.

- There is no diversification in the courses prescribed by North Maharashtra University Jalgaon. But the institution has planned its academic calendar as per the need of different levels of education, such as coaching camps for high achievers and low achievers, conditioning sessions etc. for maintaining fitness. Our college teams are also participate in sports tournaments organized by University .By this we provide explores to the students and allow them he explore there in he rent ability.
- By organizing intramurals and extramural sports which covers participation in competitive sports, officiating and organizational aspects of games and sports.
- The institutions also organize annual college day function in which our students perform demonstration of physical feats, cultural activities of different states, etc.
- To expose them to nature, hardship and hazard, further developing their personality, character, confidence, courage and leadership we organise adventure camp .every year .

### **3.** Is the time allotment approach for practical based on scientific principles governing activities? If yes give details.

Yes, the time allotted is as per the intensity and the depth of the subject matter keeping in view the scientific approach to the skill and the grasping power of the student. The athletic events have greater difficulty hence we have made the provision of repetitive periods in the timetable. Similarly we have allotted more practical periods for cricket, hockey, football, basketball, which have more degree of difficulty than the other games (time table attached).

**4.** What value added courses have been introduced by the institution during last three years which would for example: develop communication skills (verbal and written). ICT skills, life skills, community orientation social responsibility and others.

The college has not introduced such courses however, for promoting the verbal communication skills of students Lectures are organised. Every year we invite communication skill expert Dr. K.M.Mahajan who make student aware about verbal as well as non-verbal skills of communication. Students make use of these skills during various function and classroom seminars. The students are also appointed as group leader to carryout day to day programme. The institution celebrates the birth anniversaries of National Leaders who have contributed to the development of the Nation such as Mahatma Gandhi, Pt. Jawaharlal Nehru, Swami Vivekananda, Dr. B.R. Ambedkar, Dr. Radhakrishnan etc. On these days the lectures of the prominent personalities of the field are arranged which inculcate the moral values and social responsibilities in the students. Tree plantation programme is also held during every session to focus on the importance to keep the environment free from pollution. The college has also organized camps on Blood donation, AIDS awareness, etc.

#### 5. Furnish details on the following aspects of curriculum design

### i. Interdisciplinary/ multidisciplinary strategies

The curriculum of physical education is basically multidisciplinary. This includes subjects like Anatomy, Physiology, Health Education and Kinesiology. It also includes some contents from faculty of medicine such as, Sports Medicine, Physiotherapy & Corrective Physical Education. Subjects like mechanical Analysis of Motor Movements, General-science and principles of Physics and Chemistry are also included. Similarly the subject of other streams such as Arts, Social science, Commerce etc. are also taught.Our institute use to regularly invite expert in relevant fields to have practical approach in addition to the university curriculum

#### ii. Promoting self-learning

The institution promotes self learning in students through internship programme, group discussion, assignments, projects, by organizing, intramural in different games and study tour etc.

### iii. Internship approach to practice teaching

We send our students to different schools linked with us for classroom teaching and coaching of different games and sports under during Training internship programme.

#### iv. School experiences

The institution sends its students to various schools linked with us to conduct the annual sports days, annual gatherings and various activities related to physical education and sports. The students of B.P.Ed. and Second B.P.E. also give 40 and 5 lessons in schools respectively.

#### v. Community work

The post graduate/under graduate students are deputed to work as officials to conduct the sports meet of nearby schools and institutions. Every year the Society celebrates the Founders Day on 5<sup>th</sup> of September. On this day the college organizes the play day for school going children of nearby schools. We also organize lectures, cultural programmers and yoga camps for students of technical and other institutions. **vi. Work experience / SUPW** 

Students are given opportunity to organize the intramural competition and for officiating in various sports organized by GO'S/ NGO'S. Ample opportunities are provided to our students to help in layout and making of track and other playfields at our institution and also guide the schools/ institutions for layout and maintenance of playfield and sports equipments.

### vii. Health and physical fitness?

### **Promoting skill-oriented learning**

Meaningful skill learning is motivated through guided library assignments, group discussions, informal seminars, debates, guided practice teaching in schools etc.

### > Sports excellence-oriented learning

Sports excellence oriented learning is initiated through organization of intramural and extramural competitions, coaching camps, guided self practice of games etc.

### Sport science-oriented teaching

The physical education is a multidisciplinary subject which includes science oriented subject such as sports psychology, mechanical analysis of motor movements, kinesiology, sports medicine, principles of physics and chemistry, etc. which are taught during the transaction of curriculum.

### Sports management learning experiences

In curriculum of various program one subject i.e. organizations, administration and supervision of physical education sports is included through which the students get experiences and learn the principles of sports management.

### General well-being pedagogy

The aim of physical education is to develop all round personality of human beings. For which the subjects like Health and Hygiene, Anatomy, Physiology of exercises, movement education, corrective physical education etc are included in the curriculum which focuses on general well being pedagogy.

### > Innovations

On the basis of outcomes of feedback the faculty members have prepared draft curricula for different courses keeping in mind innovations in physical education & sports sciences. It was submitted to the BOS in 2013.

### **<u>1.3 Feedback Mechanism</u>**

## **1.** How does the institution encourage feedback and communication from the students, Alumni, Employers, Community, Academic peers and other stakeholders?

The institution uses following feedback mechanism:-

- a. Our institute obtains feedback from students about teaching methodology and general behavior of faculty, functioning of the institution and facilities provided to them through a Proforma. Students are encouraged by the principal to provide correct information without fear and without mentioning their name. The principal and management members also organise one to one interaction for feedback as and when students made personal contact with them.
- b. Alumni also provides feedback when they visit the institution for Alumni Association's meeting. They are also contacted by the college over phone for collecting the feedback.

- c. The members of the parent body makes frequent visits to the college and hold discussions with principal and faculty regarding curriculum transaction, organization of curricular and co-curricular activities and provide feedback with corrective measures, if any to make required changes in the action plan.
- d. The institution also receive feedback from the schools and institutions linked with us regarding practice teaching and organization of their sports activities. We also ask the sports organizations, clubs etc linked with us about their opinions regarding upkeep of our playfields, Sports equipments etc.
- e. Oral feedback is also provided by academic peers about organizational capacity of our faculty members and students and facilities when they attend seminars/workshops organized by our institution.
- f. The stakeholders who visit our institution are also asked for their opinions about the overall outcome of the institution.
- g. The feedbacks received so are well appreciated by the institution.

## 2. Is there a mechanism for analysis and use of outcome from the feedback to review and identify areas for improvement and the changes to be brought in the curriculum?

The feedback received from various sections and students are put up during meeting of the faculty for analysis. After due celebrations, the outcomes are drawn and areas for further improvement are indentified. On the basis of the conclusions the institute take suitable corrective measures. We also communicate the views to the appropriate authority.

## **3.** What are the contributions of the institution to curriculum development? (Member of BOS, Sending timely suggestions to the university on other agencies responsible for curriculum development, feedback etc.)

Our teacher have active in involvement in the preparation of university syllabus the entire curriculum is designed by BOS of affiliating university and the college is represented on the BOS by two faculty members, who give suggestions to the BOS from the outcome of feedback received from alumni, stake holders, employer, etc.

### **1.4 Curriculum Update**

### 1. What are the strategies adopted by the institution for curriculum revision and update? (Need assessment, student input, and feedback from practicing schools etc.)

The revision and updating of various curricula are done by BOS of affiliating university. However after receiving feedback from students and schools linked with us we convey our suggestions for revision and updating of different curricula through our two faculty members who are members of BOS.

## 2. How frequently do the theory / activity syllabus and teaching strategies undergo revision in the light of global development in sport activities and sport sciences? Give details on the major revision took place during last five years?

The institution has a practice to get regular feedback from the students, alumni, from the principles of practicing schools regarding the revision and update of curriculum in the light of global development. This is discussed with the faculty

members and the proposal are made to send to the BOS of North Maharashtra UniversityJalgaon.

Though the responsibility of revision of syllabi of different programs lies with affiliating university we make our students aware about global changes in sports and games and sports sciences by conducting clinics on different sports and by organizing seminar/workshops and guest lectures on issues of inclusions.

**3.** How are the curricular (teaching- learning processes), co curricular and extracurricular programmers planned, (developing academic calendar, communication across the institution, feedback) evaluated and revised to achieve the objectives and effective implementation of the curriculum?

In the beginning of the academic session the academic committee prepares the academic calendar keeping in view the objectives of the institution and as per the guideline of the affiliating university. The activities envisaged in the academic calendar are based on previous academic session feedback and evaluation of different programmes organized by the institution. The faculty members are advised to follow the academic calendar in curriculum transaction and organization of curricular and co-curricular activities.

### **1.5. Best Practices in Curriculum Aspects**

### **1.** What is the quality sustenance and quality enhancement measure undertaken by the institution during the last five years in curricular aspects?

The institution always ensures quality sustenance and quality enhancement by taking the academic review of the students. The management also takes a regular academic review of the faculty members and needed measures are suggested to the faculty members for sustaining and enhancing the teaching-learning process. The institute also encourage the faculty embers to take-up research. As a result one faculty members have obtained their Ph. D. Degrees in the last five years.

### 2. What innovations/ best practices in "curricular aspects" have been planned and implemented by the institution?

The faculty is encouraged to use audio-visual aids, to present their subject matter through power point presentation technique. They are also encouraged to prepare transparencies on their own subject contents and make regular use of these in teaching. The institution provides opportunities to P.G. students to carry out research work for making them research oriented professionals. The institution organises clinics in different games and sports for which we invite national/ international officials/ players to interact with students on rules and regulations, strategies, etc. of the games and sports.

### **Criterion II – Teaching Learning and Evaluation**

#### 2.1 - Admission Process and Student Profile

## **1.** Detail on the admission policy and admission process (defined criteria for admission, transparency, adherence to the decisions of the regulatory bodies, equity, access, etc.) of the institution?

The college is recognized by NCTE, a regulatory body for the teacher training institutions hence we have adopted the eligibility criteria for admission to B.P.Ed. and M.P.Ed courses as suggested by NCTE. The admissions to B.P.Ed and M.P.Ed courses are made through CET. Admissions to B.P.E. are made as per affiliating university ordinance and on the basis of the marks obtained in qualifying examination.

## 2. How are the programs advertised? What information is provided to prospective students about the programs through the advertisements, prospectus and other published material of the institution?

The association of private un-aided physical education institutions advertise the admission process in daily news papers and all India level for admission to B.P.Ed. and M.P.Ed. courses.

The following information is provided by us to the prospective students through information Brochure and web site:-

- i. Infrastructure & Sports facilities
- ii. Learning resources (Faculty, Library, Computer Center, etc.)
- iii. Vision, Mission and objectives of the institution.
- iv. Programmes run by institution.
- v. Admission procedure of all programmes
- vi. Scheme of examination of all the programmes
- vii. Fees charged by the institution.
- viii. Information about freeship and scholarship
- ix. Working hours and attendance
- x. Academic and Sports achievements
- xi. Conduct and discipline
- xii. Incentives provided by the institution
- xiii. Placement scope
- xiv. Contact details
- xv. Information about sister concerns and schools run by the parent body.
- xvi. Academic calendar.

### **3.** How does the institution monitor admission decision to ensure that the published admission criteria are equitably applied to all applicants?

Before staring the admission process the admission committee meets and discussions are held on admission policy and parameters of admission as suggested by NCTE and Affiliation University. The admission committee then takes all the decisions and monitor the admission process with transparency and sees to it that admission criterion is equally applied to all the applicants.

# 4. Specify the strategies if any, adopted by the institution to retain the diverse student population admitted to the institution. (E.g. individuals from diverse economic, cultural, religious, gender linguistic backgrounds and physically challenged.)

The candidates from different states of India with diverse back grounds apply for admission to different programmes run by the institution. The eligible applicants from diverse population are considered for admission as per the eligibility criteria of the NCTE and affiliation university. The Physical Education programmes require robust health and sound physical fitness hence physically challenged candidates are not considered for admission.

## 5. Is there a provision for assessing students'/trainees' knowledge, physical fitness and skills required for the various options offered under the programme? If yes, cite examples.

Yes the students are assessed in the following ways:

- i. For testing the aptitude and reasoning ability we conduct the written test.
- ii. For testing the physical efficiency of candidates the fitness test is conducted.
- iii. For testing the knowledge and skills, a personal interview is carried out.
- iv. Weigtage is also given to the candidates who have participated in International, National and Interuniversity tournaments.
- v. Weigtage is also given to those who have obtained PG Degree and diploma in sports coaching for admission to B.P.Ed. Course.

### 2.2 <u>– Catering to Diverse Needs</u>

## **1.** How the barriers to student learning are identified, communicated and addressed? (Conducive environment, infrastructure, access to technology, teacher and other learning resources, teaching –learning strategies etc.)

Students from different backgrounds and capabilities seek admission in our institution. It has been observed in the past that some students learn the subject matter/activity in short span of time and some take more time to understand the same. The students seek admission after passing their B.A, B.Sc, and B.Com. examination where they may have played some game but they have very little or limited knowledge about physical education course. In the beginning, these candidates face many problems. Keeping in view these facts the institution identify the barriers of students to learning in the following ways:-

- Through assignments
- Unit tests.
- Group discussions in the classroom as well as on the playfield
- During practice periods
- Personal discussion

The in-charge faculty members carefully evaluate the students and identity the slow learners. A group of slow learners is formed and they are communicated about their short comings and the reasons there of.

After indentifying the barriers these are addressed through:

- Remedial teaching
- Guided library reading
- Encouraged to make use of internet facility
- By providing extra practice time for formal activities and games under the supervision of faculty members.

### 2. What are the activities envisioned in the curriculum for students to understand the role of diversity and equity in teaching learning process?

The curriculum is prepared by BOS of affiliating university in which some activities regarding diversity and equity in teaching learning process are included. However the institution organize more activities such as picnic, intramurals and extramurals, adventure sports, classroom seminars, sports clinics and cultural activities, Festivals of different states are also celebrated which provides understanding to the students regarding the role of diversity and equity in teaching-learning process.

## 3. What are the various practices that prepare the students to develop knowledge and skills related to special needs of children and apply them effectively?

The student in schools comes from different background with different needs. To make our students aware about the special needs of the school children we organize meetings with Headmasters/ Principal of the schools linked with us. At the same time these Headmaster/Principals enlighten our students about the teaching methodology to meet the needs of the children.

When our students go for practice teaching in schools we encourage our students to interact with school teachers which help the student teachers in understanding the nature of students.

Such type of meetings and interactions develop knowledge and skills which they apply effectively in meeting the needs of children during practice teaching.

Our faculty members who supervise practice teaching advice our students from time to time about the teaching methods to be used which will help them to take care of the needs of children.

### 4. What efforts does the institute make to improve professional competency of the prospective physical instructors?

Every year the institution organize intramural competitions with a purpose to inculcate qualities like leadership, sportsmanship, team spirit, civic responsibilities, and professional ethics etc. and to update their knowledge in officiating skills and organizational aspects of tournaments. We also organise clinics on different sports where our Alumni/National level Umpires/Players explain the modern developments in games and interpretation of rules and regulations. Workshops/seminars are also organized in the institution to develop the professional competency of students.

## 5. Describe the mechanism of giving feedback to the students (on practice teaching and field activities) and how it is used for performance improvement.

The feedback to the students is provided by the faculty members and the teacher of the schools who supervise the lessons by giving remarks, positive or negative on lessons of the trainees which are reflected in further practice teaching. The peers also watch the lesson and note the remarks in his/her observation books and these remarks are shown to the concern student teacher. Similarly in the practical periods the students are asked to perform the skill by whole-part-whole method and corrections are made there only and repetitive practice sessions are also conducted to improve the performance.

### 6. How does the institution ensure the students preparedness for maintaining the diverse learning needs of students in schools?

Before starting the practice teaching in schools we organize interaction session with principal/ teacher of the school in which our students are made to understand the diverse learning needs such as physical fitness components, interest in games, and interest in academic subjects of school children who belong to different sections of Society. The institution lay stress upon the main attributes of the profession such as systematic theory teaching, rigorous field training over a specified duration, continuous orientation in social and cultural issues and generate knowledge through research specialization and practice teaching component which helps in perceiving the demands of the children, which ultimately prepare a trainee to become good teacher who can manage the diverse needs of children in schools.

### 2.3 – <u>Teaching – Learning Process</u>

## **1.** How is learning made student-centered? Give a list of the participatory learning activities adopted by the institution and those, which contribute to self-management of knowledge, and skill development by the student?

The institution promotes self participatory approach in our students through following activities which are mainly student centered.

- **a. Intramural competitions:** These competitions are organized for different games by the students and for the students. All the students are divided in various homogeneous groups and these groups compete among themselves. Every student is provided with an opportunity to participate in the game of his/her liking. The P.G. students and also the students of U.G. classes those who do not want to participate as player for some reason are given the duty of officials and volunteers.
- **b.** Organization of Extramural Competitions: Every year we organize tournaments for Department of Physical Education and Sports, North Maharashtra UniversityJalgaon, clubs etc. in various games in which our students work as table officials, volunteers and also keep the playfield in playing condition.

- **c.** Class room seminars: Students are also provided with opportunities to organize classroom seminars on the topic of their interest. They themselves select the topics and prepare the whole progaramme under the supervision of faculty members.
- **d. Practice period:** practice period of 45 minutes is included with evening practical time table on the demand of students. After completion of teaching and coaching period the students are asked to perform the activities/skills at their own.
- e. Assignments: Faculty members frequently give assignments to the students. To complete the assignment the students make use of library/Internet for collecting the materials.
- f. Debates and Sports Quiz programmes are also organized by the institution.
- **g.** Workshops: Every year the students of P.G. Course organize workshop on research, paper preparation and presentation, sports management etc. in which our students are provided with opportunities to prepare and present their papers. The students of other nearby physical institution also attend these workshops.

## 2. How does the institution engage students in "active learning" (use of learning resources such as library, web site, focus groups, individual projects, simulation, peer teaching, role playing, internships, practicum, etc.)?

The students of the institution are engaged throughout the year through the following ways: -

**1. Discussion procedure:** - Discussions in the classroom as well as on playfield are held after completing the teaching in which students present their views.

**2. Focused Reading:** - Student teachers are led into focused reading on various themes and game strategies with questions inviting reflection, in small groups.

**3. Observation documentations:** - Students are provided observation books in which they record teaching-learning experiences and analyze their own method and develop new insight.

**4. Project procedure: - Project is directed towards an exploration under certain actual situation in games and sports.** 

**5.** Use of Library: - Our faculty members regularly give assignments to the students and we also conduct two term tests. To submit the assignments and to prepare themselves for term tests they have to make use of library and internet facilities. Secondly group wise library reading has been made compulsory by the institution.

**6.** Learning by doing: - The students are asked to perform the activity which is already taught to them.

**7.** Workshops: - A series of learning experiences in a given performance area are provided in the form of workshops/clinics with a view to develop specified competencies required for a teacher.

**8.** Internet: - Students are exposed to use maximum internet facilities provided by the institution.

**9.** Internship: - During training internship opportunities are provided by the institution in practice teaching and organizations and officiating aspect of programs.

**10. Peer teaching:** - The PG students are encouraged to teach the UG classes in the classroom as well as on the field. The students of B.P.Ed also give lessons on peers.

**3.** How does the institution provide for the following teaching-learning experiences in its academic calendar? Give details.

#### I. Transaction of theory courses including method courses.

The teachers transact the theory as per academic calendar of the institution. Normally, the teachers use lecture method but they also make use of teaching aids like OHP, models, charts, power point etc. to create effective and facilitating environment for learning.

#### **II.** Transaction of skill and prowess in activities.

For transaction of skills and prowess activities, timetable is prepared as per academic calendar and emphasis is placed on the use of latest games and formal activity gadgets and gears and hazards free play fields. The use of latest gadgets creates interest amongst the trainees and they learn the skills on prowess activities without fear.

### III. Transaction of laboratory sessions and practicals

Laboratory sessions are conducted as per the demand of subject matter to develop proficiency and make them research oriented. Practical periods in games and sports and other activities are conducted in morning and evening.

### **IV.** Preparation for practice teaching.

### Pedagogic-content analysis.

The subject matter is chosen according to the school curriculum and the needs of the students. The faculty member explain the science of practice teaching orally and through demonstrations to make the students aware about the Pedagogical knowledge.

### a. Lesson planning.

After choosing the subject matter lesson is planned by the student as per the explanation made by the faculty member keeping in view the purpose of the subject matter and also the age and need of children as per the Performa given in the syllabus.

## **b.** Developing core teaching skills in stimulated setting (micro teaching) both on the playfield (activity teaching) and in the classroom (teaching of theory).

To develop teaching skills of the student teachers in both on the play fields and class rooms, the faculty members give the demonstration of model lesson to encourage the student to keep in mind the tips of micro teaching.

### c. Observation of demonstration lessons.

Demonstration on lesson is given by the faculty by dividing the students in the group of 7 to 10 keeping in view the domain of teaching activity which provides mental orientation for confidence building in the trainees. Student observe the lesson attentively and also take note on it.

### I. Classroom teaching.

### a) Observation of peer teaching.

Students are asked to observe the lessons given by peers and record the positive/ negative remarks in their observation book.

### b) Peer feedback.

The remarks noted by the peers are communicated to the student teacher after thoroughly checked by the faculty members.

### c) Teaching on the field-officiating lessons on other activities.

Students prepare their lessons on formal physical activities and games of their specialization as per the scheme of examinations mentioned in the syllabi of different courses. Such type of lessons are given by the student teacher on play fields.

### II. Internship.

Our students are exposed to organize intramurals and extramural in the college and also organize play days of schools linked with us under the internship program. We also depute our students to engage theory and practical periods as and when the school demand.

### **III.** Supervision and evaluation of practice teaching.

The practice teaching of student teachers is supervised and evaluated by faculty, peers and the concerned school teachers. The outcome of supervision and evaluation is communicated to the student-teacher with needed measures.

### IV. Reflection on teaching by trainees.

After obtaining the feedback from the supervisors on quality of teaching the remedial measures are provided to the student teacher, which are reflected in their further practice teaching.

### V. Interaction with the school/community.

The college arrange the interaction session of student teachers and our faculty with the headmaster and teacher of the school where the practice teaching and internship programmes are carried out. The outcomes of these interactions are profitably used by students for further improvement of teaching ability.

#### VI. Innovation.

The faculty members are encouraged to make use of latest technologies in teaching and coaching such as multimedia, models, transparencies, etc. Students are also encouraged to prepare charts, transparencies etc. on teaching activities, which are used by them in practice teaching.]

### 4. What are the practices of the institution to impart ethics and values in physical education?

Every year in the beginning of the academic session our institution organise an induction programme for the new entrant students in which we invite Physical Educationist as chief guest who in his/ her speech enlighten our students on ethics and values of Physical Education. The faculty members also make our students aware about the proposes and values of physical education and sports.

The institution also organise lectures of eminent personalities in physical education and sports who throw light on ethics and values of physical education profession.

### 5. What are the instructional approaches (various models of teaching used) and experiences provided for ensuring effective learning?

The faculty member are asked to make limited use of traditional lecture method but transact the theoretical portion of the syllabus with the use of modern tools of educational technology such as multimedia, OHP, slide projector models of various body parts, chats etc. to make transaction of curriculum more effective and efficacious. In skill teaching emphasis is given on the use of latest activity gadgets and equipments.

# 6. How many hours in a year are allotted to teaching practical activities listed under "skill and prowess" section of the syllabus? Also mention whether allotment of hours of different activities in uniform or content-based.

The allotment of hours for different activity is on content basis and 511 hours are allotted to skills and prowess activities during the year.

## 7. Which indigenous activities (regional or traditional games or martial arts) are included in the syllabus for skills and prowess and how many hours are spend on them in a year?

Following traditional/regional activities, games and martial arts are included in the syllabi of different courses: -

- a) Traditional and regional activities
  - Lazium
  - Dumbells
  - Wands

- Indian club
- Mass P.T.
- Yoga & Suryanamaskar
- Folk dance
- b) Martial arts
  - Lathi
  - Kathe
  - Benetti
  - Jambia
  - Malkhamb
  - Wrestling
- c) Games.
  - Kabaddi
  - Kho-Kho
  - Atyapatya

Out of 511 hours of teaching, 219 hours are allotted for teaching above activities and games.

### 8. What are the major initiatives of encouraging students teachers to use/adopt technology in practice teaching?

At the time of demonstration of lesson the concerned faculty member make use of OHP/ Slide Projector/ C.D to explain the different stages of the lesson. As the school where our Students give lesson do not have enough facilities of latest technologies but we provide OHP, Slide projector to the students. We also encourage our students to make use of charts and models in their teaching in schools. The students of M.P.Ed.- II are also asked to make use of charts and diagrams of scientific principles applicable to the skill of their specialized game.

#### 2.4 <u>– Teacher Quality0</u>

## 1. How does the faculty keep themselves and the students abreast and aware of the changing values in health, fitness, and performance-oriented competitive sports and games?

The institution encourages the faculty members to participate/attend workshops, seminars, conferences, refresher and orientation courses to update their knowledge in physical education and applied sciences. Our institution also organizes clinics in competitive sports in which latest information is provided by Nation level umpires/referees. These clinics are attended by faculty members as well as students. Faculty members also make use of internet and library resources regularly to collect information about changing values in health, fitness and competitive sports.

The information/knowledge received through various sources is used by the faculty members to abreast the students and update their knowledge in the field of physical education, applied science and games and sports.

## 2. Are the practice teaching sessions developed cooperatively in partnership, involving the school staff and mentor teachers? If yes, give details.

Yes, the practice teaching lessons of formal activities games and sports are developed in consultation with physical education teachers working with schools linked with us. The physical education teachers of schools suggest the faculty members about the availability of periods, time and age group of children and accordingly practice teaching time-table is prepared.

The practice teaching sessions for special methodology subjects are developed in consultation with subject teachers of the schools. Keeping in mind the availability of subject periods.

### 3. What is the ratio of students to the identified practice teaching schools? Give the details on what basis the ratio has been decided?

The ratio is decided upon the availability of children in schools. The ratio for practice teaching in games and sports is 1:13 and for special subject methodology the ratio is 1:40 i.e. one section of the class allotted.

### 4. How does the institution ensure that the students are updated on the policy directions and physical education needs of the schools?

Before starting practice teaching in schools we arrange meeting of our faculty with the Head of the schools in which they acquaint the faculty about the policy of the school, timings available for practice teaching etc. Accordingly student teachers are made aware of the same by the faculty member. The student-teacher is to prepare his/her lesson plan as per the policy and need of school.

### 5. How does institution strengthen the regular academic programmes through non-formal? (Leadership campus, organizing sports competitions, play days, recreational games, etc.) and practical training in organizational skills such as officiating in sports and athletic meet?

- 1. Every year the institution organizes a 7 days camp. The purpose of this camp is to develop leadership and other inherent qualities of the students by giving them the exposure to outdoor life.
- 2. The organization of intramural competitions is a regular feature of the institution. The purpose of the intramurals is to provide an opportunity to the students to inculcate the spirit of sportsmanship, competitiveness, team spirit and organizational skill. The intramurals are organized by the students and for the students in which the students participate and are also exposed to officiating and coaching aspects of sports.
- 3. Our students are also provided with opportunity to organize play-days/ recreational games in the schools/ institutions liked with us.
- 4. We involve our students in organizational and officiating aspects of competitive sports as and when we organize games and sports tournaments of various organizations, schools and institutions on our playfields.

## 6. How does the institution provide for adequate flexibility and scope in the operational curriculum for providing varied learning experience to the students both in the campus and in the field?

The institution does provide flexibility in the time table. At times our institute organise sports competitions of N.G.O.'s or G.O.'s keeping in mind the welfare of our students. By organizing such competitions our students learn organizational and officiating aspects of sports and also learn how to prepare and mark the required playfield.

Our institution also organise workshops/ seminars, intramurals, celebration of days of National importance etc which provide various experiences to our students.

For field experiences we send our students in schools/ institutions linked with us for laying out their playfields, organization of their annual sports days etc. Our institution also conduct social work camp in the nearby villages. Institute also organise Educational/ Adventure sports camp every year.

### **2.5 – Evaluation Process and Reforms**

**1.** Provide details of various assessments / evaluation process (internal assessment, midterm assessment, term end evaluations, external evaluation) used for assessing student learning?

Our faculty members generally use following assessment methods:-

- a) Internal evaluation to assess the learning.
- i. **Face to face assessment:** After the completion of one chapter the faculty members ask questions pertaining to the same to know how much the students have understand the topic.
- ii. Assignments: After completion of a unit the faculty members give assignments to the students. Each faculty member is supposed to give 10 assignments of his subject to assess the learning capacity of the students.
- iii. Term tests: The college conduct two term test one before Diwali vacation and another after Diwali vacation as per the academic calendar. Major games skill performance of our students is evaluated through the participation in the intramural and extramural competition. Fuculty members of other Physical education institution are invited for evaluation and award of certificates and prizes.

### b) External evaluation

Term end evaluation of theory and practicals (practice teaching and skills) examination is carried out by external valuers appointed by the affiliating university.

### 2. Is the ICT used in assessment and evaluation processes? If yes give details institution?

Moderate use of ICT is made by the faculty members as under:-

- To prepare question papers
- To prepare the score sheets for P.E.T.
- To keep record of the P.E.T. scores
- To prepare the time-table for assessment.

### **3.** How are the assessment /evaluation outcomes communicated and used in improving the curriculum transaction and performance of the students?

The outcomes of assessment are communicated to the students in following ways:-

- In face to face assessment the faculty member, on the basis of the answers given by the students necessary advice is provided to the student for further improvement.
- After evaluation of the assignments and answer sheets of term tests the assignment and answer sheets are returned to the students with remarks for further improvement.
- Principal take stock of assessment outcomes from faculty members and necessary advise, if need is provided to the faculty members to improve their curriculum transition methodology by using innovative procedures of teaching.

4. What level of proficiency is expected of the students in each of the practical component of the activity / events/ sports? (Detail on the activity and specify the level for each of them on the scale given below).

Fair  $\Box$  Good  $\Box$  Very Good  $\Box$  Excellent  $\Box$  Outstanding  $\Box$ 

The institution expects level of proficiency in different activities as under for all the courses:-

### a) Section I - Major Games

(Basket Ball, Badminton, Ball Badminton, Cricket, Foot Ball, Hockey, Hand Ball, Kabaddi, Kho-Kho, Lawn Tennis, Table Tennis, Volley Ball) specialization in any two games.

### EXCELLENT

#### ii) Section II – Athletics

(Performance in Track and Field events and preparation of note book)

### VERY GOOD

#### iii) Section III - Formal Activities

(Lathi, Mass P.T., Drill and Marching, Lazium, and Yogasana)

### OUTSTANDING

iv) Section IV - Gymnastics, Combative and Rhythmic

VERY GOOD

v) Section V - Camping, Practical Projects etc.

### EXCELLENT

## 5. How does the institution monitor the overall performance (including theory, skill and prowess, teaching ability and organizational ability) of students to ensure the achievement of the course objectives?

The organizational control of the institution rests in the Parent body of the institution which administers the institution through principal and teaching faculty. The principal has constituted following committees to monitor the overall performance of the students and to ensure the achievement of course objectives:

- i. Administration Committee: This committee keeps watch on the working of other committees responsible for smoth functioning of the institution. This committee prepare programmes for organisation of different type of extracurricular activities such as extramurals seminars etc. and monitor the organizational ability of faculty and students.
- **ii. Academic Committee:** This committee monitors the transactional aspects of theory and practicals by preparing timetables. This committee assign the theory subjects and practical activities to faculty members. The committee regularly interact with faculty members regarding completion of transaction of theory and practical activities.
- **iii. Practice teaching committee:** The responsibility of their committee is to prepare practice teaching time table in consultation with Head/incharge teacher of the schools. This committee also monitor the teaching ability of pupil teachers by assigning them to different schools. The committee is responsible for taking feedback from school teachers, Peers and faculty members who are assigned the duty of supervision of practice teaching.
- iv. **Intramural Committee**: Intramural Competitions are the regular feature of the institution which is organized by the students under the guidance of faculty members where the organizational ability of the students is monitored. This committee is headed by one of the faculty member and the students work as members. Sub committees are constituted for each game and for athletics.
- v. The principal, in the faculty meetings takes stock of the performance of the students and tasks completed by the different committees and if deficiencies are noted, suggest needed remedial measures to complete the task effectively.

### 2.5 <u>-Best Practices in Teaching- Learning and Evaluation Process</u>

### **1.** Detail on any significant innovation in teaching / learning / evaluation introduced by the institution?

The institution makes significant efforts to conduct sports clinics, in various games to update the knowledge of the students and faculty members. For this purpose the institute invites national, international players, referees, umpires and experts of different games. The management of the institution is conducting two monthly academic review of the faculty and needed suggestions are provided.

### 2. How does the institution reflect on the best practice in the delivery of instruction, including use of technology?

Our institutes provide best infrastructural facilities and teaching resources. The teaching resources include well stocked library and well equipped laboratories. Apart from other instruments we have LCD projector, OHP, slide projector, internet facility etc. our faculty members frequently use L.C.D, OHP, slides in the curriculum transition process. The use of technology is reflected through feedback provided by students and finally from the results of different programmes.

### **Criterion III: Research, Consultancy and Extension**

### **3.1 Promotion of Research**

# 1. Describe how the institution promotes research in health, physical education, Sports, Recreation and Allied Sport Science?

Research is one of the subjects in P.G.Course. The institution promote research among the students through its research committee which organize workshop on different areas of research in which significant research problems are interpreted in language that is meaningful to the students. The research committee also motivates our students to read subjects of their interest in the journals related to research findings which are subscribed by institution.

Apart from P.G. student the institute also motivates its faculty to engage themselves in research pursuits and as a result 1 of its faculty members have obtained their Ph.D. degrees in last five years. one faculty members are recognised as supervisors for Ph.D. with affiliating university some of our faculty members are also registered with other universities as valuers for Ph.D. theses.

Our institution also motivate UG student to attend workshops/seminars conducted by institution on research related topics.

Apart from Physical Education and allied areas our institution also extends assistance to the research scholars of other subjects by allowing them to use our facilities of internet, library etc. We also provide them our students as subjects for experiments and in turn our students are also motivated for research.

## 2. How does the institution motivate its teachers to take up research in physical education?

The institutions motivate its teachers to take up research in the following ways:-

- a) Teachers are given study leave.
- b) Adjustments are made in transaction of curriculum both in theory and practical schedules.
- c) By providing secretarial support and other facilities such as computers with other accessories, laboratory instruments, library, students as subjects etc.
- d) Financial support if required.

#### 3. What are the thrust areas of research prioritized by the institution?

Following are the trust areas which are prioritized by the institution -

- a) Physical education.
- b) Sports psychology- individual difference, motor learning, motivation, interest, fatigue, personality.

- c) Exercise physiology Health related and performance related fitness.
- d) Sports Management.
- e) Sociological implication Economical, cultural and social.
- f) Yoga Yogic exercise and meditation.
- g) Biomechanical analysis of skills.
- h) Anthropometric measurements.
- 4. Give detail of the minor/major research projects (if any) completed by staff members of the institution in last five years?

Nil.

- 5. Give detail of the conference/seminar/workshop attended and/ organized by the faculty members in last five years.
  - a) Conferences/Seminars/Workshops attended by faculty members.

### CONFRERNCE/ SEMINAAR ATTENDED BY THE FACULTY MEMBERS

Sr.No	Name of the faculty members	State	National	International
1.	Dr.Narayan S.Khadke (Principal)	2	1	6
2.	Dr. Varsha N.Khadke		2	5
3.	Prof.Ulka .S.Bhangle		2	4
4.	Prof.Rajendra G.Bhalodkar	-	1	3
5.	Prof.Hasin S.Tadvi	-	2	3
6.	Prof .Kachan Lathi	-	1	2
7.	Prof.Rahul R.Patil	-	2	3
8.	Prof.Tulshiram P.Khadke		2	3
9.	Prof.Jayavant K.Shimpi	1	5	7

Sr.No.	Name of the faculty members	State	National	International
01.	Dr.Narayan S.Khadke (Principal)	-	-	-
02.	Dr.Varsha N.Khadke	-	-	-
03.	Prof.Ulka .M.Bhangle	-	-	1
04.	Prof.Rajendra G.Bhalodkar	-	-	-
05.	Prof.Hasin S.Tadvi	2	3	1
06	Prof .Kachan R.Lathi	-	4	2
07	Prof.Rahul R.Patil	-	-	1
08	Prof.Tulshiram P.Khadke	-	1	-
09	Prof.Jayavant K.Shimpi	-	2	-

### WORKSHOP ATTENDED BY THE FACULTY MEMBERS

**b**) Organized by faculty members.

## CONFERENCES/SEMINARS/WORKSHOPS ORGANIZED BY FACULTY MEMBERS

Sr.No	Торіс	Date	Venue
1.	Global Convention on " Research on Yoga ,Holistic Health and Sports Sciences "	26-28 December 2013	Sadguru Education Society, College Of Physical Education,Jalgaon
2.	International Convention on " Comparative and Multidisciplinary Studies in Social and Sports Sciences "	17-18 January,2015	Sadguru Education Society, College Of Physical Education,Jalgaon

### **3.2 Research and Publication Output.**

1. List the journal in which the faculty members have published papers in last five years.

i) The papers of Dr.Narayan S.Khadke have been published in the following journals.

- a) International Journal "Scientific journal in sports and exercise" RNI No.Deleng ,2005 ,16694 Vol-4 No.1,June 2008 ,New Delhi . Title of Paper -" An Evaluative study of strategies employed by different coaches for improving teams performance "
- b) International Journal " "Entire Research " ISSN No.09755020 Vol-1 ,Issue No.4 ,Date October 2009 ,Thane Title Of paper - " Fitness exercise and longevity "
- c) International Journal ""Entire Research " ISSN No.09755020 Vol-2 ,Issue No-1 ,Thane, January 2010 " ,Title of Paper -"Effect of malkhamb exercises on Anthropometric measurement of girl Students"
- d) International Journal "Entire Research "ISSN No.09755020 Vol-3 ,Issue No-3 ,Thane July 2011 ",Title of Paper - Gender differences in personality Characteristics Of N.M.U Region Kho-Kho players "
- e) International Journal ," Variorum Multy Disciplinary E-Research Journal Issn No -976-97814 vol-No-2 Issue No.04 May 2012 Thane," Title Of Paper -Emerging issue and challenges In higher Education "
- ii) The papers of Dr.Varsha.N.Khadke have been published in the following journals.
- a) International Journal "Entire Research " Issn.No 0975-5020 Vol, Issue No- April 2011," Title of Paper - Physical activity a biggest necessity for public health "
- b) International Journal "Issn.No 81-86639-04-7 Vol- ,Issue No-December 2013," Title of Paper -" Yoga Research on Yoga, Holistic Health and sports sciences"
- c) International Journal "Issn.No 9787-93-85026-04 Vol-1 ,Issue No-February 2015 ," Title of Paper - Comparative study of selected physical fitness abilities between the Hand ball and basketball district level players. role of higher education in creation of knowledge Society"
- d) International Journal "Issn.No 976-9714 Vol-3 ,Issue No- February 2013," Title of Paper role of Yogic practices in games and sports, variorum multi disciplinary E-Research Journal "
- iii) The papers of Prof.Jaywant.K.Shimpi have been published in the following journals.
- a) International Journal "Issn.No 976-97814 Vol-4 ,Issue No-1, August 2013 Thane," Title of Paper - Variorum mu;lti disciplinary E-Research Journal "

- b) International Journal "Issn.No 81-86639-04-7 Vol- ,Issue No- 26-28 December 2013, Jalgaon " Title of Paper -" International conference on Research on yoga Holistic Health and sports Scenes "
- c) International Journal "Issn.No 978-81926449-9-8 Vol-3 ,Issue No-7-8 march 2014 ,Jalgaon "Title of Paper - (effects of Exercise on Health reality physical fitness) Interdisciplinary international Conference on relevance of higher education for the development of Human resources. "
- d) International Journal "Issn.No 2348\*9057 Vol-1 ,Issue No- 3, September 2013 ,Amravati "Title of Paper - " (Effect of yoga Asanas on efficiency of players ) Velocity international journal of Physical education "
- e) International Journal "Issn.No 978-93-84267-04-9 Vol- ,Issue No-January 2015 ,Jalgaon Title of Paper " (The study of effect of yoga and prenayama practice on respiratory parameters among working women )
- f) International Journal "Issn.No 978-93-85026-04-1 Vol- ,Issue No-February 2015 ,jalgaon Title of Paper - "Comparative study of selected physical fitness abilities between the handball and basketball district level players "
- g) International Journal "Issn.No 2348-9057 Vol-2 ,Issue No- 1, March 2015 ,Amravati "Title of Paper - " effect of pranayama on status of cardio- respiratory endurance in the school students "
- iv) The papers of Prof.Tadvi Hasinkha Shakil Ahamadkha have been published in the following journals.
- a) International Journal "Issn.No Vol-1 ,Issue No- , July 2010 , "

Title of Paper - "Sports Training and Athlete "

- b) International Journal "Issn.No 2348-9057 Vol-1 ,Issue No- 1, March 2014 ,Amravati " Title of Paper "A Survey of Mental toughness among Soft- Ball Players"
- c) International Journal "Issn.No 978-93-84267-04-9 Vol-, Issue No-, January 2015, Jalgaon "Title of Paper - " A Coparative study of Self Confidence Among B.Ed. and B.P.Ed Students "
- v) The papers of Prof.Lathi Kanchan Ramchandra have been published in the following journals.
- a) International Journal "Issn.No Vol- ,Issue No- , 7-9 May 2010 ,Hyderabad , Title of Paper - "Uses of computer science in sports "

- b) International Journal "Issn.No Vol-, Issue No-, 7-9 May 2010, Hyderabad "Title of Paper - " Descriptive Epidemiology of injury of female swimmer "
- c) International Journal "Issn.No Vol- ,Issue No- , February 2010, "

Title of Paper - " Injury occurrence to elite level women volleyball players "

d) International Journal "Issn.No Vol- ,Issue No- , July 2012 , Dhule "

Title of Paper -" Injury occurrence to volleyball players "

e) International Journal "Issn.No Vol- ,Issue No- , March 2014 "

Title of Paper - "An Analytical study of injury occurrence to inter-University volleyball players"

f) International Journal "Issn.No Vol- ,Issue No- , January 2015 ,Jalgaon "

Title of Paper - A comparative study of self confidence among B.Ed and B.P.Ed Students

vi) The papers of Prof. Bhalodkar Rajendra Gajanan have been published in the following journals.

a) International Journal "Issn.No Vol- ,Issue No- , January 2015 ,Jalgaon "

- , Title of Paper "The effect of yoga on stress management"
- vii) The papers of Prof. Bhangle Ulka Meghsham have been published in the following journals.
- a) International Journal "Issn.No 2321-0389 Vol- ,Issue No- , February 2014 ,Jalgaon ", Title of Paper - " Steps in Research process "
- b) International Journal "Isbn.No 978-93-82528-86-9 Vol- ,Issue No-, March 2014 ,Chopda (Jalgaon) ", Title of Paper " Sports and women "
- c) International Journal "Isbn.No 978-93-84267-04-9 Vol- ,Issue No-, Januyary 2015 ,Jalgaon ", Title of Paper " The effect of yoga on stress management "

viii) The papers of Prof. Tulshiram P.Khadke have been published in the following journals.

- a) International Journal "Issn.No 81-86639-04-7 Vol- ,Issue No-December 2013 ," Title of Paper -" Yoga and Pranayama:Beneficial Health Impacts"
- b)International Journal "Isbn.No 978-93-84267-04-9 Vol- ,Issue No-, Januyary 2015 ,Jalgaon ", Title of Paper " Role of yoga for stress management "

# 2. Give detail of the awards, honours and patents received by the faculty members in last five years.

Dr. Narayan S.Khadke awarded "Shiv Chatrapati Sports Awards" in *Krida Karyakarta* in 2007.

Dr. Varsha Narayan Khadke awarded Ph.D. Degree by North Maharashtra University in Physical Education.

# **3.** Give details of instructional and other materials developed including teaching aids and/or used by the institution for enhancing the quality of teaching during the last three years.

All faculty members have prepared their instructional materials which they use in teaching as under

- a) Transparencies 196 transparencies have been prepared on different topics of all subjects of B.P.E., I, II, III, B.P.Ed. One year, M.P.Ed. I, II courses.
- b) CDs/DVDs on various teaching aspects of physical education and sport sciences have been prepared by the faculty members so as to facilitate power-point presentation.
- c) Particular slides on the subjects such as Anatomy, Physiology, Health and Hygiene, Mechanical Analysis of Movements, General Science, Measurement and Evaluation, Sports Psychology, Methodology etc. are prepared as and when required.
- d) Charts and Diagrams of Play fields, skills of different games, different tests, sports medicine.

# 4. To what extent does the institution prepare and use audio-visual (AV) materials, ICT and other teaching aids? Give details on the following.

I) Any special physical education and sports related AV materials prepared or procured and used by the college.

The institution has procured CDs on different aspects of sports and games and training methods.

II) Any physical education and sports related AV materials used by faculty for teaching/learning/training of students.

The faculty members have prepared CDs, transparencies, charts on units of their teaching subjects, games and yoga which they use in teaching and training process.

III) Any other innovative approaches adopted or used by the faculty.

Teachers are encouraged to make maximum use of audio/visual facilities in the form of computers in teaching learning process.

### 5. Give details on various training programmes and or/workshops.

• Organised by the institute.

The institution has organized following programmes.

- a) Sports Coaching Camp in different games and sports and swimming.
- b) Adventure Sports Camp/Educational camps.
- c) Workshop for P.G. Students on topics related to research.
- d) Seminars on different aspects of physical education and allied subjects.
- Attended by the Students.

The students of this institution are regularly attending sports coaching programmes, adventure sports camp, social work camps and also attend seminar/workshop organized by the institution.

#### **3.3 Consultancy**

# 1. Did the institution provide any consultancy services during last five years? If yes, give details-

- a) Our faculty members are competent enough to provide consultancy to the research scholar who opt for our institution as research centre for their Ph.D. Degree.
- b) Job opportunity in physical education -Our guidance and counselling cell provides consultancy for job opportunity in physical education to our trainees.
- c) Sports injuries and rehabilitation -Our medical officer provide consultancy to our students and the student of sister institutions and schools linked with us about sports injuries and their rehabilitation.
- AIDS awareness and Health awareness-Our institution conducts camps on AIDS awareness and Health Awareness in the schools linked with us we also organise lectures on AIDS for our students.
- e) Our institute is constellated and retested its participation in the conduct of various sports activity arranged by zp, police department,

gov offices in respect of preparation ground and rules and regulation of the sports .

2. Are the faculty/staff members of the institute competent to undertake consultancy? If yes, list areas of competency of staff members and the steps initiated by the institution to publicise the available expertise. Some of the areas where the physical education institutions provide (paid or unpaid) consultancy services are listed below. You may specify any other, which you have taken up beyond the listed examples.

Yes, all the faculty members of the college are well qualified and competent to undertake consultancy.

a) Construction and maintenance of sport infrastructure.

Our faculty members provide assistance in construction of different playfields including running Track and also suggest ways and means for maintenance and upkeep of playfield to the nearby institutions/schools and also to the schools linked with us.

b) Selection and purchase of standard equipment for sport and physical activities.

Our faculty members are co-opted on the selection and purchase committees of our sister institution, schools and nearby institutions for selection and purchase of sports equipments.

c) Organization of Athletic Meet and Competition.

Our faculty members work on the organization committees of our sister institutions and schools to organize athletic meet and sports competitions. Our faculty member also help in organizing sports meet of nearby schools. Our Institution had also organized annual athletic meet of North Maharashtra University Jalgaon on our play field. Our faculty members helped in organizing Athletic Meet of Jalgaon Division. Every year our faculty members work as teacher in charge of North Maharashtra University inter collegiate tournaments for Athletic Wrestling, and Juddo,swimming etc.

d) Research and development in physical education, sports and sport sciences.

one of our faculty members i.e. Dr. Narayan S.Khadke are recognized supervisors for Ph.D. degree with North Maharashtra University, Jalgaon, S.R.T. University Nanded ,Gondwana University Gadchiroli and J.J.T University. Our faculty members also directly/indirectly help the research scholars who come to the college for assistance and guidance.

e) Fitness development, fitness assessment and fitness management.

The institution is running a fitness center in which all necessary machines and equipments are provided to the users under the guidance of faculty members who provide counselling for fitness development and fitness management. f) In service training to physical education teachers of schools, physical educators and coaches.

From the last academic session, we have started orientation programme on different aspect of physical education for the teachers and coaches working with schools.

g) Correction of physical defects through exercise therapy -

Our doctor and faculty member who teaches corrective physical education provide consultancy to our trainees and the students of school/institutions linked with us through therapeutic exercises for physical deformities such as round shoulders, Kyphosis, Lordosis, Scoliosis (Functional) Knocked Knee, Flat Foot, defects of Eyes, Speech, Hearing etc.

h) Movement education.

Our faculty members provide consultancy to our trainees as well as to school children regarding movement education which develop an understanding of movement in children and youths, so that their life becomes meaningful. It also helps our trainees and children to move in a skilled and effective manner in all selected activities in which they engage in the programme of physical education and sports.

All the above services are provided free of cost.

**3.** How much revenue has been generated through consultancy in the last five years?

All the services given by the college are free of cost for the benefit of community.

4. How does the institution and the faculty share and use the revenue generated through consultancy.

Free consultancy is provided hence, revenue has not been collected.

5. Apart from the normal teaching work, do the teachers (Who are competent) give extra sports coaching to the talented sports persons in specific game/sports of their interest? If yes, give details.

a) Yes, every year our faculty members organise coaching camps in the following games for our talented sports persons: -

- Cricket Prof.Hasin S.Tadvi
- Basket Ball Prof.Rajendra G.Bhalodkar
- Athletics Prof.Hasin S.Tadvi
- Volley ball Prof.Kanchan R.Lathi
- Swimming Prof.Tulshiram P.Khadke
- Yoga Prof.Ulka M.Bhangale

These camps are organised before the start of university tournaments so that students can be prepared to participate in these tournaments.

Every year our faculty members are appointed coaches for different games by Department of Physical Education & Sports. The following faculty members have conducted coaching camps of North Maharashtra University,Jalgaon teams mentioned against their names:- • Prof.Hasin S.Tadvi – Cricket and Hockey

b) Our faculty members also provide coaching to those youths of neighbourhood localities who want to join paramilitary forces. Such youths make use of our playfields for training and physical fitness.

### **3.4 Extension Activities**

1.

# What are the future plans and major activities the institution would like to take up for providing community orientation to students?

The institution plans to start following future activities for community orientation to students.

- a) Food adulteration and Nutrition guidance programmes.
- b) Water Conservation.
- c) Environment Awareness.
- d) Disaster Management.
- 2. What are the efforts of the institution to bring in "Community Orientation" in its functioning?

The institution makes sincere efforts to organize community programmes such as sports coaching camps. by involving nearby Grampanchyats, Management of Schools and the local managing committee of our institution.

### 3. Does the institution offer courses in First Aids, Life Saving/Handling, Emergency etc.? If yes, list them giving the objectives of the courses offered.

No, however the First Aid topic is included in the syllabus of B.P.Ed. & B.P.E. programmes. We also organize lectures on First Aid, Disaster Management and Life Saving Programme in which practical demonstrations are given by Disaster Management Department of the State Government/Jalgaon municipal committee.

## 4. How has the local community benefited from the institution? (Contribution of the institution through various extension activities, outreach programmes partnering with NGO's and Go's)

Our college organizes following activities for the benefit of community -

- a) Blood donation camp.
- b) Free of cost sports coaching camp for children from below poverty line community.
- c) AIDS awareness programmes for villagers.
- d) Village cleanliness programmes.
- e) Tree plantation.
- f) Fitness awareness programmes.

# 5. How has the institution benefited from the community? (Community participation in institutional development, institution community networking, institution school networking etc.)

Our institution is having linkages with following schools which provide students to our trainees for practice teaching and in turn the schools are benefited through the help provided by us in organising their sports events and preparation of their sports teams and playfields. The sport associations provide assistance and help in conducting sports clinics and coaching camps whenever they are asked for and in turn they are benefited by using our play field and man power for organizing their tournaments. The neighbourhood localities and institutions provide every assistance and suggestions for making our programmes more useful. Name of Schools

- 1) Garamvikas High School, Prinpala, Jalgaon.
- 2) Geetashankar High School, Kedi, Jalgaon.
- 3) Bhaheti High School, Mahabal, Jalgaon.
- 4) Shakuntala High School, Jalgaon .
- 6. Indicate the broad areas of various extension activities of the institution/department and the objectives of the activity.

### a. Community Recreation -

The institution allows the people of different age groups of nearby localities to use our playing facilities. The objective of this is to keep themselves it use their leisure time in positive ways.

#### b. Sport for out of school children -

We organize tournaments/coaching camps for non school going children of adjoining slums and localities with objectives to inculcate good habits, create interest in sports and worthy use of their leisure.

### c. Fitness awareness programme for women, adults and old aged people -

Our track and other playing facilities are open in the morning and evening before and after college hours for women, adults and old aged people to run, walk, jog and do other exercises for their fitness. Some of them are also using our multi-gym facilities.

#### d. Coaching activity at the campus during holidays for school children-

In summer and winter vacations we organize sports coaching camps for the children of nearby schools and villages in the games such as Cricket, Swimming and Track and Field Events. These activities are organized free of cost.

# e. Personality development activity/programme/camps for enthusiastic and desiring children -

Every year we organize adventure sports camps/Educational camps in which lectures are organized on personality development, communication skill, stage courage, fitness managements etc.

### f. Health and Hygiene awareness programmes/ camps -

The institution organize camps regarding health and hygiene awareness in the schools linked with us in which information about water and air borne diseases, communicable diseases, importance of blood and eyes donation and healthy habits etc. is given by our medical officer and faculty members.

g. Organizing blood donation camps -

Every year the college organize blood donation camp in collaboration with Red Blood Societies Jalgaon.

### h. Social Work -

The college organize social work camp with a purpose to provide information regarding tree plantation, cleanliness, water conservation, global warming etc.

### i. Population Education -

Our college organize rallies with placards in their hands on population and birth control on the occasion of world population day.

### j. Physical Education for the challenged -

Our faculty members and students assist in organizing sports day of physically challenged schools as and when required. We also provide free of cost playing facilities and equipments to physically challenged.

### k. National Health Awareness programmes like HIV, AIDS, Diabetes, Polio Vaccination etc. -

The institution organize lectures on HIV, AIDS etc. in the college as well as schools linked with us and provide information and make the students aware about the prevention of these diseases.

#### I. Medical Camps -

As per North Maharashtra Universityordinance, medical check-up of students is mandatory hence, our college conducts medical check-up of our students in the month of December.

### m. Environment Awareness Programmes -

The North Maharashtra Universityhas made environment subject compulsory for B.P.E. I Year Students. Institution also organise camps in the nearby schools and villages for environment awareness.

n. Any other (Specify and give details)

# 7. How does the institution develop social and citizenship values and skills among its students.

The institution celebrates days of national importance such as 26th January, 15th August, 5th September etc. and birth and death anniversaries of national leaders and sports day by inviting eminent personalities. The lectures given by these personalities inculcate social, moral and citizenship values among the students. The institution also organise programmes on road safety, blood and eye donation, tree plantation etc. to develop civic sense among the students.

8. Is there any specific project completed by the institution relating to the community development in the last five years? If yes, give details.

Nil.

- 3.5 Collaboration -
  - 1. Are there NSO programmes in the institution besides NCC and NSS? If yes, give details on the NSO programmes -

Nil

2. Name the national and /or international level organization, if any with which the institution has established linkages in the last five years and detail the benefits resulted out of such linkages specifically to the following.

#### **Curriculum Development -**

After interaction with some members of the Alumni association of LNUPE the faculty prepared a draft on curriculum development and submitted to BOS of affiliating university.

• Teaching -

The college organized internet awareness and use of computer in physical education in collaboration with All India Physical Education and Allied Teachers Association for the benefit of students and our faculty.

• Training -

The Institution organizes sports training camps/clinics in which the coaches of national sports federation and S.A.I. Coaches provide assistance to our students in specific advanced skills of games and sports.

• Practice Teaching –

The institution has linkages with 4 schools where our students give lesson on different activities of physical education and sports. The experienced Physical Education Teachers/coaches members of the AIPETA provide guidance to our pupil teachers for preparing lesson plan and methodology of presenting the lesson plan.

• Research -

So far no research project either UGC sponsored or NGO sponsored is completed but the institution encourages our P.G.Students to opt for dissertation in lieu of subject. The college organizes guest lecturers on research to update the knowledge of our P.G. students. So far we have organized three such lectures.

#### • Consultancy -

The institution consult the agencies who deals in or manufactures of lab equipment, sports equipment and apparel etc. for procurement of these instrument/ equipment. Consultancy is also provided by the coaches of NSO regarding the changes in rules and regulations of different games.

#### • Extension -

With the help of NSO and All India Physical Education and Allied Teachers associate our institution promotes sports in slum areas and nearby villages. We also organize yoga camp for the health and fitness of senior citizens.

#### • Publication -

Some of our faculty members have published article in national/international journals such as -

# i) The papers of Dr.Narayan S.Khadke have been published in the following journals.

- a) International Journal "Scientific journal in sports and exercise" RNI No.Deleng ,2005 ,16694 Vol-4 No.1,June 2008 ,New Delhi . Title of Paper -" An Evaluative study of strategies employed by different coaches for improving teams performance "
- b) International Journal " "Entire Research " ISSN No.09755020 Vol-1 ,Issue No.4 ,Date October 2009 ,Thane Title Of paper - " Fitness exercise and longevity "
- c) International Journal ""Entire Research " ISSN No.09755020 Vol-2 ,Issue No-1 ,Thane, January 2010 " ,Title of Paper -"Effect of malkhamb exercises on Anthropometric measurement of girl Students"
- d) International Journal " Entire Research " ISSN No.09755020 Vol-3 ,Issue No-3 ,Thane July 2011 " ,Title of Paper - Gender differences in personality Characteristics Of N.M.U Region Kho-Kho players "
- e) International Journal ," Variorum Multy Disciplinary E-Research Journal Issn No -976-97814 vol-No-2 Issue No.04 May 2012 Thane," Title Of Paper -Emerging issue and challenges In higher Education "

## ii) The papers of Dr.Varsha.N.Khadke have been published in the following journals.

- a) International Journal "Entire Research " Issn.No 0975-5020 Vol, Issue No- April 2011," Title of Paper - Physical activity a biggest necessity for public health "
- b) International Journal "Issn.No 81-86639-04-7 Vol-December 2013," Title of Paper -" Yoga Research on Yoga, Holistic Health and sports sciences"

- c) International Journal "Issn.No 9787-93-85026-04 Vol-1 ,Issue No-February 2015 ," Title of Paper - Comparative study of selected physical fitness abilities between the Hand ball and basketball district level players. role of higher education in creation of knowledge Society"
- d) International Journal "Issn.No 976-9714 Vol-3 ,Issue No- February 2013," Title of Paper role of Yogic practices in games and sports, variorum multi disciplinary E-Research Journal "
- iii) The papers of Prof.Jaywant.K.Shimpi have been published in the following journals.
- a) International Journal "Issn.No 976-97814 Vol-4 ,Issue No-1, August 2013 Thane," Title of Paper - Variorum mu;lti disciplinary E-Research Journal "
- b) International Journal "Issn.No 81-86639-04-7 Vol- ,Issue No- 26-28 December 2013, Jalgaon "Title of Paper -" International conference on Research on yoga Holistic Health and sports Scenes "
- c) International Journal "Issn.No 978-81926449-9-8 Vol-3 ,Issue No-7-8 march 2014 ,Jalgaon "Title of Paper - (effects of Exercise on Health reality physical fitness) Interdisciplinary international Conference on relevance of higher education for the development of Human resources. "
- d) International Journal "Issn.No 2348\*9057 Vol-1 ,Issue No- 3, September 2013 ,Amravati "Title of Paper - " (Effect of yoga Asanas on efficiency of players ) Velocity international journal of Physical education "
- e) International Journal "Issn.No 978-93-84267-04-9 Vol-, Issue No-January 2015, Jalgaon Title of Paper - " (The study of effect of yoga and prenayama practice on respiratory parameters among working women)
- f) International Journal "Issn.No 978-93-85026-04-1 Vol-, Issue No-February 2015, jalgaon Title of Paper - " Comparative study of selected physical fitness abilities between the handball and basketball district level players "
- g) International Journal "Issn.No 2348-9057 Vol-2 ,Issue No- 1, March 2015 ,Amravati "Title of Paper - " effect of pranayama on status of cardio- respiratory endurance in the school students "

iv) The papers of Prof.Tadvi Hasinkha Shakil Ahamadkha have been published in the following journals.

- a) International Journal "Issn.No Vol-1 ,Issue No- , July 2010 , " Title of Paper - "Sports Training and Athlete "
- b) International Journal "Issn.No 2348-9057 Vol-1 ,Issue No- 1, March 2014 ,Amravati " Title of Paper - "A Survey of Mental toughness among Soft- Ball Players"

c) International Journal "Issn.No 978-93-84267-04-9 Vol- ,Issue No- , January 2015 ,Jalgaon "Title of Paper - " A Coparative study of Self Confidence Among B.Ed. and B.P.Ed Students "

v) The papers of Prof.Lathi Kanchan Ramchandra have been published in the following journals.

- a) International Journal " Issn.No Vol- ,Issue No-, 7-9 May 2010 ,Hyderabad , Title of Paper - "Uses of computer science in sports "
- b) International Journal "Issn.No. Vol- ,Issue No-, 7-9 May 2010, Hyderabad "Title of Paper- "Descriptive Epidemiology of injury of female swimmer "
- c) International Journal "Issn.No.Vol-,Issue No-, February 2010 " Title of Paper-" Injury occurrence to elite level women volleyball players "
- d) International Journal " Issn.No .Vol- ,Issue No- , July 2012 , Dhule " Title of Paper -" Injury occurrence to volleyball players "
- e) International Journal "Issn.No Vol- ,Issue No- , March 2014 " Title of Paper - "An Analytical study of injury occurrence to inter-University volleyball players"
- f) International Journal "Issn.No. Vol-, Issue No- January 2015, Jalgaon Title of Paper - A comparative study of self confidence among B.Ed and B.P.Ed Students

vi) The papers of Prof. Bhalodkar Rajendra Gajanan have been published in the following journals.

- a) International Journal " Issn.No 978-93-84267-04-9 Vol- 1 ,Issue No- 1 January 2015 ,Jalgaon " Title of Paper "The effect of yoga on stress management "
- vii) The papers of Prof. Bhangle Ulka Meghsham have been published in the following journals.
- a) International Journal "Issn.No 2321-0389 Vol-, Issue No-, February 2014 ,Jalgaon ", Title of Paper "Steps in Research process "
- b) International Journal "Isbn.No 978-93-82528-86-9 Vol-, Issue No-March 2014, Chopda (Jalgaon)", Title of Paper -" Sports and women "
- c) International Journal " Isbn.No 978-93-84267-04-9 Vol- ,Issue No-Januyary 2015 ,Jalgaon "Title of Paper - " The effect of yoga on stress management "

viii) The papers of Prof. Tulshiram P.Khadke have been published in the following journals.

- a) International Journal "Issn.No 81-86639-04-7 Vol-,Issue No-December 2013," Title of Paper -" Yoga and Pranayama:Beneficial Health Impacts"
- b) International Journal "Isbn.No 978-93-84267-04-9 Vol- ,Issue No-Januyary 2015 ,Jalgaon ", Title of Paper " Role of yoga for stress management "

### • Student progression to higher studies and research -

Our guidance and counselling cell provide guidance for pursuing higher education. The members of All India Physical Education and Allied Teachers Association visit our college on request and provide guidance for pursuing higher education and also motivate our students for pursuing research.

# 3. Give details of institution schools, community/institution, industry networking -

The our institution has networking with following -

A. Schools-

Our institute has linkages with following schools for conducting practice teaching, internship, health and fitness programme etc.

- 1) Garamvikas High School, Prinpala, Jalgaon.
- 2) Geetashankar High School, Kedi, Jalgaon.
- 3) Bhaheti High School, Mahabal, Jalgaon.
- 4) Shakuntala High School, Jalgaon .

## b. Community -

Our institution has good relationship with nearby villages, residential colony, for organizing programmes such as AIDS awareness, Cleanliness awareness, Fitness awareness etc.

### 4. Does the institution have -

### a) Twining programme -

The institution arrange twining programmes with -

- 1) With various District, State and National Sports Associations.
- 2) With Department of Physical Education and Sports North Maharashtra University, Jalgaon.
- c) Collaboration with institutions and organisations like LNIPE, SAI, NSNIS, NCTE state/national sport associations, sports science societies, etc. for professional development of staff and students. (Give details whenever applicable)
- i) The institution has collaboration with following State/National Sports Associations/Federations. The office bearers/coaches/referees help the institution in conducting clinics on different games and sports which update the knowledge of our students and faculty members regarding layout of playfield, changes in rules and regulations etc. These Associations/Federations organize tournaments on our play field which provide opportunity to our students for internship –
  - 1. Maharashtra State Athletics Association.
  - 2. Maharashtra State Mallkhamb Association
  - 3. Maharashtra State TennisVolley Ball Association.
  - 4. Maharashtra State Archery Association.
  - 5. Maharashtra State Handball Association.
  - 6. Maharashtra State Womens Foot Boll Association.
- ii) Our college is life member of Maharashtra Sharirik Shikshan Shashtra Mahavidalaya Vyavasthapan Mahasangha, Pune /Jalgaon which conduct workshop on admission procedure for the B.P.Ed. and M.P.Ed. Students.

# 5. How does the faculty collaborate and interact with the faculty of schools, other physical education college and universities?

Our faculty members regularly attend workshop/conference where they interact with faculty members of other physical education colleges. Our faculty members are life members of North Maharashtra UniversityPhysical Education Teachers Association where they interact with other members as and when the meetings are held.

Our institution have collaboration with 04 schools where practice teaching is conducted. The faculty members, who go for lesson supervision,

interact with school teachers regarding performance of our student teachers and methodology for teaching special subjects.

6. Is the faculty actively engaged with teachers and other school personnel to design, evaluate and deliver various physical education activities including teaching in the schools? If yes, give details -

The institution has decided to conduct workshop for school physical education teachers every year on various aspect of physical education and sports. In the previous academic session we have conducted a workshop on maximum utilization of facilities available in schools. Discussions were also held on designing sports programme and other activities for the benefit of children. The physical education teachers of different schools are also made aware of the new trends in physical education, teaching methods and how to create interest among school students.

# 7. Does the institution work and plan the extension activities along with NGO's and GO's? If yes, give details of the tie-ups and the activities.

Our institution has tie-ups with Department of Physical Education and Sports, North Maharashtra University. Our faculty members help in planning and conducting the intercollegiate tournaments programmes of Department. One of our faculty members is on Board of Physical Education and Sports of this Department.

Our faculty members also help in planning and organization of tournaments of National/State sports organizations.

### 3.6 Best practices in research, consultancy and extension -

1.

# What are the major measures adopted by the institution to enhance the quality of Research Consultancy and Extension activities during the last five years?

In the last five years - 55 dissertation have been completed by our P.G. Students. We also organize guest lectures on qualitative research and use of computer in research. The college has procured sufficient CDs on SPSS for the benefit of our faculty and students.

# 2. What are significant innovations/good practices in Research, Consultancy and extension activities of the institution?

Every year we organize workshop on research for our P.G. students in which the students of other institution also participate. Some of our faculty members have presented research papers in national/international conferences.

## **Criterion: - IV: Infrastructure and Learning Resources**

### 4.1 <u>Physical Facilities :-</u>

# **1.** Does the institution have the physical infrastructure as per NCTE norms? If yes, specify the facilities and the amount invested for developing the infrastructure. Enclose the master plan of the building.

Yes, apart from the land used for construction of Propose Indoor Stadium, Swimming Pool and Multi Gym. Room out of 8.50 acres land is used for construction of double storied college building with following rooms and other amenities.

Sr.No	Room No.	Room / Labs / Toilets, etc.	Carpet Area (sqm)
1.	building Ving A	Visiting Room	26.84
1.	GF-001	Visiting Room	
2.	GF-002	ICT Room	26.84
3.	GF-003	Administrative office	73.75
4.	GF-004	Exam Room	23.30
5.	GF-005	Store Room	7.96
б.	GF-006	Store Room	21.53
7.	GF-007	Gymnastic Room	38.64
8.	GF-008	Boys Toilet	27.14
9.	GF-009	Girls Toilet	7.15
10.	GF-010	Boys Common Room	30.69
11.	GF-011	Multipurpose Hall	124.21
12.		Corridor	680.51
13.	FF-101	Anatomy Lab	24.78
14.	FF-102	Class Room	100.89
15.	FF-103	Staff Room	24.19
16.	FF-104	Girls Common Room	41.89
17.	FF-105	Staff Room	37.46
18.	FF-106	Computer Lab	64.69
19.	FF-107	Class Room	90.46
20.		Corridor	133.48
21.	SF-201	Class Room	91.15

Sr.No	Room No.	Room / Labs / Toilets, etc.	Carpet Area (sqm)
22.	SF-202	Class Room Lab	61.36
23.	SF-203	Class Room	45.13
24.	SF-204	Class Room	36.87
25.	SF-205	Lab Psy	24.41
26.	SF-206	Class Room	30.74
27.	SF-207	Class Room	31.77
28.	SF-208	Health and Physical rooms	15.13
29.	SF-209	Lab	14.62
30.	SF-210	Men Staff Toilet	12.6
31.		Corridor	638.02
32.	TF-301	Library	587.82
33.		Boys Toilet	7.54
34.		Girls Toilet	4.06
35.		Corridor	58.88
36.	building Ving B		
37.	FF-101	Principal Room	42.07
38.		Toilet	13.3
39.		Corridor	213.84
40.	SF-102	Multipurpose Hall	253.89
41.		Toilet	13.3
42.		Corridor	535.13
43.	TF-301	Class Room	22.06
44.	TF-302	Class Room	22.06
45.	TF-303	Class Room	22.29
46.	TF-304	Class Room	22.29
47.	TF-305	Class Room	22.29
48.	TF-306	Class Room	22.29
49.		Toilet Boys	3.87
50.		Toilet Girls	5.7
51.		Corridor	590.81

Sr.No	Room No.	Room / Labs / Toilets, etc.	Carpet Area (sqm)
52.	Kusunba		
	building Ving C		
53.	GF-001	Boys Common Room	21.7
54.		Toilet Boys	8.2
55.	GF-002	Girls Common Room	21.7
56.		Toilet Girls	8.2
57.	GF-003	Class Room	59.5
58.	GF-004	Class Room	59.5
59.	GF-005	Class Room	59.5
60.	GF-006	Computer Lab	59.5
61.	GF-007	Gym	30.17
62.	GF-008	Indoor Stadium	508.08
63.		Corridor	1170.03
64.	FF-101	Principal Office &	62.84
	FF-101	Administrative office	
65.		Toilet Office staff	3.91
66.	FF-102	Class Room	58.56
67.	FF-103	Class Room	60.70
68.	FF-104	Multipurpose Hall	121.41
69.	FF-105	Lab	29.92
70.		Corridor	198.78

- **GF- Ground Floor**
- FF- First Floor
- **SF- Second Floor**
- **TF-** Third Floor

The management has spent Rs. 220.26 lacks for the construction of the building and to develop other playing facilities. These indicates that the management has complied with all the norms and standards prescribed by NCTE for the provision of infrastructural facilities.

# 2. How does the institution plan to meet the need for augmenting the infrastructure to keep pace with the academic growth?

The Institution of the Management periodically reviews the adequacy of the infrastructure and facilities vis-a-vis the requirements of the programmes run by the institution. The Institution management makes sufficient financial provisions in its budget to meet the needs of augmenting the infrastructure which keeps pace with academic growth.

# **3.** What are the various play fields and sports and games infrastructure available with the institution and how does the institution ensure their optimum use?

Apart from Indoor game facilities and Indoor Swimming pool the management has developed various Outdoor playfields on 7 acres land (28328 sq. mts.) which are as under: -

### **1. Outdoor Playfields:**

- a) 400 mts. Running track
- b) Football
- c) Hockey
- d) Kabaddi (Men)
- e) Kho-Kho (One court)
- f) Volleyball (One court)
- j) Space for Malkhamb
- k ) Space for fixed Double and Single Bars

#### 2. Indoor Playing facilities

- a) Badminton (one courts)
- b) Table Tennis (one tables)
- c) Wrestling
- d) Judo
- e) Yoga
- f) Swimming pool (25 x 13 mts)

We ensure optimum use of our games and sports infrastructure in the following ways: -

- By conducting regular practical classes
- By organizing intramural competitions in various games and athletics. (Spread out the session)
- The Institution organizes sports coaching camps during summer and winter holidays.
- We also organize tournaments of N.G.Os, G.Os and Clubs on Sundays and holidays.

- The institution also lend playfields and equipments to our sister institutions & schools linked with us for conducting tournaments with timings when playfields are not is use of institution.
- The institution also allows senior citizens men & women and youths to use our playfields before and after college hours.

# 4. Give details on the availability and use of multi-purpose / special purpose halls, ( If available)

Yes, the institution has an Indoor stadium of size 29.2 x 17.4 x 15 mts. which is used for multipurpose activities. This hall is used for indoor games such as Badminton, Table tennis, Yoga, wrestling, judo, etc. Multi-purpose hall of size 21.70x11.70 mts.which is used for All cultural festivals and other celebrations along with conference / seminar/ students meetings are held here. The Multi-purpose Two hall of size 16.90x7.35 and 14.20x8.55 mts.which used for other activities.

# 5. What are the various general and specialization laboratories / facilities available with the institution?

### The institution have the following laboratories: -

- 1) Psychology & Educational Technology Lab
- 2) Anatomy & Health Education Lab
- 3) Physiology & Health Care Lab
- 4) I.C.T. Lab

### 4.2 Maintenance of Infrastructure:-

**1.** What efforts are made to keep the campus beautiful and pollution free? (It should include information on keeping sport infrastructure in fine, trim and hazard free condition.)

The college campus is situated on the out skirts of the Jalgaon City and Surrounded by lush green trees and beautiful lawns.

- A bore-well and a water sump is available in the campus from which we sprinkle water on our playfields to make them dust free.
- The institution also has grass mowers to trim the grass so as to make the playfields hazard free.
- Three supporting staff appointed on contract basis are available to keep the sports infrastructure in fine and hazard free condition.
- The management of the institution has established three cells viz. Civil Engineering cell, Electrical cell, housekeeping cell and Gardening care cell. These cells work efficiently to keep the institution in fine condition.
- The management has also made available day and night security guards.
- The ground and store management committee monitor the upkeep of sports infrastructure. A storeroom of size 38.64 sq.mts. is available in which the sports equipments are kept in fine condition.
- 2. What is the budget allocation and utilization in the last five years for the maintenance of the following?
  - Building
  - Play Fields
  - Laboratories

- Furniture
- Equipments
- Computers
- Transport /Vehicle

(Give justification for the allocation and unspent balance if any).

Every year sufficient funds are allocated for the maintenance of the building, playfields, Laboratories, furniture, Equipments and the same is utilized for maintenance and up keep. The maintenance of computer laboratories and transport facilities are looked after the management of the Institution. The management has established separate experts in hardware and software who takes care of the computer laboratories. The institute avails these facilities provided by the management.

Sr.No	Particular	2009-10	2010-11	2011-12	2012-13	2013-14
1	Building	-	360800/-	953586/-	508500/-	328125/-
2	Playfields	-	-	-	-	-
3	Laboratories	-	-	-	-	-
4	Furniture	15000/-	30000/-	10000/-	85003/-	71135/-
5	Sports Equipments	27820/-	-	-	39757/-	64020/-
6	Computers	75000/-	-	-	-	5775/-

#### **Budget Allocation:**

The maintenance of Building, Laboratories, Furniture, Transport Vehicles, and Computers is carried out mainly by management of the institution from its resources. The unspent balance is used for other purposes such as payment of electricity bills, water charges etc.

## 3. How does the institution maintain the available infrastructure facilities?

### 1) Building2) play fields3) others

Every year sufficient amount of money is allotted for the maintenance of infrastructure in the annual financial budget of the institution. The general administration committee monitors the maintenance and upkeep of the infrastructure in co-ordination with other committees constituted by the principal for this purpose. These committees meet periodically and takes review of the upkeep of infrastructure. If more finances, over and above the allotted in the budget is required, then supplementary budget is prepared and placed before the Local Managing Committee for reappropriation. The three cells i.e. civil Engineering Electrical, Housekeeping and Gardening are responsible for maintenance of Building, playfields and other amenities these cells work under the guidance of the different committees.

4. Is there a sport infrastructure development and management committee in the institution / department? If yes, give the details of its composition and its achievements over the years.

The principal constituted two committees 1) General Administration committee 2) Store and ground committee these committees jointly look after the development and management of sports infrastructure and also take monthly review of sports infrastructure.

### **Composition of Committees: -**

- 1. General administration committee consists of principal as chairperson, three faculty members and one non-teaching staff.
- 2. Store and Ground maintenance committee consists of one senior faculty member as chairman and one faculty, store-keeper and one student work as members.

### Achievements:

- 1. The committee had suggested to the management for renovation of indoor stadium and same is in progress.
- 2. This committee had also suggested to the management for installing open water filtration plant at swimming pool.
- 3. Yearly white wash of building is also done by the management on recommendation of the committee.

5. Furnish the details of non-consumable and consumable sports, games and activity equipment available with the institution and to give the break-up of the amount spent during the previous year on the up-keep and replenishment of equipment.

The following non-consumables and consumables sports games and activity equipments are available with the institution.

Sr.No	Game	Name of the Equipments	Quantity Available
		High jump stand	03
		High Jump Bar Aluminum	06
		Hurdles	21
		Shot – Put (8 pound)	08
		Shot – Put (12 pound)	04
		Shot – Put (16 pound)	04
		Hammer (16pound)	04
		Stop watches	16
		Toe Board (wooden)	02
		Discus (Rubber) 02 kg	06
		Discus (Rubber) 1 <sup>1</sup> / <sub>2</sub> kg	04
1)	Athletic	Discus (Rubber) 1kg	06
	1 innene	Discus (wooden) 02 kg	03
		Discus (wooden) 1 <sup>1</sup> / <sub>2</sub> kg	03
		Discus (wooden) 1kg	03
		Javelin – men (wooden)	08
		Javelin – women (wooden)	06
		Javelin – men (Aluminum)	03
		Javelin – women (Aluminum)	03
		Starting Block	06
		Take of Board	02
		Pole vault	03
		Measuring Tape 30 mt	06

100mt<	)4 )3 _2 pair )6 20 )8 pair 36 20 )4
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<ul> <li>4) Basketball</li> <li>Basketball (M) Basketball (Net)</li> <li>Stop &amp; Go watches</li> <li>Carom Board</li> <li>Coin set</li> <li>Coin set</li> <li>Straggler</li> <li>Bat</li> <li>Stumps</li> <li>Helmet</li> <li>Abdominal Guard</li> <li>Arm Guard</li> <li>Bails</li> <li>Bating Glows</li> <li>Cricket</li> <li>Batting pad</li> <li>Cricket balls</li> <li>Keeping Glows</li> <li>Keeping pad</li> </ul>	2
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e	)2
	)2
	)6
Football Goal post	)6
Foot pump Football	)6 pair
(7)	)6 pair )1
7) Football Football Goal Net 01 Shine Guard 01	)6 pair )1 )2
Studs 01	96 pair 91 92 24
	)6 pair )1 )2 24 pair
	06 pair 01 02 24 pair pair
	06 pair 01 02 24 pair pair pair set
<sup>8)</sup> <b>Gymnastics</b> Parallel Bar (Fix)	06 pair 01 02 02 04 pair pair pair set 01

		Gymnastics mattress	44
		Horizontal Bar	01
		Spring Board	02
		Beat Board	01
		Vaulting Box	01
		Vaulting Horse	01
			01 pair
		Handball Goal post	03 pair
0)		Handball Goal Net	12
9)	Handball	Handball (Men)	12
		Handball (Women)	
		Hockey Goal Post	01
		Hockey Goal Net	02
		Hockey Helmet	04
		Chest Guard	04
10)	** •	Corner Flag	08
10)	Hockey	Hockey ball	18
		Hockey Goal keeper kit	04
		Hockey stick (wooden)	32
		Hockey stick stand	02
			100
		Gugarukathi	100
11)	Indigenous	Lezium	100 100 main
11)	Activity	Dumbles	100 pair
	Activity	Cane Ring	100
12)	Kho-Kho	Kho-Kho post	04 pair
	IMO-IMO	Lawn tennis post	02 pair
		Lawn tennis Net	02 pan 03
13)	Lawn Tennis	Tennis Rackets	08
		Lawn tennis Ball	20
14)	Malkhamb	Malkhamb	02
		Plain Flag	100
		Marking Rope-Nylon 09 kg	105 mtr.
		Intramural flag	45
15)		College flag	01
15)	Miscellaneous	Marking Chain 30kg.	55 mt.
		Height Measuring Stand	01
		Bhigul	02
		Table Tennis Table	02
		Table Tennis balls	36
16)	<b>Table Tennis</b>	Table Tennis bats	12
		Table Tennis Dats	06
		I able Tellills Ivet	00

		Volleyball post	02 pair
		Antina volleyball (Fiber)	06 pair
17)		Ball carrying Net	04
17)	Volleyball	Volleyball (One piece)	12
		Volleyball (Leather)	12
		Volleyball Net	06
18)	Wrestling	Wrestling mats	44
10)		Boxing Hand Geer	4 pair
19)	Boxing	Boxing Glows	08

The following consumables and non- consumables equipments are purchased during previous year.

Sr.No.	Name of Equipment	Quantity	Amount
01.	Cricket Lather Bat	02	3800/-
02.	Cricket Lather Ball	06	1200/-
03.	Shuttle Box (Yonex)	01	700/-
04.	Badminton Racket (Yonex)	06	880/-
05.	Volleyball ( Nivia )	03	4380/-
06.	Football ( Nivia )	04	2600/-
		Total Rs.	13560/-

6. State whether or not the equipment acquired by the institution is adequate to carry out the activities of the programme. If no, give details on how the deficiency is met.

Yes, the institution has more than sufficient number of sports equipments to carry out the sports and other activities mentioned in the syllabi of different programmes. **4.3 Library as a Learning Resource:-**

**1**. Does the institution have a qualified librarian and sufficient technical staff to support the library- materials collection and media / Computer Services?

Inspire of our best efforts to appoint the librarian qualified available. The institution has two computer technicians. Out of two computer technicians the services of one computer technicians are exclusively utilized for library purposes and the other for institutive services. The library assistant is computer literate.

2. Is there an advisory committee, for the library? If yes give details including the composition functioning and the major decisions (during last three years) of the library committee.

Yes, Composition of Library Committee.

- 1. Chairperson Principal
- 2. Members a) Three Faculty
  - b) Librarian
  - c) Co-opted One PG. Student

#### **Functions:-**

- a) The Library committee takes decisions on purchase of books, subscription of Journals, Magazines, Furniture, Computer accessories, Reprographic equipment, CD etc.
- b) Formulation of rules regarding issue of books, discipline etc.
- c) To carry out inspection of library.
- d) Proper maintenance of books and other materials.

### **Major Decisions: -**

1. In the last three years the library committee has taken decisions to procure sufficient books, subscribe journals and installation of four computers with Internet connection for library which was approved by the local Managing Committee of the institution.

2. Library software was procured and uploaded in the library computer as per the decision of the library committee

- 3. The Committee has decided to purchase Xerox machine.
- **3.** What is the mechanism adopted by the institution to systematically review the various library resources for adequate access, relevance, etc., and to make acquisition decision.

The Library committee consistently carries out the inspection and takes review of adequacy of books, journals, Internet facilities and other material and their accessibility to staff and students. On the basis of review, the committee makes decision and then place it before the purchase committee.

4. Are the library processes (issue, acquisition etc.) computerized? If yes, give details.

Yes, the college library has recently procured multi-user library automation software which includes all the modules [acquisition circulation, cataloging, O.P.A.C.] with necessary reports related to library processing.

# 5. Does the institution library have computer, Internet and Reprographic facilities? if yes, give details on the access to the staff and students and the frequency of use.

The Library has 2 Computers with internet facilities and other accessories to be used by the staff and students. During library working hours the students and staff members frequently make use of Internet to search materials relevant to their subjects. Arrangements are in place for reprographic facilities.

# 6. Does the institution make use of Inflibnet / Delnet / IUC facilities? If yes, give details.

At present the institute does not have these facilities.

#### 7. How do the staff and students come to know of the new arrivals?

The Students and staff are made aware of the new arrivals through circulation of notices. Besides this, notices are also pasted on the library notice board and the new arrivals are kept in separate bookcases atleast for one month.

# 8. Does the institution's library have book bank facilities? If yes, give details on the use of the book bank facility by the student?

Yes, the library of the institution has moderate book bank facilities. The needy students are issued books for the whole session on payment of price of the book. At the end of the session when they return the books 90% amount is paid back to the students.

#### **4.4 ICT AS Learning Resource:-**

# **1.** How does the institution incorporate the new technologies into its Programmes?

The faculty members are encouraged to prepare their teaching aids such as CDs, Pen drive etc which they use in teaching process. They are also make use of ICT to update their knowledge. The students are also encouraged to make used of ICT for preparing their teaching aids which are used in practice teaching in school setting.

2. Does the institution have a dedicated computer lab facility available in the institution? If yes give details of the hardware, software, number of computers, access hours per students, etc. and how the institution ensures the optimum use of the facilities.

Yes, The Institute has a Computer Laboratory in with 20 computers exclusively dedicated with internet facility and necessary modernized hardware and software in the at joining ICT building.

#### Software:

1) M.S Office,

- a) M.S. Word b) M.S. Excel c) M.S. Power point d) M.S. Access
- 2) Windows XP (OS) / Windows 7
- 3) Internet Explorer (Part of Windows XP for internet browsing)

#### Hardware:-

- 1) Intel Pentium Duel core 2.3. GHz
- a) 1 GB Ram b) Hardisk (60 /360 GB) c) 17"TFT Monitor, d) Keyboards e) Mouse f) Printer g ) Scanner h ) CD ROMs I ) Speaker j ) LCD Projector k ) Mother board Intel 1 ) ATX U max Cabinet .

The institutions ensured the optimum use of computer facilities by making it compulsory for the students of all the courses. Minimum one hour access is mandatory for each student.

# **3.** How and to what extent does the institution make use of the new technologies / ICT in curriculum transactional process? (Computers, Internet, audio visual and other media and materials)

Most of the teachers are computer literate. The faculty members frequently make use of new technologies /ICT for developing instructional materials, such as developing CDs, charts and diagrams of sport skill which used in curriculum transactional process through L.C.D. projector.

4. What are major areas for which student teacher use/ adopt technology in practice teaching? (Developing lessons plans, physical fitness and other sports and games related activities, evaluation, preparation of teaching aids)

The format of the lesson plan is given in the syllabus of the university which is followed by the student. As the institution has made computer education compulsory the students teachers prepare their teaching aids like charts and diagram of different skills of games, class formation, warming up exercises, recreational games etc. with the help of internet. These teaching aids are made use of while they give lessons. The information is received from Internet is being used by students in their learning process.

## 5. Is there a provision in the curriculum for imparting computer skills to all students? If yes give detail on the modalities and the major skills imparted?

Though there is no provisions in curriculum for imparting computer skills, but the Institution make every effort to provide computers skills to PG & UG Students. **4.5 Other Facilities:** -

1. How is the instructional infrastructure optimally used? Does the institution share its facilities with others for e.g.: serve as information technology resource in physical education to the institution (beyond the program), to other institutions and to the community, provide support facilities to other institutions, organization and so on?

The institution ensures optimum use of instructional infrastructure (play fields, equipments, Labs, etc) by organizing coaching camps for Children of nearby villages and sister institutions and schools. Our institution is always willing to give permission to sports organization, Department of Physical Education and sports of North Maharashtra University,Jalgaon and Jalgaon District Athletic Association for conducting their tournaments on our playfields. The scholars of various faculties also use our computer lab and library for references. When the institution closes for vacation, these facilities including swimming pool & indoor stadium are open for the members of the community.

# 2. Are the classrooms equipped for the use of latest technologies for teaching? If yes, give detail. If no, indicate the institution's future plans to modernize the classrooms.

The classrooms of the institution are partially modernized with facilities of O.H.P., Slide Projector and white boards and green boards. On some occasions the faculty members make use of LCD projector, as well. The management of institution is keen on modernizing the classrooms by installing latest technologies of teaching in near future.

# **3.** Give details on the facilities available with the institution to ensure the health and hygiene of the staff and students (rest rooms for women, wash room facilities for men and women, canteen, health center etc.)

The institution has following facilities to ensure the health & hygiene of the staff & students.

- a) Separate common rooms for boys and girls
- b) Separate wash rooms for boys & girls
- c) Separate wash room for men & women (Teaching & non Teaching Staff)
- d) Canteen

e) Common multi gym facilities for Men & Women.

# 4. How does the institution consider the environmental issues associated with the infrastructure? (Energy saving devices, using environment friendly naturally degrading materials, water conservation etc.)

The institution is environmentally rich. In Geographical condition the institution makes every effort to stop the misuse of energy with proper discipline amongst the teaching and non-teaching staff of the institute. The institution is kept clean by housekeeping and gardening cell which help in keeping the environmental healthy. The institution is also surrounded by lush green lawns and trees which makes college campus environment pollution free.

5. Does the institution allow the use of sport infrastructure by external agencies such as neighborhood sports clubs, sports associations, corporate sector, business houses, a sports enthusiasts and the like? If yes, give details.

Yes, the institution allows the use of sports infrastructure facilities to the following organization:-

- 1. Jalgaon District Athletic Association for conducting its league tournaments.
- 2. Department of Physical Education and sports of North Maharashtra Universityfor conducting its inter collegiate tournaments in Athletics, Wresting, Judo, Boxing, Cricket, Basketball, Malkhamb, Swimming etc.
- 6. Our institute lends sports equipments to schools linked with us.

# 7. Does the institution has its "website"? If yes, what is the information posted on the site and how often is it updated?

The institution has its own website (www.B.P.Edjal.org). All the information regarding the various courses run by institution, admission procedures, infrastructural facilities, faculty members, academic calendar, sports achievements, academic achievements and other information required by NCTE are posted on website. We update the website as and when the information is updated.

#### a. Best Practices in Infrastructure and Learning Resources :-

# **1.** How does the faculty seek to model and reflect on the best practice in the diversity of Instruction, including the use of technology?

The faculty members update themselves by attending refresher courses, workshops, seminars, orientation courses, clinics etc. and make full use of their knowledge and latest technologies while imparting instructions.

## 2. List innovative practices related to the use of ICT, which contributed to quality enhancement of the institutional provisions.

The institution has following ICT facilities in the institution

1. Latest generation computers are used by faculty members in teaching learning process.

2. Sufficient numbers sports related CD,s. transparencies slides etc.

3. OHP slide projector, LCD projector etc.

# 3. What innovations/ best practices in Infrastructure and Learning Resources are in vogue or adopted / adapted by the institution?

The staff and students are frequently using learning resources such as library, Laboratories. Institution also organizes clinics on different sports which are conducted by international/ national officials & players to update the knowledge of our students through theory & practical demonstrations. The institution has elegant and spacious building with necessary fixtures. The institution also has latest and modern sports equipments to enhance the students overall performance.

### **Criterion – V: Student Support and Progression**

- 5.1 Student Progression:
- 1. How does the institution assess the student's preparedness for the program and ensure that they receive appropriate academic and professional advice through the commencement of their professional education program (student's prerequisite knowledge and skill to advance) to completion?

In the beginning of the academic session, the institute organize a induction programme of new entrants through which the student are made aware about the infrastructural facilities, learning resources, functioning of the institution.

The pre-requisite knowledge and skills of the students are judged at the time of admission process like physical fitness, attitude, knowledge of games and sports etc. In the teaching-learning process, in the beginning the teachers use simple to complete method so that learning becomes understandable and enjoyable to the students. The students are also made aware of the job opportunities in the physical education profession.

2. Does the institution have any direct relationship with state sport associations for deriving various benefits for the students and coaching facility under the NSO programmes? If yes, give detail.

Yes the institution has relationship with the following state sport associations:-

1. Maharashtra State Athletics Association.

2. Maharashtra State Mallkhamb Association

3. Maharashtra State TennisVolley Ball Association.

4. Maharashtra State Archery Association.

5. Maharashtra State Handball Association.

6. Maharashtra State Womens Foot Boll Association.

Some of our staff members and Alumni are members of these associations. Organizations of sport clinics is a regular feature of our institution. We invite coaches/national level players of these associations to conduct these clinics in which they enlighten our students about the rules, regulations and game strategies. We also send our students to work as officials/organizers as and when these associations organize tournaments in and around Jalgaon.

**3.** Give details of the achievement-oriented incentives provided by the institution to motivate students in general and talented sports-persons in particular to participate and win laurels in extramural sport competitions beyond Inter-college, and inter-university level contests. For example:

The College teams are regularly participating in open tournaments organized by NSOs/educational institutions in which some of our teams won first place and performance of other team are appreciable. The sports personal are encouraged and motivated in the following manner:-

### a) Marks reserved for achievement in particular sport/activity: -

More internal assessment marks are awarded to the players of the teams.

### b) High achievement is publicly commended:

The players are facilitated in the assembly of the college and other functions. We also make effort that the achievement of our team is published in daily news papers.

- c) Cash awards are provided according to the level of achievement: -Cash awards are not given but we provide concession in fees.
- d) High achievers' names are inscribed on the honor boards displayed in the institutions/department: -

The names of high achievers are inscribed on the honor board displayed in college.

e) The institution/department provides rewards such as blazers, monograms, ties etc., for outstanding performance: -

The institution provides sports kit which includes warming up suits, apparel and airbags etc.

f) The institution/department ensures through special efforts that the outstanding sports-persons get better placement: -

The institution recommend the names of outstanding sports persons for placements in the schools / institutions as and when they approach us. We also award certificate of achievements to such players, which help them in getting jobs.

# 4. How does the institution ensure that the campus environment promotes motivation, satisfaction, development and performance improvement of the students?

The institution provides best infrastructure sports facilities with qualified and well experienced faculty. We also organize various programs such as intramurals, extramural, celebration of national importance days, leadership and adventure sports camps etc. which satisfy the needs of the students and motivates them for participation and in turn improve the performance of the students. We have linkages with various schools where our students get experience in teaching and class management. The institute also has linkages with various State/National sports associations/Federations which provide internship opportunities to our trainees.

# 5. Describe the possible reasons of drop out (if any) and the measures adopted by the institution for minimizing the drop out?

The reasons of dropout are as under: -

- Language problem
- Little knowledge about Physical Education and Sports.
- Family related problems.
- Adjustment in the totally different and new environment.

The institution make sincere efforts to minimize the dropout in the following ways.

- Provide special counseling to the needy students
- Faculty members are directed by the management to address the family problems.
- Remedial teaching
- Better facilities are provided.

# 6. What additional services are provided to students for enabling them to compete for the jobs and progress to higher education?

The Institution has a Guidance and Counseling cell which provide guidance for competitive examinations. Institution also subscribes copies of competitive examination magazine. We also display the cuttings of vacancies from news papers and Employment News on the display boards. The guidance cell also provide counseling regarding higher education courses run by various institutions and universities through internet facilities available in the college. Apart from our faculty we invite experts who give guidance to our P.G. Students for NET/SET examinations.

### **1.2 Students Support:**

- 1. What are the various provisions in the institution, which support and enhance the effectiveness of the faculty in teaching and mentoring of students?
  - 1) The institution has following provisions for effectiveness of the faculty:-
  - i) The institution is encouraging faculty member to participate in seminars/workshops/conferences by giving financial help to meet their expirees. Many of the faculty members are computer literate and are putting their know-how to effective use.
  - ii) Every year our institution organizes seminar/workshops on different aspect of physical education and sport sciences.
  - iii) Institution also give duty leaves for attending refresher/orientation course. Every faculty member has attended minimum two refresher courses and one orientation course.
  - iv) The Institution also allows our faculty members to accompany the University teams as and when they are appointed as coach/manger for inter-university tournaments where they interact with the coaches/mangers of other university teams.

Participation in such type of the program enhance the professional knowledge of the faculty which they use in teaching, coaching and mentoring of the student's progress.

2. Does the institution have remedial programs for academically low achievers? If yes, give details.

The institution make arrangement for remedial teaching for low achievers in the following way: -

- i) By organizing remedial classes on Sundays and Holidays and after the practical examinations are over.
- ii) By arranging guest lectures.
- iii) By making the library reading compulsory under the supervision of faculty members.
- iv) By giving extra assignments.
- **3.** What is the grievance redressel mechanism adopted by the institution for students? What are the major grievances redressed in last two years?

The Institution has established a grievance redressal cell headed by the principal and male and female faculty and one each male and female students as members which deals with the problems of the students. In last two years no grievances are reported.

4. How is the progress of the candidates at different stages of program monitored and advised?

The Progress of the student at different stages of programs is monitored as under.

- i) Through assignments and term tests After valuation by faculty members the assignments and answer sheets of term tests are returned to the students with remarks for further improvement. Similar method is used for teaching practice.
- ii) By conducting midterm physical efficiency tests After compiling the results the low achievers are suggested follow up activities programme under the supervision of faculty members.
- iii) The feedback from school teachers, who supervise lessons is also taken and the same is made use of for future improvement.
- 5. How does the institution ensure the students competency to begin practice teaching (Pre-practice preparation details) and what is the follow-up support in the field provided to the students during practice teaching in schools?

Teaching practice is an integral part of Physical Education Programs. Prepractice details are as under:-

- 1) The concerned faculty member explains the importance, objectives and how to write the lesson in the given format in class room.
- 2) Students are asked to write lesson which is corrected by the faculty member with suggestions.
- 3) After that the faculty member give demonstration on the playfield as well as in the classroom for general and specific lessons respectively and during this the queries are answered and doubts are cleared.
- 4) Then students are asked to give lessons on peer groups under the supervision of faculty members and corrections, if any, are made then and there. Five lessons are given on peer groups by each student.

When the faculty members are satisfied with the performance of the student teachers they are assigned to various schools to undertake intensive teaching practice under the supervision of faculty members as well as school teachers. As far as lessons on academic subjects are concerned students are asked to interact with concerned subject school teacher for guidance if they need.

6. Give details on the student counseling facilities available to the students of the institution?

The institution does provide counseling to students in the following manner.

#### a) General career counseling: -

We have printed the career opportunities in physical education profession in the college brochure.

## b) Sports-specific counseling to talented sports-persons: -

Our faculty members are expert enough to provide guidance to talented sports persons. Strenuous coaching sessions are conducted in which

performance related tips are given to them. At times we also invite coaches from sports bodies for evaluation of performance and necessary counseling.

c) Academic counseling: -

We have well experienced faculty who are members of our counseling cell which deals with the academic problems of the students and if some specific problems are there these are discussed in the faculty meetings and way-out is suggested to the concerned students.

# d) Personal counseling to low achievers: -

The management of the Institution has directed the faculty members to take personal care of low achievers by using such teaching methods which motivate them and build confidence in them so that they can cope up with academics and sports achievement problems.

### e) Therapeutic counseling on health, fitness, behavior etc: -

During training the faculty members keep keen watch on the students and if any problem related to these is noticed in a student, he is directed to the medical committee and guidance and counseling cell which provide need based counseling to the student.

# f) Placement services: -

Placement services are looked up by general administrative committee which display the cutting of vacancies on the display boards as well as make announcement in the general assembly of the students. These committees also make efforts to obtain information of vacancies through office correspondences.

#### g) Any other (specify and indicate)

- a. The minor and personal problems of students are solved by the faculty members in an informal manner.
- b. Utmost importance is given to the maintenance of discipline punctuality, hard work and good behavior among the students to minimize the academic and other problems. The guidelines for this purpose are printed in the college brochure.

# 1. Does the institution provide sports coaching to students / trainees? Are students encouraged to qualify as sport officials (referees, umpires, table officials) so as to add to their competency? If yes, give details thereof.

The institution does provide sports coaching to our trainees by organizing coaching classes on holidays and before and after college hours. We also encourage and motivate students to appear in the tests for officials conducted by sports organizations. To update the knowledge of our students in games and sports we organize sports clinics of maximum games which are helpful for passing such tests. In these clinics the interpretations of rules and regulations, new technologies etc. are explained by coaches/referees of sports organizations.

2. Are the students from the institution encouraged to join specialized coaching courses provided by the various National Institutes and other organizations? If yes, give details for the last three years.

Our faculty members and guidance and counseling cell provide information of the Institutions which run such courses. We encourage the talented sports persons to join such courses run by NSNIS & LNUPE at different cities in India.

## 9. Does the institution publish "its" updated prospectus/handbook annually? If yes, what are the aspects on which information is provided in the prospectus/handbook?

Every year the Institution publish its updated college information brochure in which the information about the following aspects is provided: -

- i) Parent body which run the institution.
- ii) College Campus and year of establiment of the institution.
- iii) Recognition of the institution by Regulatory bodies.
- iv) Building and sports infrastructure.
- v) Vision Mission and objectives.
- vi) Faculty
- vii) Admission procedure of all the programmes.
- viii) Scheme of Examinations.
- ix) Fees
- x) Freeship and Scholarship.
- xi) Library and its rules
- xii) Laboratories
- xiii) Academic and sports achievements
- xiv) Alumni linkages.
- xv) Working hours and Attendance
- xvi) Conduct and Discipline
- xvii) Admission and Medical form are attached
- 10. Does the institution provide training and access to library and other education related electronic information, audio/video resources, computer hardware and software related and other resources available in the institution to the student teachers after graduating from the institution? If yes give details on the same.

Yes, the institution provide training and access to library, Laboratories and other education related electronic, I.C.T. resources available in the institution. The institution has well stocked library and computer laboratory having 20 computers with internet and other accessories.

Our institution allow our pass out students to use our training and learning resources on make shift basis, free of charge to update their knowledge in the field. Many of the students are who want to pursue higher education like M.P.Ed, M.Phil, Ph.D or are preparing themselves for NET/SET/Competitive examinations make frequent use of our learning resources

#### 5.4. Students Activities:-

#### 1. Does the institution have an Alumni Association? If yes,

- (a) List the current office bearers?
  - Yes, the institution has its Alumni Association.

Following are the office bearers of the Alumni Association.

- i. Dr. Narayan S.Khadke -President.
- ii. Prof. Rajendra G.Bhalodkar -General Secretary.
- iii. Dr. Varsha N.Khadke -Secretary.
- iv. Prof.Jayavant K.Shimpi -Treasurer.
- (b) Give the year of established and the last election held?

The Alumni association was formed in the year 2011-12 and the election of office bearer was held in the same year.

- (c) List Alumni Association activities of last two years? Activities of the Alumni Association are as under.
  - i. Provide guidance and help to the pupil teachers in teaching practice.
  - ii. Provide feedback on teaching practice.
  - iii. Conduct clinics on games and sports.
  - iv. Provide assistance in organizing sports coaching camps.
  - v. Provide feedback on teaching process and functioning of the office.
- (d) Details of the top 10 Alumni occupying prominent positions/excelled in sports and games: Most of our Alumni are well placed as under: List be given.
- 1) Prof .Satish M.Kogta,Adv.S.A.Bhaheti Arts ,Commerce and science College ,Jalgaon
- 2) Prof.Y.D.Desle.P.K.Kotecha Mahile Arts ,Commerce and science College, Bhusawal
- 3) Prof. S.M.Wankhede, Arts ,Commerce and science College, Varngaon.
- 4) Prof. Mahesh R.Patil,A.R.B.G. Arts ,Commerce and science College,Shendurni.
- 5) Prof. Chandkhan S.Khan,Ikara H.J.Thim Arts ,Commerce and science College,Jalgaon.
- 6) Prof.K.P.Pathak, Arts ,Commerce and science College,Bodwad.
- 7) Prof.Virendra s.Jadhav,Sant Mukatabai Arts ,Commerce and science College,Muktainagar.
- 8) Prof.S.N.Zope, S.W.P. Arts ,Commerce and science College, Anpur.
- 9) Dr.A.V.Upadhay,P.O.Nahata Arts ,Commerce and science College,Bhusawal.
- 10) Prof.B.L.Patil.V.S.Naik Arts ,Commerce and science College,Raver.
- (e) Give details on the contribution of alumni to the growth and development of the institution. :-

The Alumni Association was formally formed in the college in the year before last year and it has yet to come out with viable proposals for helping the college in different spheres except that at times it provide feedback about teaching-learning resources and administrative aspect of institution.

# 2. How does the institution encourage students to participate in extracurricular activities including sports and games?

The institution does encourage our students to participate in extracurricular activities such as cultural activities, games and sports, literacy activities, study tours by giving incentives as under.

- (i) By awarding merit/participation certificates.
- (ii) By giving weightage in internal assessment marks.
- (iii) By providing free sports kit.
- (iv) Concession in fees.
- (v) By providing equipments as per the needs.

- (vi) By giving T.A. & D.A. and other financial help, if necessary for participation in the events.
- **3.** How does the institution involve and encourage students to publish materials like catalogues, wall magazines, college magazine, etc.

The students are asked to prepare charts of different play fields and pictures of different skills of their game of specialization.

4. Does the institution have a student council or any similar body? Give details on-constitution, major activities and funding.

In every academic session the student council is formed as per direction of North Maharashtra University, Jalgaon.

5. Give details of the various bodies (academic and administrative) which have student representation on it.

The institution gives due representation on some committees of the college which are as under.

- a) Intramural committee.
- b) Ground and store maintenance committee.
- c) Grievance redressal cell.
- d) Library committee.
- 6. Does the institution have a mechanism to seek and use data and feedback from its graduates and current students to improve the preparation of the program and the growth and the development of the institution? If yes give details.

The Institution has prepared a format of feedback from current students regarding teacher's teaching skills and management of student activities. The suggestions of pass out graduates, who are members of our alumni association, are also considered. The feedback and suggestions received from the students are reviewed and discussed in the faculty meetings and changes, if any, are made in the day to day functioning to ensure more participation and involvement of students in various institutional activities which ultimately help in the development of program and growth of the institution.

#### 5.5 Best Practices in student support and progression:

- **1.** Give details of institutional best practices in student support and progression.
  - 2. Financial support is provided for any serious injury occurred during college hours.
  - 3. Guidance for competitive examinations.
  - 4. Fees concession is given to poor students and those who represent affiliating University in games and sports.
  - 5. Transportation facilities are provided to the students.
  - 6. Institution provide ample opportunities to get experience in organizational and officiating aspects of sports.

## 

# **Criterion VI**

### 6.1 Governance and Leadership

## 1. What are the institution's stated purpose, vision, mission and values? How are they made known to the various Stakeholders?

Our institution provides services to the students community and stakeholders for their development with the following vision, Mission, Purposes and values:-

**VISION-** "To become a benchmark Physical Education Institution where learning is a joy, education is for tomorrow, R & D is pace setting and everyone is committed to deliver competent human resource for development and well being of educational institutions, profession and Society."

**MISSION** - To prepare competent need based human resource and responsible citizens in the field of Physical Education through dissemination of practical but scientific knowledge, development of skills and leadership qualities to create an environment that foster involvement and commitment of all stakeholders for continuous improvement in performance and quality of life for all.

#### VALUES -

- Character Building
- Service to humanity
- Awareness of Global issues
- Commitment to excellence
- Personality development

#### **PURPOSES** –

- To promote health and fitness of the masses
- To promote excellence in education at all levels.
- To identify, nurture and develop talents of budding sports persons without gender discrimination.
- To promote research in physical education ad sports sciences.
- To co-operate with the Govt. and other organizations in their efforts to raise the standard of sports and fitness of the youths of our country.
- To popularize the traditional Indian physical education system and sports.
- To prepare and produce physical education teachers with commitment to the profession and make them capable of meeting the challenges of the new area.
- To inculcate a sense of National Responsibility through its efforts to develop physical education a base for the betterment of the future generation.
- To stimulate interest and awareness among the children about physical education, health, sports and Nutrition through its extension programmes.
- To encourage teachers to publish conducive literature on physical education profession.

The vision, Mission and values of the institutions are made known to the various stakeholders through college website and are also printed in the college brochure. 2. Give information on how the mission include the institution's goals and objectives in terms of addressing the needs of the Society, the students it seeks to serve, the school section, Institution's traditions and value orientations?

Traditionally the Physical Education Profession has been viewed as providing services to the schools and school aged population. However, within the last 24 years or so, the scope of Physical Education has expanded tremendously. Employment opportunities have grown up from traditional career of teaching and coaching in schools to teaching and coaching career in non school settings, Health and Fitness related careers, Sports Management careers, Sports Media careers etc. The fitness boom and increase in leisure time has created a market for Physical Education Programs. Considering the social, cultural and educational factors of Physical Education we have prepared the vision mission, objectives and values of the institution which are relevant to the needs of Society, students, the school setting, non school settings.

**3.** How and with what frequency are the vision, mission and implementation plans monitored, evaluated and revised?

The various committees which are constituted for different purposes monitor all the programmes directed towards achievement of vision, mission and plans. These committees, through feedback received from students and peers evaluate the plans as and when required. After due deliberation among themselves the faculty members indentify the deficiencies, if any and prepare short term goals for further revision as per need and proper implementation of plans.

4. How does the institution identify and address the barriers (if any) in achieving the vision/mission and goals?

Barriers in achieving the mission and goals are identified through regularly held faculty meetings and feedback received through the students and on account of exigencies alternative supportive action is taken by the Principal in consultation with management to address the problems to prevent distraction in achieving the mission and goals.

5. Enumerate the top management's commitment, leadership role and involvement for effective and efficient transaction of teaching and learning process functioning and composition of various committees and Board of Management (BOM), (BOG etc.).

The parent body of the institution i.e. Sadguru Education Society's, Jalgaon was founded in 1987 by a reputed academician with members from different fields. The mission of Society is to generate effective synchronization amongst academicians, professionals, technocrats and students so as to achieve excellence in the field of education with a sense of commitment to meet the national aspiration. Our institute is progressing with an objective to create facilities for achieving advanced academic and professional competence in experienced human resources under the able leadership of our chairman and other members of the Society.

- A) The composition of Governing Body of the Society is as per the Memorandum of the parent body which is as under:
  - i) Categories of membership
    - a) Founder members: Those who deposit Rs.101/- as membership fee
  - ii) Age limit: 18 year and above: -
    - There shall be two bodies i.e.: -
    - a) General body :- It include all type of members.
    - b) Executive body : It consist Thirteen (13) members out of which are will be chairperson, and one will be Secretary, and remaining Eeleven (11) will be members.

The overall control of the institution rests with G.B.

### **B)** Other Committees:

- 1. Local managing committee which consists of the following members:
  - a) President or chairman of the management or his nominee-Chairman;
  - b) Secretary of the management or his nominee;
  - c) Three local members representing different fields of the area, nominated by the management;
  - d) Three teachers, elected by the teachers of the college or institution;
  - e) One non-teaching employee, elected by the non-teaching employees of the college or institution;
  - f) Principal as Member-Secretary.
  - g) One representative of the management.

#### 2. Functions

The powers and duties of the local managing or advisory committee shall be to: -

- a) Prepare the budget and financial statement;
- b) Recommend to the management the creation of the teaching and other posts;
- c) Determine the programme of instruction and internal evaluation and to discuss the progress of studies in the college.
- d) Make recommendations to the management for the improvement of the standard of teaching in the college;
- e) Formulate proposals of new expenditure not provided for in the college budget;
- f) Advise the principal regarding the intake capacity of various classes, preparation of time-tables, distribution of the available teaching workload and such other matters relating to the internal management of the college and discipline of the college students as may be referred to it by the principal, from time to time;
- g) Consider and make recommendations on the inspection report, if any;
- h) Consider and make recommendations on the report of the local inquiry committee, if any;

- i) Prepare the annual report on the work done by committee for the year ending on the 30<sup>th</sup> June and submit the same to the management, the Management Council of the university and to the concerned Director;
- j) Perform such other duties and exercise such other powers as may be entrusted by the management and the university.

The Principal of the institute being the Primary head on the spot of the institution has several committees to look into administrative, academic aspects of college functioning which are constituted in the beginning of the session.

# 6. How does the management and head of the institution ensure that responsibilities are defined and communicated to the staff of the institutions?

In the beginning of every session a meeting of Local Managing Committee (L.M.C) is held in which, apart from other agenda, due deliberations are held on the duties and responsibilities of teaching and nonteaching staff. On the basis of performance of faculty in the previous session and in consultation with principal the duties and responsibilities are defined which are communicated through principal. The relevant ordinance of the affiliating university is also considered for defining the responsibilities.

# 7. How does the management /head of the institution ensure that valid information (from feedback and personal contracts etc.) is available for the management to review the activities of the institutions?

The management of the College has constituted an Academic review Committee consisting of Secretary of Parent Body, Director of the management and Principal of the College which takes two monthly review of the activities completed, through a proforma evolved for this purpose and after going through the proforma it calls faculty members for personal interactions.

The principal ensure the validation of feedback through face-to-face interaction with students and peers. The principal make aware the Director of the institution about the factual information which the management review the activities and suggest necessary measures, if decned necessary.

#### 6.2 Organizational Arrangement

1. Give the organizational structure and the details of the different committees (academic and administrative bodies) constituted by the institution for management of different institutional activities? Give details of the meetings held and the major decisions made and implemented regarding academic management, finance, infrastructure, faculty, research, extension and linkages and examinations during the previous year.

In the beginning of the academic session, the Principal in consultation with faculty members constitute following committees which are communicated to the chairman of LMC. These committees coordinate and monitor the various programs, and every committee takes its own decision on the basis of requirements which are approved by the Principal and finally by the management. Organizational structure of various committees is as under: -

- 1) Administration committee:
  - Chairperson - - - - Principal

ii) Accountant from Non-teaching staff

- Advisor - - - Director of the institution
- Meetings:
  - Generally this committee meet thrice in an academic session
- Decisions:

All major decisions are taken by this committee regarding the functioning of the institution, distribution of responsibilities to various committee, future development of the institution, take stock of the performance of different committees organization of coaching camps etc.

- 2. Academic committee:
  - Chairperson - - - Principal
  - Member - - - Two faculty members
  - Advisor ----- Director of the institution
  - Meetings
    - This committee also meets thrice in a session i.e.
    - i) Beginning of the year
    - ii) After winter vacation
    - iii) In the end of the session
  - Decisions
    - i) This committee decides about the activities (curricular, cocurricular, extracurricular) to be included in the academic calendar.
    - ii) To fix dates of term tests, collection of question papers and arrangements for term tests
    - iii) Decisions on feedback
    - iv) It decides about the remedial teaching
    - v) Distribution of subjects to teaching faculty and prepare the timetables for all the programmes.
  - 3. Medical committee:
    - Chairperson - - - Senior medical officer of the institution

    - Meetings

This committee meets as per the need of the trainees and faculty members.

• Decision

This committee takes all decisions regarding medical check-up and treatments/therapeutic exercises required for injured trainees.

- 4. Practice Teaching Committee:
  - Chairperson - - Faculty member who teaches methodology subject
  - Member - - - - 1 faculty member
  - Meetings

This committee meets thrice in session i.e.

i) In the beginning of the session

- ii) After winter vacation
- iii) At the end of the practice teaching programme
- Decisions:
  - This committee takes decision on the following: -
  - i) Decides about the dates from which the teaching practice the started
  - ii) Decides about the lessons to be given on peers and in schools.
  - iii) Distribution of formal activities and games and sports
  - iv) Decision on transportation of student teachers to schools
  - v) To collect feedback on practice teaching of the student teachers form the Head of the schools/teachers.
- 5. Store and Ground Maintenance Committee:
  - Chairperson - - Senior faculty member
    - Members - - - i. One faculty member
      - ii. Store keeper.
      - iii. Two senior students from different classes.
  - Meetings
    - This committee meets thrice in a session
  - Decision
    - This committee takes decision on the following:
    - i) Marking and maintenance of the playfield
    - ii) Systematic placement and upkeep of sports equipments
    - iii) It also take decisions on requirement of sports equipments and the same is recommended to the purchase committee
    - iv) To maintain stock register properly.
    - v) To frame rules for issue of equipments to trainees and other organizations linked with us.
    - vi) To repair, auction and dumping sports equipments which are not useable for college activities.

## 6. Purchase Committee:

The purchase of sports equipments, laboratory instruments, library books, furniture and fixtures, stationary etc. is done by the central purchase constituted by management of the institution on the recommendation of Principal and Chairpersons of different committees.

#### 7. Library and laboratory committee:

- Chairperson - - Principal
- Members ----- i) Two faculty members
  - ii) Library assistant
  - iii) Two students, one each from UG and PG classes.
- Meetings

This committee meets thrice in a session

• Decision

This committee take decisions on the following

- i) It takes decisions on purchase of books, furniture and fixture, library software and subscription of journals and recommend the same to the Principal.
- ii) To properly maintain library records and accession register and to take stock of library books.
- iii) Timings and rules of the library
- iv) Systematic maintenance of library
- v) To frame rules and timings for the use of the library to users other than present students and faculty members.
- vi) Installation of computers with internet and other accessories in the library.

#### 8. Finance Committee:

- Chairperson - - - Principal
- Members - - - i) One senior faculty member
  - ii) Accountant
- Advisor - - - Director of the institution
- Meetings:

Generally this committee meets twice in a session and if necessary emergency meetings are also called.

- Decisions:
- This committee takes decision on budget and allocation of amounts to different activates and programmes of the institution and utilisation of funds.
- ii) Proper maintenance of the accounts of the institution and to send the accounts for internal and external audit.

## 9. Admission Committee:

- Chairperson----- Principal
- Members- - - i) Three faculty members who are incharge of three courses run by institution
  - ii) One non-teaching staff
- Advisor - - - - Director of the institution
- Meetings

This committee meets twice, once before the start of the admission and one after the admission process is completed

• Decisions

It takes decision regarding admission process as per the norms of affiliating university / NCTE. All decision about CET are taken by private management of physical education institutions

- 10. Research Development Committee:
  - Chairperson - - - Principal
  - Members - - - Two senior faculty members
  - Meetings

This committee meets quarterly

- Decisions
  - i) Proper maintenance of laboratories

- ii) Purchase of instruments of laboratories
- iii) To frame rules for issue of lab instruments to students, faculty and other research schools.
- iv) To conduct workshop seminars
- v) To consider and approve the research topics of PG students
- 11. Intramural and Extension activities committee:
  - Chairperson - - Senior faculty member
  - Members - - - - i) One faculty member
    - ii) Doctor
    - iii) Three students representing each course

• Meetings

This committee meets twice in a academic session

- Decisions
  - i) It decides the games and sports for which intramural competitions will be conducted.
  - ii) It takes decisions on the days and timings of intramural competitions and extension activities
  - iii) It takes decision on extension activities to be organized throughout the session.

The decision taken by above committees are approved by principal in some cases and in other chairmen of Local Managing Committee.

Aforesaid committees plan organize and the implement curricular, and co-curricular activities according to BPE, B.P.ED, M.P.ED curricula and needs of the student for the whole session.

2. To what extent is the administration decentralized? Gives the details of its functioning.

The administration is decentralized by constituting various committees with defined responsibilities for the smooth functioning of the College. These committees work in coordination with each other. Every committee takes its own decisions on the basis of requirements of various programs which are approved by the Principal and finally by the LMC.

**3.** How does the institution collaborate with other sections/departments of the institution and school personnel to improve and plan the quality of educational provisions?

Ours is a single faculty College and hence we do not have separate departments but we have collaboration with schools and nearby technical institutions. Strategic planning is done on basis of outcomes of interaction with these institutions.

## 4. Does the institution use the various data and information obtained from the feedback in decision making and performance improvement? If yes, give details.

Yes. The Administrative set up of the college is well organized. The collection of information and feedback received from Alumnae, Peers and teachers of schools and our present students on the quality of teaching and organization of various programs is a regular feature of the institution. After compiling the feedback adjustment in time table, working hours, coaching schedules, library timings etc. are reviewed and necessary changes are made if

required. Similarly feedback obtained from the heads/teachers of the schools where practice teaching is carried out is preferably used for further improvement in the teaching ability process of our student teachers.

5. What are the institution's initiatives in promoting co-operation, sharing of knowledge, innovations and empowerment of the faculty? (Skill sharing across department creating/providing conducive environment)?

The faculty members of the institution work as a team and help each other in organizational aspect of programs. The management has the policy for faculty members to pursue academic excellence through participation in conferences, refresher and orientation courses where they share their knowledge and innovative ideas with others that helps them to enrich their knowledge. The knowledge gained so is used by faculty members in day-today teaching learning process which create conducive environment in the institution.

6. How does the management encourage and support involvement of the staff for improvement of the effectiveness and efficiency of the institutional process?

The relationship between management and faculty is very supportive and cordial. The management encourages and supports the involvement of faculty in academic affairs by giving autonomy, to a great extent. The management of the institution is always keen on creating facilities for new and innovative technologies which the faculty uses in their teaching – learning process. This helps in enhancing effectiveness and efficiency in the functioning of the institution.

### 6.3 Strategy Deployment and Development

**1.** How does the institution allocate resources (human and financial) for accomplishing and sustaining the changes resulting from the action plans?

Strategic planning is done in the beginning of the session to achieve the objectives of education as well as institution by preparing time bound action plan which is effectively implemented by judicious allocation of human and financial resources. Whenever any change in respect of human resources occurs in the plan the Principal takes alternative supportive action in consultation with the management to prevent disruption of academic and administrative schedules in the larger interest of the students. If more finances are required the supplementary budget is prepared and placed before the LMC for re-preparation.

2. How are the objectives communicated and deployed at all levels to ensure individual employee's contribution for institutional development?

The local Managing Committee includes members of teaching and non-teaching faculty and in the meeting held in the beginning of the session communicate the goals to the employees and their contribution in the development of institution is ascertained.

# 3. Describe the procedure of developing and deploying the institution academic plan.

The academic plan of the institutions is prepared by the academic committee in the form of academic calendar which is placed before the faculty meeting. The faculty members, after due deliberations prepare an action plan for effective implementation and completion. The students of the college are also made aware of the plan.

4. Has the institution an MIS in place? If yes, give details on how it is used to select, collect, align and integrate data and information on academic and administrative aspect of the institution.

The institution have two committee i.e. Administration committee and Academic committee which are responsible to monitor the administrative and academic aspects of the institution. These committees collect information through feedback from students and peers.

Principal being the chairman of both the committees select the viable information on both the aspects and offer discussions with other faculty members prepare a composite date of information of the aligning the information. Thus integrated information is used for further improvement in the functioning of the institution and academic activities.

5. Details on the workload policies and practices that encourage faculty to be engaged in a wide range of administrative and professional activities including teaching, research, assessment, monitoring, working with schools and community engagement.

The College has adopted the workload policy of UGC and affiliating University. The head of the institution in consultation with the faculty members allocate extra 2 hours workload per day for monitoring professional activities such as to engage tutorial classes, research guidance, working with schools, and other assessment of assignment and engagements.

#### 6.4 Human Resource Management

**1.** How are the needed resources (human and financial) planned and obtained to support the implementation of the mission and goals?

On the basis of preceding financial year, mission and goals and past experiences in providing teaching-learning resources, the institution prepare its academic calendar in which all round development and aspects of professional development of our trainees is given due consideration.

The human resources are appointed after considering the workload of kthe faculty and admitted student strength. If qualified persons are not available then we appoint contributory staff.

Sufficient amount of money is allocated in the budget then achieve the mission and goals of the institution. More financial provision, if needed are made by the management to implement the academic calendar effectively.

2. Does the institution has an inbuilt mechanism to check the work efficiency of the non teaching staff? If yes, give details.

The institution has set-up Internal Quality Assurance Cell (IQAC) which receive feedback from the student and faculty members regarding work efficiency of non-teaching employee and after analyzing the information the head of the institute suggest better ways and means to work effectively.

# 3. Is there a grievance redressal mechanism in the institution for the staff? If yes, how does it handle the grievances of the employees and others? Give details of last three years.

Yes, the management of the college has given authority to the Director of the institution to deal with grievances of the college employees. As the relationship between management and employees is supportive and cordial hence till date no grievance are reported from any employee.

Does the institution has the freedom and the resources to appoint and pay temporary/ad-hoc/part-time faculty? If yes, give details. If no, state how the workload resulting from additional programs/Courses Expansions is managed?

Yes, the parent body of the institution has given free hand to the Principal to appoint temporary/ad-hoc/part-time/contributory faculty. In case non-availability of qualified persons, the principal appoint contributory faculty as per the workload, need of curricula transaction and organization of other programmes. The payments to contributory staff are made by the institution as per the norms of affiliating university as sufficient financial provision is there in the budget of the institution.

5. What are the major initiatives of the institution for ensuring personal and professional/career development of the teaching and non-teaching staff of the institution (training, organizing and sponsoring professional development activities, promotional policies etc.)

The institution does have a policy on the personal and professional development of teaching and non-teaching staff. Teaching Staff members are motivated to get Ph.D. degrees and in last Five years one faculty members have obtained Ph.D. degrees in the field of Physical Education. Similarly, faculty members are encouraged to participate in State/National /International level seminars, workshops, conferences and also to attend refresher/orientation courses. Financial help is provided to the participated in these competency improvement activities during last 5 years. The College itself has organized a few seminars and workshops. Quite a good number of faculty members have presented papers in seminars, conferences etc.

6. What are the mechanisms in place for performance assessment (teaching, research, service) of faculty?(Self appraisal method,comprehensive evaluations by students and peers). Does the institution use the evaluation outcome to improve teaching, research and service of the faculty? If yes, give details.

The institution has evolved a comprehensive performa for students to evaluate the teaching performance of teachers and in order to exert effective teaching process the student's feedback is made use of (Performa annexed). The institution also make use of self appraisal proforma duly filled in by teachers and the feedback is utilized constructively for improvement of their teaching competency, research and service reports.

7. What are the various health, insurance and first aid services available to the students' trainees and members of the teaching and non-teaching staff of the institution?

The first aid services are available in the institution for both students, teaching and non-teaching staff of institution. The Medical Officer of the institution is available round the clock for any medical help

required by the student/faculty. Moreover, Bhangale Hospital is on walking distance. Midterm Medical checkup of students is carried out by our Medical Officers and follow up procedures are conveyed to the ailing trainees. We also encourage our faculty and students to attend free medical check-up camp organized by Bhangale Hospital every year. Management is planning to start health insurance service to the employee of the institution.

8. What are the welfare measures for the staff and faculty, which effect and improve staff well being satisfaction and motivation?

Welfare measures are collaborating with the parent body in the form of E.P.F., loans and medical expenses re-imbursement. The admissions to the wards of the teaching and non-teaching faculty members in the sister institutions are given on the priority basis and concession in fees is also given.

9. How does the institution ensure that the statutory and regulatory requirements pertaining to human resources are fulfilled? (NCTE norms, University/State Govt. Regulations). How many faculty have been recruited without the essential qualifications prescribed by the regulatory body?

The institution ensures that the norms & standards of NCTE / affiliating University/State are strictly observed and followed in the appointment of teaching and non-teaching staff. Except contributory no faculty has been appointed without the essential qualification prescribed by U.G.C./NCTE/University.

# 10. Does the institution follow any testing methods to periodically evaluate the physical fitness of the faculty? If yes, give details.

No such practices are suggested by regulatory bodies; however the parent body of the institution motivate the teaching staff to maintain their fitness so as to demonstrate activities effectively.

11. Is there a mechanism in the institution to reward and motivate staff members? If yes, give details.

The faculty members whose results are good enough are felicitated on the function organized on occasion of foundation day of the Society in front of large gathering.

6.5 Finance Management and Resource Mobilization

1. What are the budgetary resource to fulfill the vision and mission and offer quality programs? (Budget allocations over the past five years, depicted through income expenditure statement, future planning, resources allotted during the current year and excess/deficit).

The budgetary resources of the institution are fees received from students and management also provide financial help if needed. The budget of the institution is prepared keeping in view the vision, mission and objectives of the institution and on the basis of preceding financial year's expenditure and income. The amounts are judiciously allocated as per the need of different programs and future plans. The deficit, if any is met by parent body of the institution through its own resources. Rs. Two Laces have been allotted for future development of the institution.

2. Does the institution get financial support from the Government? If yes, mention the grants received in the last three years received under different heads? If no, give details on the sources of revenue and income generated by the institution.

Our institution is self financed institute. The sources of revenue are fees collected from the students and contribution of parent's body.

**3.** How does the institution decide on fee and other charges to be paid by the students? (Give the detailed break-up of fee and other charges and the

total amount collected from the students annually for each of the programme). Have there been any changes in the tuition and other fees during the past three years? If yes give details.

Fees of B.P.Ed. M.P.Ed. courses is decided and fixed by the State Government and the fees of B.P.E. course are fixed by affiliating University. The details of the fees are as under:

		Tuition Fee	Other Fees
A.	B.P.Ed. One year course	25050 /-	1284/-
В.	M.P.Ed.	25050/-	1284/-
C.	B.P.E.	7100 /-	1184/-

From last three years there is no change in tuition or other fees.

4. Is the operational budget of the institution adequate to cover the day-today expenses? If no, how is the deficit met?

The provision of income to meet out the day-today expenditure of the institution is adequate. The financial resource is judiciously allocated and effectively utilized for day-to-day expenses. The deficit is met by the management form their own resources.

5. Are the accounts audited regularly? If yes, give the details of internal and external audited procedures and information on the outcome of last two audits (Major pending audit pares, objections raised and dropped).

The Institution has good financial practices. The accounts of the institution are regularly audited every year.

i. Internal audit system:

The internal audit of the institution is held twice a year. The Chief Account and Finance Officer of the management carryout inspection of the institution accounts.

ii. External audit:

The external audit of the accounts is carried out by a C.A. appointed by the management. So far no objections have been reported in the audited statements.

# 6. Has the institution computerized its finance management systems? If yes, give details.

Yes. The parent body of institution has evolved software through which all information of income and expenditure is transferred to the Computer installed in the office of the Society.

## 6.6. Best Practice in Governance and Leadership

# **1.** What are the significant best practices in Governance and Leadership carried out by the institution?

- 1) The fees charged from the students are not very high.
- 2) The relationship between the faculty and principal on the one hand and the principal and faculty and management on the other, is cordial.
- 3) Academic review of faculty by College Management is a regular feature.
- 4) For effective governance different committees have been formed to ensure deliberations, planning and effective implementation of academic calendar.
- 5) Regular review of all the college activities is taken by the secretary and chairman of the parent body.

# **Criterion VII Innovative practices**

#### 7.1 Internal Quality Management

#### 1. How does the institution evaluate the achievement of goals and Objectives?

Before the commencement of every session the academic committee prepare academic calendar keeping in view the goals and objectives of the institution. All the activities, curricular and co-curricular are conducted as per the academic calendar so as to achieve the institutional goals. The achievement of goals and objectives is evaluated as under:-

- i) Midterm evaluation is carried out through unit tests by which the performance of students is noted.
- ii) Regular assignments are given to the students which provide platform for safe study.
- iii) The suggestions of all passing out students and peers are taken care of.
- iv) The final evaluation is done on the basis of University results.

The outcomes of evaluation and feedback are discussed in the faculty meetings as well as with the management to identify any lacunae and appropriate decisions are taken to eliminate these. The internal coordination among various committees and monitoring system is effective enough to achieve the goals and objectives of the institution the feedback and information provided by the students, peers, alumni etc is well appreciated by the institution.

# 2. How does the institution ensure and monitor the quality of its academic programs?

The institution ensures and monitors the quality of its academic programmes through its academic committee. This committee prepare an academic calendar, keeping in view the objectives of the institution and established guidelines of the affiliating university. This committee takes feedback from students and faculty members and on the basis of feedback identify barriers, if any, and suggests measures to eliminate those. Finally the I.Q.A.C. review the report of academic committee responsible for quality of academic programmes and suggest needed measures.

# **3.** How does the institution ensure and monitor the quality of its administration and financial management process?

The administrative control of the college is vested in the parent body i.e. Sadguru Education Society's which administers the college through the principal who has constituted administration and finance committees for his assistance in ensuring and monitoring the quality of its administrative aspects and financial management processes. The administration committee takes review of quality of administration quarterly and lapses, if any, are taken care of. The financial process is monitored and looked after by the finance committee. The finance committee prepare budget of the institution in which the amount of money are judiciously allocated for activities carried out by institution which ensure the quality of financial management.

4. Has the institution established an internal quality assurance cell (IQAC) or any other similar body/committee/cell? If yes give its years of establishment, composition, function and major initiatives?

- A) Year of establishment : 1994-1995
- **B)** Composition
  - i) Chairperson :- Principal

- ii) Members :- Three senior teaching faculty members and one non-teaching staff member.
- iii) One member nominated by LMC of the college. One of the teaching faculty members work as co-ordinator.

#### C) Functions

i) To develop quality parameters and ensure continuous improvement in various activities of the institution.

ii) To maintain healthy relations with all stake holders.

iii) To evolve mechanism for ensuring efficient and progressive performance of academic, administrative, financial management, and research programme.

iv) To monitor the quality measures in teaching - learning process.

v) To act as a nodal cell of institution for quality related activities.

#### **D)** Major Initiatives

i) Mentally preparing the teaching and non- teaching staff members for NAAC accreditation.

ii) Providing assistance for the preparation of SSR.

iii) Co-ordinating with various committees for smooth functioning of the institution's programmes.

# 5. How does the institution identify and share good practices with various constituents of the institution?

The institution identify the good practices in the profession through discussions with peers, guest speakers, academicians, through internet etc. and share these practices with students, stake-holders, schools linked with the college, alumni, civil Society etc., and use their opinions for further strengthing of the programmes.

# 6. Is the institution sensitized to modern managerial concepts such as strategic planning, team work, decision making, computerization and TQM? If yes, give details?

The institution has adopted modern managerial concepts as under:-

- a) Strategic planning is done in the beginning of the session to achieve the objectives of the institution by preparing academic calendar on the guidelines established by management and affiliating university.
- b) In academic affairs the faculty members are having autonomy to a great extent.
- c) Various committees for various purposes are formed which work in coordination with each other and take their own decisions on the basis of requirements which are approved by the head of the institution and finally by the L.M.C.
- d) In order to bring effective control on the administrative and academic pursuits, the student's and teacher's feedback is made use of.
- e) Grievances of students and teaching and non- teaching faculty members are addressed by grievance readdress cell and L.M.C respectively.
- f) Sufficient nember of computers with other accessories are available with the institution for the use of students as well as faculty members. The administrative office of the college is computerized. The daily transactions of income and expenditure are transferred to the office of the management. Our library is also partially computerized.

#### 7.2 Inclusive practices.

# 1) How does the institution sensitizes teachers to issues of inclusion and the focus given to these in the national policies and the school curriculum?

The management of the institution encourage the teacher to interact with academicians in the field and go through the various documents prepared by NCERT /NCTE which are available on internet and get information about the changes in education field and school curriculum and include the relevant issues such as health and hygiene, fitness, recreation and leisure time activity etc. in the teaching-learning process.

# 2) What is the provision in the academic plan for students to learn about inclusion and exceptionalities as well as gender difference and their impact on learning?

The academic plane of the institution is prepared as per the syllabi of different courses run by the institution. As far as inclusion practices, various sports and other formal activities for males and females are concerned, these are included in the syllabi and therefore adjustments in academic plan are made accordingly. Gender differences do make impact on assimilation on the skill of greater intensity. Special efforts are made to raise standards leading to participation and learning experienced by student of both the sexes. The management polices demonstrate that they are working towards the outcomes of;

- i) Reducing the gap of educational achievement between students of different ethnic groups.
- ii) Improving behavior of students.
- iii) An admission policy which does not discriminate.

# **3**) Details on the various activities envisioned in the curriculum to create learning environment that foster positive social interaction, active engagement in learning and self-motivation?

Apart from the activities envisaged in the curriculum, the college also include the following activities in our academic calendar which ensure the participation of our students hence foster self motivation, social interaction and engagement in learning. Promoting greater involvement of parents and the community ensuring that the staff working reflect cultural diversity of Society.

- A) Organization and participation in intramural and extra-mural competitions.
- B) Clinics on different games opted by students for specialization in which explanation and justification of different aspects of games are developed with the envolvement of the students and not-taught to them.
- C) Celebration of nation importance days where our students interact with guest speakers.
- D) Organization of workshops/seminars.
- E) Study tours- During study tours program student are taken to different places of interest such as sports complex, historical monuments, scenic and religious places etc.
- F) On the occasion of teacher's day the students organisation, debates, dramatis etc.
- G) National sports day: On this day the college organizes a hockey match between the veteran hockey players of Jalgaon city and college team.
- H) Picnic
- I) Blood donation camp

# 4) How does the institution ensure that student teachers develop proficiency for working with children from diverse backgrounds and exceptionalities?

Before starting the practice teaching in school we arrange meeting of our students with the head master in which he/she throw light on handling/teaching of diverse background children. Which is reflected in their teaching practice. During internship programme our student efficiently handle the students of diverse backgrounds.

5) How does the institution prepare its students to address to special needs of the physically challenged and differently-able students enrolled in the school?

There is no provision for addressing the needs of such students in the curriculum of different courses however the institution take help of school teachers in which the practice teaching and internship programme are organized.

6) How does the institution handle and respond the gender sensitive issues (activities of women cell and other similar bodies dealing with gender sensitive issues)

There is a women faculty member who is member of guidance and counseling cell and also member of administration and grievance redressal committees. These committees handle gender sensitive issues.

7.3 – Stakeholder Relationship.

1) How does the institution ensure the access to the information on organizational performance (Academic and administrative) to the stakeholders?

The institution provide such type of information through its website which is updated from time to time, annually printed college information brochure, and through personal contacts.

2) How does the institution share and use the information/data on success and failures of various processes, satisfaction and dissatisfaction of students and stakeholders for bringing qualitative improvement?

The institution constantly review the feedback and information received from current and old students, professional peers and stakeholders on various processes of the institution. The feedback so received is discussed in faculty meetings and measures required are adapted to the satisfaction of students, stakeholders and the community as a whole so as to bring qualitative improvement in academic and administrative process of the institution.

3) What are the feedback mechanisms in vogue to collect, collate and data from students, professional community, alumni and other stakeholders on program quality? How does the institution use the information for quality improvement?

The institution receive feedback from students through a format, face to face discussion, personal contacts and correspondence with alumni, professional peers and stakeholders on quality of programmes conducted and facilities provided by the institution. After receiving the feedback and information it is systematically arranged and a combined meeting of all the committees is called for the deliberation on the collected feedback and outcomes/suggestions for change in programmes, if any are incorporated in fresh planning for quality improvement.

# Declaration by the Head of the Institution

I certify that the data included in this Self-Appraisal Report (SAR) are true to the best of my knowledge.

This SAR is prepared by the institution after internal discussions, and No part thereof has been outsourced.

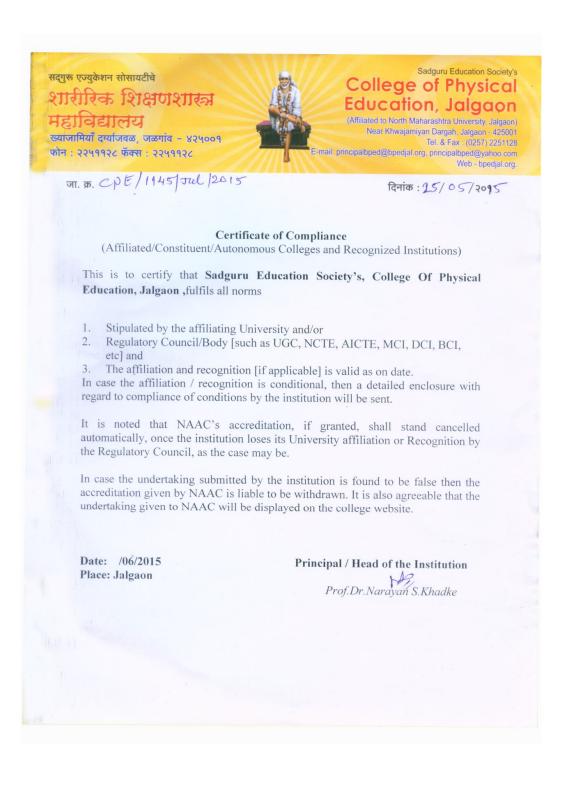
I am aware that the Peer team will validate the information provided in this SAR during the peer team visit.

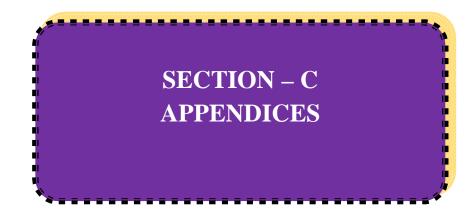
Signature of the Head of the institution with seal

PRINCIPAL College of Physical Education, Jalgaen

Place: Jalgaon

Date: 25/05/2015





Annexure-A

#### PHYSICAL EDUCATION SCENARIO IN MAHARASHTRA

The field of physical education has gone through many remarkable phenomena over its long history. These cycles range from a strict authoritarianism to the liberal democracy of today. This transformation has opened the field of physical education up to many new sciences. Which are crating many new professional opportunities.

During Maratha regime the love for indigenous physical culture reached its peak as the Maratha solders were performing Lezium, Lathi, Kathi, Benttee, Dand-Batak, wrestling, suryanamaskar, etc. to keep themselves physically feet for fighting against the mughals.

During freedom movement many vyayamshalas and akhadas came into existence at district and taluka levels in Maharashtra. Later some of these vyayamshalas were converted into physical education institution. The example of this was human Vyayam prasark Mandal which was founded by vaidya brothers in 1914 at Amravati and in 1947 48 H.V.P.M started a institution by name Indian institute of physical Education which was running certificate course in physical education.

Considering the need of trained physical education teachers. The Education Minister of erstwhile state of Bombay started the first physical education college at Kandiwali in 1938. This college was running one year diploma in physical education for graduates and one year certificate course in physical education for metrie pass candidates. The pass out candidates from this institution were appointed in middle schools, High School and Colleges.

Since World war-II, Maharashtra state has continued to press the importance of physical education and from there on the schools and colleges were started to appoint teachers for physical education. It is much wider than what is usually denoted briefly by the term PT. On the recommendation of Education commission 1960, the Government of Maharashtra has made physical education as a compulsory subject up to secondary level. The physical education in primary schools was looked after D. Ed Pass Candidates.

In view of the demand for lecturers in physical education and physical education teachers by college and schools respectively many educational societies established physical Education institution allover Maharashtra At present 92 physical education institutions are giving training in various programmers of physical education. University wise number of colleges is as under:-

- Mumbai University -----02
   Pune University -----03
   Swami Ramanandtirth Marathwada, University, Nanded-----05
   Dr. Babasaheb Ambedakar Marathwada University, Aurangabad-08
   R.T.M. Nagpur University------35
   Sant Gadagebaba Amarawati University, Amarawati-----26
   North Maharashtra University, Jalgaon-----03
   Shivaji University, Kolhapur----04
   Solapur University, Solapur -----04
- 10. H.V.P.Mandal Autonomur -----02

These institution run following courses in Physical Education :-

- B. P. Ed One year course after graduation
- B.P.E Three year degree course for +2 pass candidates
- M. P. Ed Two years Master degree course for physical education graduates.
- Ph. D Regular Part time.
- Some universities are also running M. Phil Course.

Apart from above colleges all the Universities are also running physical education departments. Apart from Maharashtra the students from various states such as Delhi, Harayana, j&k, Punjab, Rajasthan, Gujarat, Bihar, Assam, West Bengal,A.P,M.P, U.P, Uttarakhand, etc are also seek admissions in these colleges.

Job opportunities in Maharashtra are generally provided by public schools and where as less job opportunities are provided in Govt. / Zila parishad run schools.

## **Annexure-B**

# **ACDEMIC CALENDAR FOR THE SESSION 2013-14**

The following academic calendar was prepared by the academic committee in its meeting held on 17/06/2013 which was approved by the faculty members and finally by the management.

Sr.No	Programmes and Activities	Months & Dates
01	<ul><li>a) First Term</li><li>b) Winter Vacations</li><li>c) Second Term</li><li>d) Summer Vacation</li></ul>	16/06/2013 to 22/10/2013 23/10/2013 to 07/11/2013 08/11/2013 to 28/04/2014 29/04/2014 to 10/06/2014
02	Admission process	The admission starts from 16 <sup>th</sup> June 2013 to 31 <sup>st</sup> August,2013 and as per CET conducted by regulatory body.
03	Commencement of Classroom and Practical Teaching a) B.P.E (Three Year Degree) Course I ) First B.P.E ii) Second B.P.E iii) Final B.P.E b) B.P.Ed (One Year ) Course c) M.P.Ed-Part –I d) M.P.Ed –Part -II	<ul> <li>12<sup>th</sup> July 2013</li> <li>15 Days after the declaration of first B.P.E Results</li> <li>15 days after the declaration of second B.P.E Results</li> <li>07 days after the completion of CET .</li> <li>07 days after the completion of CET.</li> <li>15 days after the declaration of M.P.Ed I result</li> </ul>
04	Independence day Celebration	15 <sup>th</sup> August 2013 Flag Hosting and lecture on the topic of National interest.
05	National sports day Celebration	29 <sup>th</sup> August 2013
06	Teacher's day celebration Organization of debate, Sports quiz etc.	5 <sup>th</sup> September 2013
07	Demonstration of lessons sdby faculty members and Pre- Practice teaching at ehe institution (peer Teaching )	15 Days after the commencement of regular classes.
08	Meeting of students and faculty members with linked with institution.	1 <sup>st</sup> week of Oct 2013
09	Practice Teaching at Schools	1 <sup>st</sup> Week of Oct.2013
10	Participation in Inter collegiate sports tournament and preparation of teams by organizing Coaching camps.	As per the calendar of Deptt. Of Phy. Edu and sports. N.M.U university ,Jalgaon .

Sr.No	Programmes and Activities	Months & Dates
11	Inauguration of Intramural competition. These competition will held in different games of every Saturday in afternoon session.	25 <sup>th</sup> September 2013
12	Clinics if different games and sports. These will be organized on every Saturday in morning session.	2 <sup>nd</sup> week Oct. to 31 <sup>st</sup> December 2013
13	Commencement of Second term	8 <sup>th</sup> Nov. 2013
14	1 <sup>st</sup> term Examination (Internal Exam of all the Courses)	21 <sup>st</sup> to 26 <sup>th</sup> N.ov. 2013
15	Community Services (Blood Donation Camp, Social work camp, Lectures on different aspects of community related topics.)	$3^{rd}$ & $4^{th}$ week of Dec. 2013.
16	Medical Check-up of students and faculty.	23 <sup>rd</sup> & 24 <sup>th</sup> Dec. 2013.
17	Seminar / Conferences	26 <sup>th</sup> & 28 <sup>th</sup> Dec. 2013
18	Educational/ Adventure Sports camp and project tour for M.P.Ed Part- I	Last week of Dec 2013.
19	IInd term Examination (Internal Exam for all courses )	3 <sup>rd</sup> week of January 2014
20	Republic day Celebration	26 <sup>th</sup> January 2014
21	College Annual Day	28 <sup>th</sup> January 2014
22	Meeting of Alumni Association	29 <sup>th</sup> January 2014
23	Remedial / Tutorial Classes	1 <sup>st</sup> & 2 <sup>nd</sup> week of March 2014
24	Annual examination in Practice Teaching and Skills	As per dates fixed by N.M.U ,Jalgaon (Generally starts in the last week of Feb, and finishes in the last week o March )
25	Preparation leave for theory examination	10 days before the start of Annual theory Examination
26	Annual Theory Examination	As per dates fixed by N.M.U ,Jalgaon (generally held in tha last week of April )
27	Coaching Camps in different games	During Summer Vacations
NOTE		

NOTE.

1. Above academic calendar is subject to change it situation demands and the same will be notified for information to all the faculty members and students.

- 2. Winter vacations will be curtailed for 15 days if CET is held late.
- 3. Faculty members are supposed to give assignments after finishing the chapter (At least two assignments for one chapter.)

#### **Annexure-C**

# COLLEGE OF PHYSICAL EDUCATION, JALGAON GANESH COLONY, NEAR KHWAJAMIYA DARGAH, JALGAON 425001 THEORY TIME TABLE 2013-2014.

# CLASS :- FIRST YEAR B.P.E

Day	Ist Period	II Period	III Period	IV Period
Time	11.00 amTo 11.45 am	11.45 am To 12.30 Pm	12.45 Pm To 1.30 pm	1.30 pm To 2.15 pm
Monday	Principal and History of Phy.Education Prof.Gulam Hasan	General Science Prof.Shayana Akhathar	Anatomy and Physiology Dr.Varsha Khadke	Oraganization and Administration of Phy.Edu. Prof.Jayavant Shimpi
Tuesday	Oraganization and Administration of Phy.Edu. Prof.Jayavant Shimpi	Anatomy and Physiology Dr. Varsha Khadke	General Science Prof.Shayana Akhathar	English Prof.R.G.Bhalodk ar
wensday	English Prof.R.G.Bhalod kar	General Science Prof.Shayana Akhathar	Anatomy and Physiology Dr.Varsha Khadke	Principal and History of Phy.Education Prof.Gulam Hasan
Thursday	Principal and History of Phy.Education Prof.Gulam Hasan	Hindi / Marathi Prof.U.M.Bhanga le Prof.T.P.Khadke	General Science Prof.Shayana Akhathar	Oraganization and Administration of Phy.Edu. Prof.Jayavant Shimpi
Friday	English Prof.R.G.Bhalod kar	Oraganization and Administration of Phy.Edu. Prof.Jayavant Shimpi	Hindi / Marathi Prof.U.M.Bhanga le Prof.T.P.Khadke	Principal and History of Phy.Education Prof.Gulam Hasan
Saturday	Hindi / Marathi Prof.U.M.Bhang ale Prof.T.P.Khadke	General Science Prof.Shayana Akhathar	Anatomy and Physiology Dr.Varsha Khadke	Oraganization and Administration of Phy.Edu. Prof.Jayavant Shimpi

### COLLEGE OF PHYSICAL EDUCATION, JALGAON GANESH COLONY, NEAR KHWAJAMIYA DARGAH, JALGAON 425001 PRACTICAL TIME TABLE 2013-2014. MORNIGN SESSION TIME :- 6.50 A.M TO 9.00 A.M ASSEMBLY : 6.30 A.M

# CLASS :- FIRST YEAR B.P.E

DAY	PERIOD	GROUP'A	GROUP'B
MONDAY	I	Indian Club	Lezium
	II	Lezium	Drill Marching
	III	Ring Drill	Dumbells
TUESDAY	I II III	II Wands Mass	
WEDNESDAY	I	Dumbles	Cricket
	II	Cricket	Mass PT
	III	Mass PT	Indian Club
THURSDAY	I	Indian Club	Lezium
	II	Lezium	Drill Marching
	III	Ring Drill	Dumbells
FRIDAY	I	Dumbles	Cricket
	II	Cricket	Mass PT
	III	Drill Marching	Ring Drill
SATURDAY	Intramurals		

# COLLEGE OF PHYSICAL EDUCATION, JALGAON GANESH COLONY, NEAR KHWAJAMIYA DARGAH, JALGAON 425001 PRACTICAL TIME TABLE 2013-2014. MORNIGN SESSION TIME :- 4.00 P.M TO 6.00 P.M ASSEMBLY : 3.30 P.M

# **CLASS :- FIRST YEAR B.P.E**

DAY	PERIOD	GROUP'A	GROUP'B
	Ι	Kho-Kho	Volleyball
MONDAY	II	Volleyball	Basketball
	III	Basketball	Football
	Ι	Football	Yoga
TUESDAY	Π	Yoga	Hockey
	III	Hockey	Kabaddi
	Ι	Kho-Kho	Volleyball
WEDNESDAY	II	Volleyball	Basketball
	III	Discuss	Long Jump
	Ι	Volleyball	Basketball
THURSDAY	Π	Basket Ball	Football
	III	Long Jump	High Jump
	Ι	High Jump	Running
FRIDAY	II	Running	Gym
	III	Running	Gym
SATURDAY		Intramurals	

## COLLEGE OF PHYSICAL EDUCATION, JALGAON GANESH COLONY, NEAR KHWAJAMIYA DARGAH, JALGAON 425001 THEORY TIME TABLE 2013-2014.

## CLASS :- SECOND YEAR B.P.E

Day	Ist Period	II Period	III Period	IV Period
Time	11.00 amTo 11.45 am	11.45 am To 12.30 Pm	12.45 Pm To 1.30 pm	1.30 pm To 2.15 pm
Monday	Kinesiology Prof .Jayavant Shimpi	Methodology of Phy.Education Prof.Gulam Hasan	Health Education Prof .Hasin Tadvi	Recreation Prof.T.P.Khadke
Tuesday	Education Psychology counseling Guidance Prof.Maduvanti Pargavankar	Physiology Gulam Nabi Lon	Kinesiology Prof .Jayavant Shimpi	Methodology of Phy.Education Prof.Gulam Hasan
wensday	Health Education Prof .Hasin Tadvi	Recreation Prof.T.P.Khadke	Education Psychology counseling Guidance Prof.Maduvanti Pargavankar	Physiology Gulam Nabi Lon
Thursday	Recreation Prof.T.P.Khadke	Health Education Prof .Hasin Tadvi	Methodology of Phy.Education Prof.Gulam Hasan	Education Psychology counseling Guidance Prof.Maduvanti Pargavankar
Friday	Physiology Gulam Nabi Lon	Methodology of Phy.Education Prof.Gulam Hasan	Kinesiology Prof .Jayavant Shimpi	Education Psychology counseling Guidance Prof.Maduvanti Pargavankar
Saturday	Methodology of Phy.Education Prof.Gulam Hasan	Health Education Prof .Hasin Tadvi	Recreation Prof.T.P.Khadke	Physiology Gulam Nabi Lon

# COLLEGE OF PHYSICAL EDUCATION, JALGAON GANESH COLONY, NEAR KHWAJAMIYA DARGAH, JALGAON 425001 PRACTICAL TIME TABLE 2013-2014. MORNIGN SESSION TIME :- 4.00 P.M TO 6.00 P.M ASSEMBLY : 6.30 A.M

# **CLASS :- SECOND YEAR B.P.E**

DAY	PERIOD	GROUP'A
	Ι	Drill & March
MONDAY	II	Ring Drill
	III	Wands
	Ι	Mass PT
TUESDAY	II	Indian Club
	III	Lezium
	Ι	РТ
WEDNESDAY	II	Indian Club
	III	Lezium
	Ι	Marching
THURSDAY	II	Ring Drill
	III	Cricket
	Ι	Mass PT
FRIDAY	II	Indian Club
	III	Dumbles
SATURDAY	Intra	amurals

# COLLEGE OF PHYSICAL EDUCATION, JALGAON GANESH COLONY, NEAR KHWAJAMIYA DARGAH, JALGAON 425001 <u>PRACTICAL TIME TABLE 2013-14.</u> <u>EVENING SESSION TIME :- 4.00 P.M.TO 6.00 P.M.</u> <u>ASSEMBLY 3:30 P.M.</u>

## **CLASS :- SECOND YEAR B.P.E**

DAY	PERIOD	GROUP 'A'	
MON	I II III	Basket Ball Foot Ball yoga	
TUE	I II III	Hockey Kabaddi Kho-Kho	
WED	I II III	Basket Ball Foot Ball High Jump	
THU	I II III	Foot Ball Hand Ball Running	
FRI	I II	Gym. Shot - Put	
SAT	Intramurals		

## COLLEGE OF PHYSICAL EDUCATION, JALGAON GANESH COLONY, NEAR KHWAJAMIYA DARGAH, JALGAON 425001 THEORY TIME TABLE 2013-2014.

# CLASS :- FINAL B.P.E

Day	Ist Period	II Period	III Period	IV Period
Time	11.00 amTo 11.45 am	11.45 am To 12.30 Pm	12.45 Pm To 1.30 pm	1.30 pm To 2.15 pm
Monday	Health Hygiene and saniation Prof .Rahul Patil	Yoga Prof.U.M.Bhangale	Elements of phy.Education Prof .Jayavant Shimp	Test and Measurement Prof.Maduvanti pargavankar
Tuesday	Officiating and Coaching Prof.T.P.Khadke	Remedical and corrective phy.education Prof.Gulam Hasan	Health Hygiene and saniation Prof .Rahul Patil	Yoga Prof.U.M. Bhangale
wensday	Test and Measurement Prof.Maduvanti pargavankar	Remedical and corrective phy.education Prof.Gulam Hasan	Officiating and Coaching Prof.T.P.Khadke	Elements of phy.Education Prof .Jayavant Shimpi
Thursday	Yoga Prof.U.M.Bhang ale	Health Hygiene and saniation Prof .Rahul Patil	Test and Measurement Prof.Maduvanti pargavankar	Officiating and Coaching Prof.T.P.Khadke
Friday	Remedical and corrective phy.education Prof.Gulam Hasan	Officiating and Coaching Prof.T.P.Khadke	Test and Measurement Prof.Maduvanti pargavankar	Elements of phy.Education Prof .Jayavant Shimp
Saturday	Health Hygiene and saniation Prof .Rahul Patil	Yoga Prof.U.M.Bhangale	Elements of phy.Education Prof .Jayavant Shimp	Officiating and Coaching Prof.T.P.Khadke

### COLLEGE OF PHYSICAL EDUCATION, JALGAON GANESH COLONY, NEAR KHWAJAMIYA DARGAH, JALGAON 425001 <u>PRACTICAL TIME TABLE 2013-14.</u> <u>MORNING SESSION TIME :- 6.50 A.M.TO 9.00 A.M.</u> <u>ASSEMBLY 6:30 A.M.</u>

#### **CLASS :- FINAL B.P.E**

DAY	PERIOD	GROUP 'C'	
MON	I II III	Ring Drill Dumbbells Mass PT	
TUE	I II III	Indian Club Lezum Drill & Marching	
WED	I II III	Indian Club Lezum Marching	
THU	I II III	Ring Drill Dumbbells Mass PT	
FRI	I II	Indian Club Lezum Cricket	
SAT	Intramurals		

## COLLEGE OF PHYSICAL EDUCATION, JALGAON GANESH COLONY, NEAR KHWAJAMIYA DARGAH, JALGAON 425001 <u>PRACTICAL TIME TABLE 2013-14.</u> <u>EVENING SESSION TIME :- 4.00 P.M.TO 6.00 P.M.</u> <u>ASSEMBLY 3:30 P.M.</u>

#### **CLASS :- FINAL B.P.E**

DAY	PERIOD GROUP 'A'		
MON	I II III	Foot Ball Yoga Hockey	
TUE	I II III	Kabaddi Kho-Kho Volley Ball	
WED	I II III	Foot Ball Hand Ball Running	
THU	I II III	Hand Ball Hockey Gym.	
FRI	I II	Shot – Put Javelin	
SAT	Intramurals		

#### COLLEGE OF PHYSICAL EDUCATION, JALGAON GANESH COLONY, NEAR KHWAJAMIYA DARGAH, JALGAON 425001 THEORY TIME TABLE 2013-2014.

## CLASS :- B.P.Ed (One Year) Course.

Day	Ist Period	II Period	III Period	IV Period
Time	11.00 amTo 11.45 am	11.45 am To 12.30 Pm		
Monday	Physical Education Sports Science Essentials of		Phy.Education Prof.U.M.	Management officiating ,Training and evolution in phy. education Prof ,Hasin Tadvi
Tuesday	Management officiating ,Training and evolution in phy. education Prof ,Hasin Tadvi	Historical base & Essentials of Phy.Education Prof.U.M. Bhangale	Foundation of Physical Education Prof .R.J. Bhalodkar	Sports Science Dr.Varsha Khadke
wensday	Sports Science Dr.Varsha Khadke	Historical base & Essentials of Phy.Education Prof.U.M. Bhangale	Management officiating ,Training and evolution in phy. education Prof ,Hasin Tadvi	Foundation of Physical Education Prof .R.J.Bhalodkar
Thursday	rsday Foundation of Physical Education Prof R I Bhalodkar		Historical base & Essentials of Phy.Education Prof.U.M. Bhangale	Management officiating ,Training and evolution in phy. education Prof ,Hasin Tadvi
Friday	Management officiating ,Training and evolution in phy. education Prof ,Hasin Tadvi	Historical base & Essentials of Phy.Education Prof.U.M. Bhangale	Foundation of Physical Education Prof .R.J. Bhalodkar	Methods in phy.education &Education
Saturday	Historical base & Essentials of Sport		Management officiating ,Training and evolution in phy. education Prof ,Hasin Tadvi	Methods in phy.education &Education

#### COLLEGE OF PHYSICAL EDUCATION, JALGAON GANESH COLONY, NEAR KHWAJAMIYA DARGAH, JALGAON 425001 <u>PRACTICAL TIME TABLE 2013-14.</u> <u>MORNING SESSION TIME :- 6.50 A.M.TO 9.00 A.M.</u>

## CLASS :- B.P.Ed

DAY	PERIOD	GROUP 'A'	GROUP 'B'	GROUP 'C'	
MON	I II III	DumbbellsWandsWandsMass PTWandsLezium		Mass PT Indian Club Drill & Mar.	
TUE	I II III	Lezium Drill & Mar. Ring Drill Ring Drill		Ring Drill Dumbbells Wands	
WED	I II III	Mass PT Basket Ball Foot Ball	Indian Club Foot Ball Yoga	Lezium Yoga Hockey	
THU	I II III	Yoga Hockey Kabaddi	Hockey Kabaddi Kho-Kho	Kabaddi Kho-Kho Volley Ball	
FRI	I II	Kho-Kho Volley Ball Specialization	Volley Ball Basket Ball Specialization	Basket Ball Foot Ball Specialization	
SAT	Intramurals				

#### COLLEGE OF PHYSICAL EDUCATION, JALGAON GANESH COLONY, NEAR KHWAJAMIYA DARGAH, JALGAON 425001 <u>PRACTICAL TIME TABLE 2013-14.</u> <u>EVENING SESSION TIME :- 4.00 P.M.TO 6.00 P.M.</u> <u>ASSEMBLY 3:30 P.M.</u>

## CLASS :- B.P.Ed

DAY	PERIOD	GROUP 'A'	GROUP 'B'	GROUP 'C'		
MON	I	Yoga	Hockey	Kabaddi		
	II	Hockey	Kabaddi	Kho-Kho		
	III	Kabaddi	Kho-Kho	Volley Ball		
TUE	I	Kho-Kho	Volley Ball	Basket Ball		
	II	Volley Ball	Basket Ball Foot	Foot Ball		
	III	Basket Ball	Ball	Yoga		
WED	I	Hand Ball	Hockey	Kabaddi		
	II	Hockey	Kabaddi	Kho-Kho		
	III	Gym.	Shot Put	Javelin		
THU	I II III	Hockey Kabaddi Shot Put	Kabaddi Kho-Kho Javelin	Kho-Kho Volley Ball Discuss		
FRI	I	Javelin	Discuss	Long Jump		
	II	Discuss	Long Jump	Running		
	Ш	Practice of Athl	nes of specialization			
SAT		Intramurals				

#### **COLLEGE OF PHYSICAL EDUCATION, JALGAON** GANESH COLONY, NEAR KHWAJAMIYA DARGAH, JALGAON 425001 THEORY TIME TABLE 2013-2014.

Day	Ist Period	Ist Period II Period III Period		IV Period
Time	11.00 amTo 11.45 am	11.45 am To 12.30 Pm 12.45 Pm To 1.30 pm		1.30 pm To 2.15 pm
Monday	Science of Phy. Edu. Fitness and sports Training Prof .Hasin Tadvi	Foundation of Phy.Education and Sport Prof.R.G. Bhalodkar	Research Process in Phy. Edu. and Sport Dr.Narayan Khadke	Psychology of Phy. Edu. and sport Prof.U.M.Bhagale
Tuesday	sday Sday Sday Sday Sday Sday Sday Sday S		Research Process in Phy. Edu. and Sport Dr.Narayan Khadke	
Wednesday	Psychology of Phy. Edu. and sportScience of Phy. Edu. Fitness and sportFoundation of Phy. Edu. and SportProf.U.M.Prof.Hasin TadviProf.R.G. Bhagale		Research Process in Phy. Edu. and Sport Dr.Narayan Khadke	
Thursday	Science of Phy. Edu. Fitness and Psychology of sports Training Phy. Edu. and		Research Process in Phy. Edu. and Sport Dr.Narayan Khadke	Foundation of Phy. Education and Sport Prof.R.G.Bhalodkar
Friday	iday Prof.U.M. Prof.Hasin Tadvi Sport Shagale Research Phy. Edu. and Sport Sports Sport Sport Sport Shagale Research Process in Physical education and Sport Sport Sport Sport Dr.Narayan Khadke		Foundation of Phy.Education and Sport Prof.R.G.Bhalodkar	
Saturday Saturday Saturday Saturday Saturday Science of Phy. Edu. Fitness and sports Training Prof .Hasin Tadvi		Foundation of Phy. Edu. and Sport Prof.R.G. Bhalodkar	Psychology of Phy. Edu. and sport Prof.U.M. Bhagale	Research Process in Phy. Edu. and Sport Dr.Narayan Khadke

CLASS :- M.P.Ed PART - I.

#### COLLEGE OF PHYSICAL EDUCATION, JALGAON GANESH COLONY, NEAR KHWAJAMIYA DARGAH, JALGAON 425001 THEORY TIME TABLE 2013-2014.

	<b>:- M.P.Ed PART - II.</b>			
Day	y Ist Period II Period II		III Period	IV Period
Time	11.00 amTo 11.45 am	11.45 am To 12.30 Pm	12.45 Pm To 1.30 pm	1.30 pm To 2.15 pm
Monday	Test,Maasurement and Evaluation in Phy.Edcuation Dr.varsha Khadke	Sports Biomechanics Prof .Hasin Tadvi	Professional Teaching and Scientific Coaching Prof.Kachan Lathi	Yoga Science /Nutrition and sports medicine Prof.Rahul Patil Dr,Narayan Khadke
Tuesday	Professional Teaching and Scientific Coaching Prof.Kachan Lathi	d sports medicine nt and Evaluation hing Dr Narayan Dr varsha		Sports Biomechanics Prof .Hasin Tadvi
wensday	Professional Teaching and Scientific Coaching Prof.Kachan Lathi	Test,Maasureme nt and Evaluation in Phy.Edcuation Dr.varsha Khadke	Yoga Science /Nutrition and sports medicine Prof.Rahul Patil Dr,Narayan Khadke	Sports Biomechanics Prof .Hasin Tadvi
Thursday	Test,Maasurement and Evaluation in Phy.Edcuation Dr.varsha Khadke	Sports Biomechanics Prof .Hasin Tadvi	Professional Teaching and Scientific Coaching Prof.Kachan Lathi	Yoga Science /Nutrition and sports medicine Prof.Rahul Patil Dr,Narayan Khadke
Friday	day day		Project report	Project report
Saturday Test,Maasurement and Evaluation in Phy.Edcuation Dr.varsha Khadke		Yoga Science /Nutrition and sports medicine Prof.Rahul Patil Dr,Narayan Khadke	Research Project report	Research Project report

CLASS :- M.P.Ed PART - II.

### COLLEGE OF PHYSICAL EDUCATION, JALGAON GANESH COLONY, NEAR KHWAJAMIYA DARGAH, JALGAON 425001 DISTRIBUTION OF PRACTICAL ACTIVITIES

Sr. No.	Faculty name	Formal Activities	Game	Athletics
1	Dr.Varsha Narayan Khadke	Lezium	Foot Ball	Javelin
2	Prof.R.G.Bhalodkar	Indian Club	Hockey	Shotput
3	Prof.U.M.Bhangle	Drill & Marching	Yoga	Dumbbells
4	Prof.J.K.Shimpi	Flag Drill	Mass PT	Running
5	Prof. T.P.Khadke	Ring Drill	Badminton	Kho-Kho
6	Prof.Hasin Tadvi	Cricket	Kabaddi	Long Jump/ High Jump
7	Prof. Rahul .R.Patil	Table Exercise	Hand Ball	Judo
8	Prof.Gulam Hasan	Wresling	Lezium	Volley Ball,
9	Prof.Maduvanti pargavankar	Wands	Gymestics	Dumbbells
10	Prof. Shayna Akhther	Wands	Discuss Throw	

#### **Annexure-D**

## COLLEGE OF PHYSICAL EDUCATION NEAR KHWAJA MIYAN DARGAH GANESH COLONY, JALGAON <u>Faculty Evaluation by Students</u>

	Name of the Teacher	
	Note :- Please evaluate the teacher who h following areas you may put a ()marks agai correct.	has engaged your classes in the
1.	How is the teaching method of teachers ?	Excellent/ Very Good / Good/Satisfactory /Poor
2.	How is the organization and clarity of Presentation of subject matter.	Systematic and orderly Disorganized and meaningless.
3.	Dose the teacher control the class Room well and deal with you Maturely and professionally?	YES/NO
4.	How is the teachers ability to Arouse and maintain interest In the subject matter?	Excellent/VeryGood/ Good/ satisfactory /poor
5.	Dose the teacher deviate from subject Matter during presentation?	Often /Sometime/Never
6.	How is the teacher's tone ?	Audible /Inaudible
7.	Dose the teacher create congenial Classroom climax to facilitate the Learning process.	Yes/No/Difficult to say
8.	Dose the teacher cover all aspects of the given units?	Completely /Partially
9.	Dose the teacher relate his/ her Teaching to the university questions?	often /Sometimes/ Never
10.	How often does the teacher use the Blackboard?	Often/Rarely/Never
11.	How frequently does the teacher use Audio-visual aids/ Multimedia.	Often/Rarely/Never
12.	How does the teacher respond	Encourages/ignores/

10		Discourages.
13.	What is the teacher's reaction When you seek his / her	Appreciates /Avoids /
	Guidance and consult him /her	Discourages.
	While indentifying and solving	
	Academic problems?	
	1	
14.	What is teacher's attitude	helps/Ignores/Discourages
	to slow learners ?	
15	Does the teacher attempts to boost	often/ Sometime/Never
15.	the confidence of the slow learners?	onen/ sometime/never
16.	what is the teacher's attitude towards	Appreciates/ Avoids/
	bright students ?	Discourages
17		
17.	Does teacher gives Assignments from time to time.	often/ Sometime/Never
	time to time.	
18.	How often does teacher conduct	often/ Sometime/ Never
	Tests(apart from the centrally organized	
	test ) to find out the students grasp of the	
	portions covered ?	
10	How prompt is the teacher in his /her	Drompt/Not so Drompt
19.	How prompt is the teacher in his /her Correction and evaluation work?	Prompt/ Not so Prompt Inordinately delay
	contection and evaluation work:	morumatery delay
20.	What is the teacher's general relationship	Cordial/Tolerable/Strained
	With you ?	
~ 1		
21.	Does the teacher explain the skills/	Always/Often/Sometime/
	Activities in detail along with demonstration.	Never.
22.	How will you grade the demonstrations	Excellent/Very Good/
	of a particulars activity/skills by the	satisfactory/Poor
	teacher.	·
23.I	During practice of Skills/activities	Always/Often/Sometime/
	Does the teacher makes necessary	Never.
	correction and pin points the faults committed by the students.	
	committee by the students.	
24.	Does the teacher observe and	Always/Often/Some-time/
	Supervise the practice lesson very	Never
	attentively and makes necessary	
	Correction.	
25	Doos the teachers provides	VEC/No
25.	Does the teachers provides Feedback on practice teaching.	YES/No
	recoucte on practice teaching.	

## Annexure-E

## **RESULTS**

## **SESSION 2013-14**

Sr. No.	Courses	Admitted Students	Appeared Students	Withheld Results	Pass Students	Percentage
01	FINAL B.P.E	17	17		17	100%
02	B.P.Ed (One Year)	82	82		43	52.43%
03	M.P.Ed –II	11	11		06	54.54%

#### **Annexure-F**

#### **BEST PRACTICES**

#### 1. TITLE : BASICS OF COMPUTER PROGRAMMING

#### 2. The context that required the initiation of practice :-

Computer is present day have become a common feature in day to day business the grow hoof internet and email has made the tasks of dissemination of information and communication in business very easy. The physical education also make use of computer held programmers across the world on one click in which the training fitness, competitions, facilities available, governing bodies of every games and sports rules and regulation can update our self through the internet facilities By understanding its need and increasing the sources to update the knowledge across the world, the institution started the basics of computer programming or base computer literary programme. Which enhances the knowledge of functioning systems of the computer.

## **1.Objective of the practice :-**

- To know the Hardware and software devices.
- Applications such as Microsoft office, including MS Word, Ms Excel and Ms Power Point.
- To upon e-mail and search on websites.
- Practicing all these to update the knowledge of oneself.
- To seek the knowledge from e-library.

#### 2. The Practices :-

The world became close due to internet facilities, where everyone can send its programmes/ Culture / tradition/ Schedules / training portion, in one single click. Under the extension services the College Of Physical Education, Jalgaon has started the training in basis of computer programming for its students. The students teaching staff along with two computer technicians conduct the practice throughout the year.

The practice of the programme is designed by the technician and the college staff, where every student gets a single PC to hold the practices for at least 01hr. for 4days in a week. The institution has made arrangements for computers learning in the time table without disturbing the practical classes. The classes are arranged in the computer lab of the institution where the theoretical and practical aspects are covered. During computer teaching the computer technician demonstrate the steps through flowchart with oral explanations the computer technician and the staff member supervise while they practice and if any difficulty arises, it is cleared then and there only. During computer learning/ demonstration students are asked to take notes. Extra time is also given to the students who wish to practice.

#### 3. Obstacles faced if any and strategies adopted to overcome them.

#### A) Obstacles :-

Many of our students hails from villages where they did not have facilities of computer hence they have little or no knowledge of computer hardware, software, Languages, etc. on starting to students face difficulty is handling the mouse and typing words quickly. Secondly the computer education is not included in the syllabus of programmes run by the institution so they show little or no interest in computer learning. They think that when computer learning is not essential to pass the course hence they avoid computer classes being conducted by institution.

Thirdly after attending the regular classes they feel tired which decrease their attention toward lectures / handling the computer.

#### b) Strategies :-

In the beginning the faculty member and computer institution make aware the students about the benefits of computer learning so as to create interest among the students.

Computer instructors are advised to pay personal attention to the less interested students and to start teaching from very simple and understandable language.

Students are given sufficient time for practice.

#### 4. Impact of Practices :-

Satisfactory impact of computer on students was observed. Since they were more comfortable in learning basics of computer. It makes the students to learn at their own pace and convenience. The computer learning help the students to enhance the interest towards new technology by which they feel greater ease in updating instructional materials. It was found that their learning abilities were molded. It was also noticed that students use computer as a means for transmitting specific subject matter and it was also supplement to classroom instructions. Some of the impacts are as under.

- Makes oneself technically sound hence make use of their knowledge in preparing themselves for different types of examinations.
- Use of internet boosts the personality hence improve confidence.
- Improvement in communication skills.
- Students were sharing the knowledge with peers through e-mail.
- Access to computers at institution allow the students to retrieve information, manipulate data etc.
- It promote self learning habit by using media and sports services.
- It was also noticed that computer practice motivate the students more than book work.
- Overall progress in theory and practical was also observed.

#### 5. Recourses requested :-

- Computer lab with at least 20 PC.
- Minimum two technical staff.
- Hardware and software.

#### 6. Name of contact Person.

Prof.Jayvant. K. Shimpi Lecturer College of Physical Education Near Khwaja Miyan Dargah, Ganesh Colony Jalgaon. Phone No. 0257-2251128 Mob No. 9423951504

#### **BEST PRACTIES**

#### 1. <u>TITLE – PRANAYAM CAMPS</u>

## 2. <u>The context that required initiation of Practice:</u>

In today's world health is the greatest asset to any human being. But due to last paced life it becomes very different to maintain one's health. The mental and physical fatigue tears the person. To stop the det3erioration of heath pranayam is great weapon in the hands of mankind. It develops health by developing the working capacity of the lungs ,the heart, the liver and the other important internal organs purifies blood and increases its supply and circulation to the different parts of the body.

Today's students are under a lot of stress due to their studies and ambitions sometimes they cannot concentrate on their studies. In order to reduce this stress the institution started pranayam camps for its students and the students of sister institutions. The pranayam camp also help to improve their physical fitness along with controlling the anger and mental fatigue.

#### 3. Objectives of the Practice:-

The practice of the Pranayam has the basic objectives

- To develop physical efficiency.
- General well being and healthy living.
- For mental peace
- To supply more oxygen to the blood hence improve working capacity.
- To develop the ability to concentrate & bring about mental tranquility and inner equilibrium.

#### 4. The practice :-

The practice is conducted throughout the year for our students, staffs and under extension programme for the students & faculty of the sister institutions of LTJSS The Ujjayi and Bhastarika pranayama re practiced for se en to eight minute at a stretch alternately with a rest of three minutes each.

To perform the pranayama the students were told to sit comfortably in the padmasana or sukhasana pose. The student were sold to take deep breaths with both the nostrils and contract their throat to make the breath long and thin. The tight passage of air in the throat should be felt by the students when the throat is contracted and and an oceanic sound is produced. After this breathing process is completed the students are told to touch the upper chest with their chin (Jalandhar Bandha) and hold their breath for up to 10 second (kumbaka). Then the students were told to exhale slowly through the left nostril by closing the right one with their thumb. The most important point to remember in pranayama is that when breathing through the nostril they should make sure that they does not breathe though the throat simultaneously. Four of our faculty members who have vast knowledge in yoga conduct pranayama camps.

## 5. <u>Obstacle faced if any and strategies adopted to overcome them:</u> <u>Obstacles:</u>

The main obstacle while practicing pranayama is that the students have ilittle or no knowledge about pranayama hence keep their body stiff and their mind is not relaxed. Another obstacle is that the activity of the inhale and exhale is not uniform in the beginning of the practice. Seconly lively breathing is not hold by the students hence practice becomes less effective. Sometimes the instructiors faced difficulty in holding the practice because the students do not take interest and also they do not come withy empty stomach as they have to attend theory class after the practice.

#### Strategies:

The obstacles are removed by the instructor by gibing proper instructions and demonstration to the students and getting it done correctly by proper practice .The obstacle of improper breathing is rectified by showing proper technique of breathing through the use of multimedia.

#### 6. Impact fo the Practice:-

- The students appeared cheerful than they were before start of practice.
- The students are seen to concrete more on studies.
- The nadi was found purified body becomes light and the eye sight was enhanced .
- Due to Calm and cool environment the individual feel less stress and tensions.
- The functioning of the lungs was improved due to proper oxygen supply.
- The functioning of the glands was increased.
- Helps one to acquire self confidence. Optimism, a calm mind and other desired qualities.
- Pranayama is "Control of breath" one can control the rhythms of pranic energy with pranayama and achieve healthy body and mind.

#### 7. <u>Recourses required:</u>

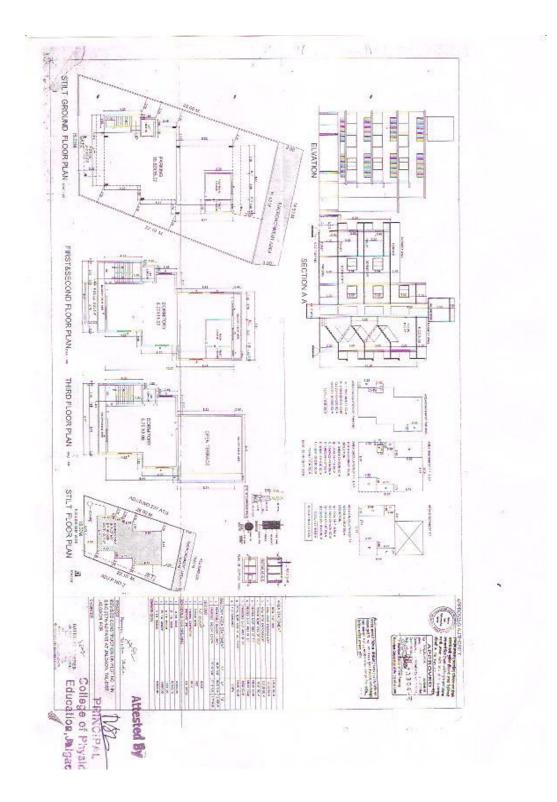
The resource required are.

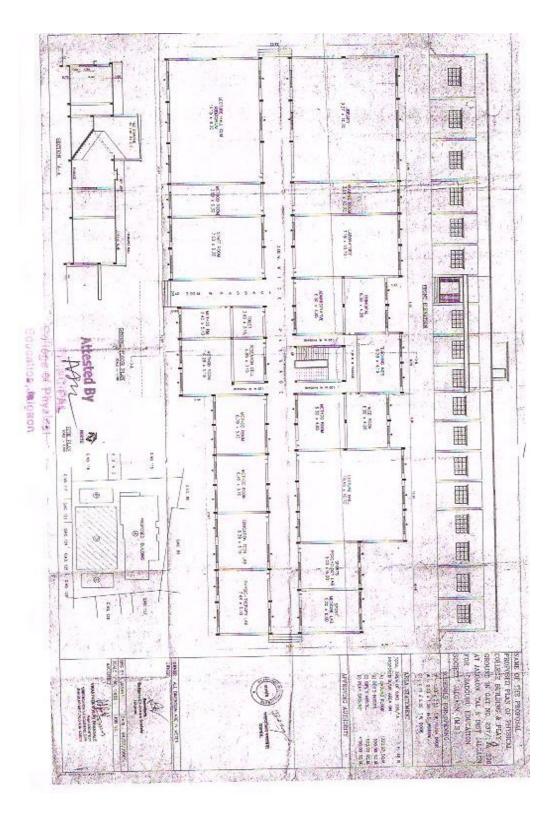
- Minimum 2 instructors.
- Dar is for the students
- Clean hall.

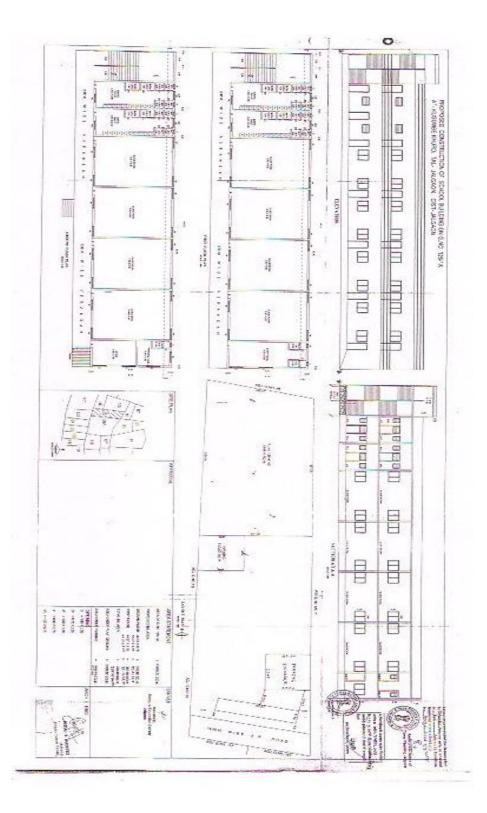
#### 8. Name of contact person

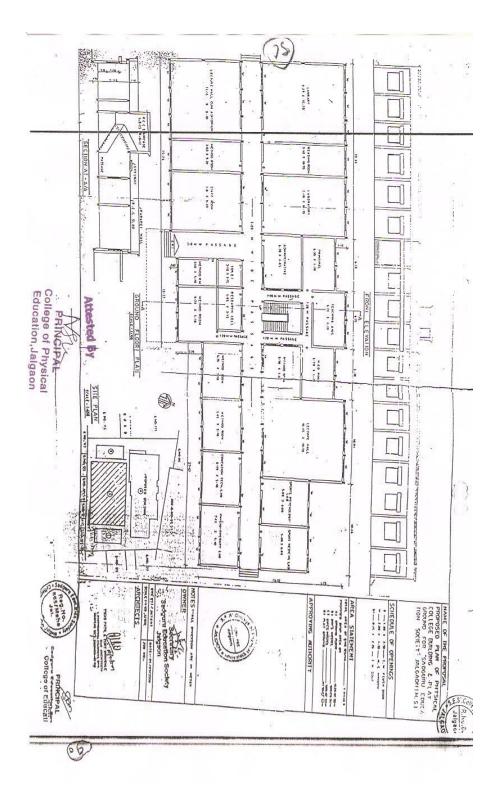
Prof.Ulka Bhangle Lecturer College of Physical Education Near Khwaja Miyan Dargah, Ganesh Colony Jalgaon. Phone No. 0257-2251128 Mob No. 9890175275

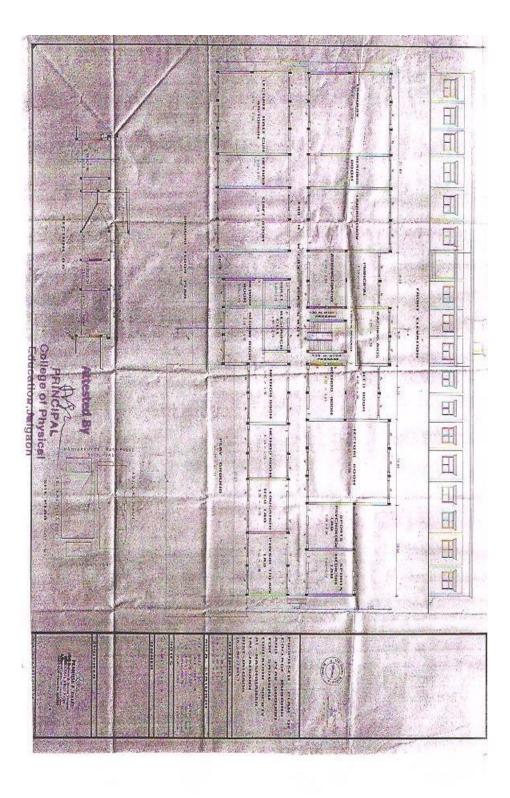
## Annexure-G

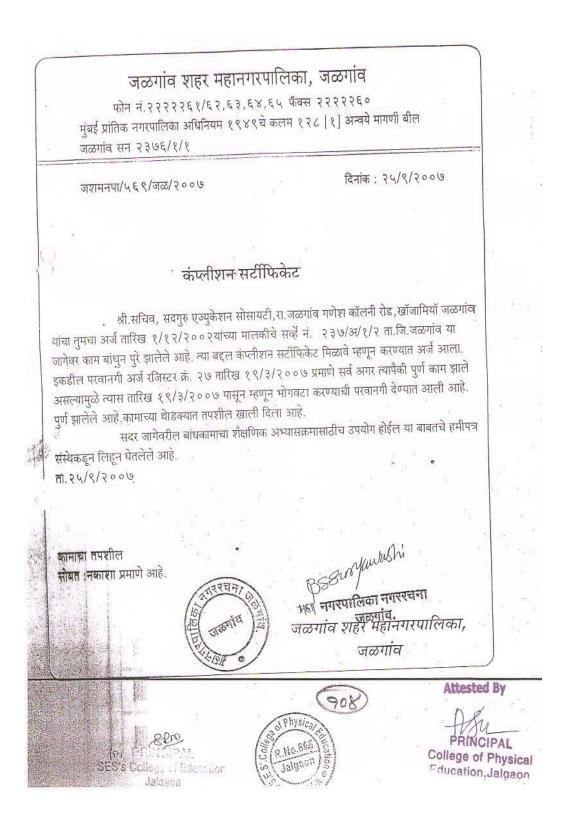












# Jalgaon City Municipal Corporation, Jalgaon

JSMNPA/569/2007

Date:-25/9/2007

#### **Completion Certificate**

The Secretary ,Sadguru Education Society ,Jalgaon has Completed the construction on their land survey number 237/A/1/2 of Tal & Dist Jalgaon vide their application dated 1/12/2000, The institution had applied for the completion letter As per the registration number 27 dated 19/3/2007.

The details of the construction work is an under .

The institution has submitted undertaking regard the ure building for education Purpose only .

The Copy of passed plan is attachment herewith .

Seal

Jalgaon City Municipal Corporation, Jalgaon

## Attested By

PRINCIPAL College of Physical Education, Jalgaon

**Annexure-H** 

M/s. B. V. Naik and Co., Chartered Accountants 11, Hareshwar Nagar, Ring Road, Jalgaon - 425001 (India) Tel.No. (0257) 2237923 AUDIT REPORT Sadgure. Carege of Physica Education Jalgan Ganesh Calony Polyan. Name :-Address :-**Registration No.** 111 pril. 2013 10 31.03/201 Audit period : . AN No. **Attested By** PRINCIPAL College of Physical Education, Jalgaon Address : Kaumudi, 11, Hareshwar Nagar, Opposite Mahesh Pragati Mangal Karyalay, Ring Road, Jalgaon - 425001 (India)

M/s.B.V.Naik and Co., Chartered Accountants Kaumudi,11,Hareshwarnagar,Ring Road, Jalgaon,425001 Phone No.0257 2237923 Date; 21.10.2014

#### Audit Report

To Principal, College of Physical Education, Near Khajamiya Road, Ganesh Colony, Jalgaon,425001 Dear Sir, (Subject;- Audit for the year from1.4.2013 to 31.3.2014)

As per your letter of appointment on the above subject we have to report as under:-

We have carried out audit of College of Physical Education run by your society and to report that we have received all the information and explanations which were necessary for the audit.

The accounts were duly recorded on computer system and that the annexed Receipts and payments Account for the audit period are in agreement with the Books,Records and Registers and Documents kept by the College. The Annexed Income and Expenditure Account for the year ended

31.3.2014 shows a true and fair view of the surplus for the year ended on that date and Balance Sheet as at 31.3.2014 duly signed by us shows a true and fair view of the College as on that date subject to the remarks that Accounting Standards were not Strictly observed and the Bank Balances and Balances of Debtors and Creditors were subject to their confirmations We thank you for appointing us as auditors of your college and to

you and your staff for the cooperation duly extended to us at the time of audit.

yours Sincerely For M/s. B.V.Naik and Co., FRN 106807W Chartered Accountants

AND 623 (CA.B.V.Naik) Prop.M.no.0057

Attested By



College of Physical Education, Jalgaon

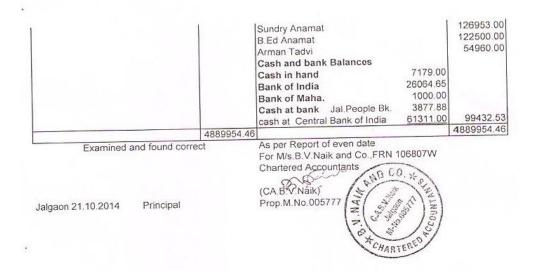
Sadguru Education Society's College of Physical Education, Jalgaon

5	College of Phy Near Ganesh	ation Society's sical Educatio Colony Road,	n, Jalgaon, Kwajamiyadarga, Jalgaon	Jalgaon, 42500* Phone No. 0257	Ring Road, 1 2237923
Receipts and	Payments Ac	count for the y	ear ended 31.3.2014		Rs.Ps.
Receipts		Rs.Ps.	Payments		110,1 0.
To Opening Balances	100000 (10000) 201	E	By College Expenses Advertisements	33000.00	
Cash in hand	1471.00		Newspaper Exps.	180.00	
Cash at Bank of Maha.	1000.00		Other Exps. (NMU)	231815.00	
Cash at Bank of India	14142.65		Education fees	42000.00	1
Cash at Jal.People Bank	7876.88	85801.53	Function and photoes	88850.00	
cash at Central Bk.of India	61311.00		Audit fees	5000.00	
Fo Govt. Scholarships grant		319071.00	Bank Charges	859.00	
To Fees from students	170057.00		Invertor Battery Exp.	19710.00	
B.P.Ed.fees1213	170057.00		Mahasangh Exps.	20000.00	
B.P.Ed.fees13-14	1740000.00		Office Expenses	21560.00	
BPE3rd year fees	70800.00		Postage and Telegrams	1914.00	
BPED 2nd yr fees	77610.00	_	Printing and Stationery	57082.00	
BPED 1st yr fees	320000.00		Repairs and Materials	17280.00	
Mp.ed 1st yr.fee 13-14	442000.00		Swimming Tank	4000.00	
Mp.ed 2nd yr fee 13-14	500.00	2922267.00	Internet Expenses	7320.00	
Other Expenses To Water Filter	000.00	949.00	Petrol and Diesel	32927.00	
To Texmo Water Pump		600.00	Travelling Expenses	5200.00	
10 Texhio Water Fump		0.000	Tea and Snacks	5486.00	
To Bicycle A/c.		136.00	Teachers Salaries	1220325.00	
To Computer and Printer		17381.00	Non-teachers Salaries		
To Deadstock		13753.00	Depreciation	219036.00	
To Education Instruments A/c.		1332.00	Electric Expenses	31753.00	
To Electrical Fitting: feeting and insl	rument	5581.00		1100.00	
To Exercise Instruments A/c.		2774.00		28350.00	
To Furniture and Fixtures A/c.		26057.00		8804.00	
To Gumnyashiyam Materials A/c.		4382.00		x <u>17348.00</u>	2642595.00 122500.00
To Library Books A/c		19567.00	By B.Ed Anamat	Additions	71135.00
To Physical Instruments A/c.		2504.00	By Furniture and Fixtures	Additions	31560.00
To Building Constructions			By Library Books Addition		305000.00
To Sports Equipment A/c.	1	15309.00	By Sadguru Edu.Sty By Building Construction	Kusumba)	328125.00
To Telephone and Fax Equi	oment A/C.	4076.00	BY Sports Equipment	l	64020.00
To Zerox Machine	1	4970.00	By Telephone & Fax Inst	ruments	32799.00
To Sadguru Education Socie To Bank Interest recd.	l	1626.00	By Arman Tadvi	1	54960.00
To Khedi School		50000.00	By Govt Scholarships		259000.00
To Sundry Anamat		10000.00	By Land Development A	ic.	900.00
To oundry Andria			By Primary School, Khee	6	20000.00
			By Computer & Printers		5775.00
			By Closing Balances		
			Cash in hand	7179.00	
			cash at Bank of Mah		
			Cash at Bank of Indi		
			Cash at Jal People B	(b) A 1 A 2 A 2 A 2 A 2 A 2 A 2 A 2 A 2 A 2	00422 51
			Central Bank of India	61311.00	99432.53
		4037801.53	e For M/s.B.V.Naik and C	EPN 1068070	
Examined and found correct	As per Rep	ort of even date	Chartered Accountants	STRN TOODIN	Š.
		sheed flag	Conton fo	V = N	21
		ested By	(CA.B.V.Naik)	19.20	
Jalgaon 21.10.2014	Principal	AA	Prop.M.No.005777	N So L	1
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	Y	PRINCIPAL	a la al	ATERCO M	
	Colle Edu	ge of Phy	SICAL	- Statement	

Sadguru Education Society's College of Physical Education , Jalgaon

s.B.V.Naik and Co., artered Accountants			aumudi', 11,Hareshwa Jalgaon 425	001	
C	Sadguru Educa	tion Society's		0257 2237923	
	- II of Dhur	ical Educatio	n Jalgaon.	200)	
(	Near Ganesh (	Colony Road	, Kwajamiyadarga, Jalg	auty	
Income and Exper	nditure Account	t for the year	Income	Rs.Ps.	Rs.Ps.
Expenditure	Rs.Ps.	N3.F3.	y Fees from students		
o College Expenses	00000 00	-	B.P.Ed.fees12-13	170057.00	
Adveritisements	33000.00		B.P.Ed.fees13-14	1740000.00	
Newspaper Exps	180.00		BPE1st yr.fees	77610.00	
Other Exps.(NMU)	231815.00		BPED 2nd yr.fees	70800.00	
Function and Photo Exps.	88850.00		BPED 3rd yr.fees	101300.00	
Audit fees	5000.00		MPED 1st yr fees	320000.00	
Bank Charges	859.00		MPED 2nd yr.fees	442000.00	
Invertor Exps,	19710.00		Other exps.	500.00	2922267.00
Mahasangh Exps.	20000.00 21560.00		By Bank Interest		1626.00
Office Exps.	1914.00		oy balling and		
Postage and Telegrams					
<ul> <li>Printing and Stationery</li> </ul>	57082.00				
Repairs and Materials	17280.00				
Internet Expenses	7320.00 32927.00				
Petrol and Diesel	5200.00				
Travelling Expenses	5486.00				
Tea and Snacks	1220325.00				
Teachers Salaries	521696.00				1
Non-teachers Salaries	219036.00	/			
Depreciation	31753.00				
Electric Expenses	1100.00				
Sai Prerana Exps.	28350.00				
Sports and Matches Exam.and fine fees Exps,	17348.00				
	4000.00				
Swimming Tank	42000.00				
Education Exps. X-Rox Exps	8804.00	2642595.00			
To Surplus transferred to Ir					
and Exp.A/c.	1	281298.00			2923893.0
and Exposite		2923893.00		Naik and Co., FRN	
Examined and found correct	As per Repo	rt of even da	te For M/s.B.V	d Accountants	100001 10
L'AMINING CONTRACTOR				1 1 10	
			(CA.B.V.	Noiki Za	N80 PO 3
	and the second second		Pron M N	10.005777	1.5
Jalgaon 21.10.2014	Principal		Prop.m.r	10.000111/2/	In a Sec
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		(S	E) CI		VE COL

M/s.B.V.Naik and Co., Chartered Accountants		Kaumudi', 11,Hareshwar Jalgaon		
Sadg	uru Education Sociel	ty's Phone N	No. 0257 2237923	
Colleg	ge of Physical Educa	ation, Jalqaon.		
(Near	Ganesh Colony Roa	ad, Kwajamiyadarga, Jalgad	on)	
Balan	ce Sheet as at 31.3.	2014		
Funds and Liabilitie	s Rs.Ps	Assets		Rs.P
Trust Fund		Fixed Assets		
Other Funds		Bicycle Last Bal.	1331.60	
Unsecured Loans	167197.00	Less depreciation	-136.00	1225.6
Current Liabilities	and the second second	<b>Building Construction</b>	1669308.70	
University Grants(Exam) Sundry creditors 315		Additions in the year	328125.00	
	640.05 340.00	Less depreciation	-99872.00	1897561.7
		Land Development A/c		60900.0
Sadguru Education Society	1607229.65	Cumputer and Printer		
Khedi School		Bal last y Additions in the year		
Sundry Anamat;Umesh Patil	4000.00	Less depreciation	5775.00	
ncome and Expenditure A/c.	4000.00	Less depreciation	-17381.00	11587.2
	314.39	Deadstock Ballast v	197599 49	
	298.00 2470612.39			100770
		Education Instruments	-13753.00	123779.4
		Bal last y	ear 13321.22	
		Less depreciation	-1332.00	11989.2
		Electrical Fittings and M	laterials	11909.2.
		Bal last y		
		Less depreciation	-5581.00	50229.00
		Exercise Instruments	_0001.00	00225.00
		Bal last y	ear 27740.48	
		Less depreciation	-2774.00	24966.48
		Furniture and Fixtures		
		Bal last ye	ear 189430.84	
		Additions in the year	71135.00	
		Less depreciation	-26057.00	234508.84
		Gymnyasium Materials		
		Bal last ye	ear 43821.00	
		Less depreciation	-4382.00	39439.00
		Library Books Bal last ye		
	. Sec.	Additions in the year	31560.00	
		Less depreciation	-19567.00	176098.20
		Physical Instruments	000100	
		Bal last ye Less depreciation	The second second second second	000.00
		Sports Equipments	-2504.00	22542.00
		Bal last ye	ar 89074,78	
		Additions in the year	64020.00	
		Less depreciation	-15309.00	137795 70
		Telephone and Fax Equip	oments	137785.78
		Bal last ye		
		Additions in the year	32799.00	
	l	ess depreciation	-3863.00	34766.38
	1	Deposits Fixed Dep	the second second second second	1600000.00
	Z	Zerox Machine	49765.10	1. Sector
0		ess depreciation	-4976.00	44789.10
6		Water Filter	9490.00	1
X 1	L	ess depreciation Attest	ed By -949.00	8541.00
*	- 34	exmo Water Pump	6000,00	
	I I	ess depreciation	-600.00	5400.00
	6	DEM	CIPAL	
	(81			
	$\sim$	College	of Physical	
		Educatio	n.Jalgaon	





Attested By

PRINCIPAL College of Physical

su sation, Jalgaon

#### **Annexure-I**

ार्ष्ट्रीय अध्यापक शिक्षा परिषद् ( भारत सरकार का एक विधिक संस्थान ) पश्चिम क्षेत्रीय अभिति No.WRC/2-32/85-86/2006/C- 2016	Jejend un NCTI:	National Council for Teacher Education (A Statutory Body of the Government of India) Western Regional Committee Date: 23-8-06	
The Registrar. North Maharashtra University. Post Box No. 80, JALGAON-425 001.	4		
Sub:- Extension of Recognition	of Physical Ed	lucation Institutions.	

- Sir.

Please find enclosed list of the following institution whose recognition has been extended for the academic session 2006-2007 by the Western Regional Committee (NCTE) on the basis of Performance Appraisal Report submitted by the institutions in its 85-86 meeting. Kindly inform to the institutions to admit students up to the sanctioned intake for which recognition has been granted.

Code	Name & address of the	Approved	FOR
No.	Institution	Course / intake	Academic Session
114004	Sadguru Education Society's, College of Physical Education, Kbajayamiya Darga, Jalgion 425001	B.1:d-80.2 (PE) 2 M.Ed - 10 (PE)	3006-2007.

Also instruct the institutions to adhere to the norms prescribed by the NCHI relating to eligibility criteria for admission; infrastructure; staff and curriculum transaction; etc, to the standardhild down by the NT 111 and continuous maintenance of these norms and standards is mandately and 

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to all the second secon	(I.,R. Age Srwa Regional Free
Or Somered insur	WE MEILINE Frank
LUS MAR AN ISA	3 0 AUG 7006
TPH Stri Sultan from simo	गवक क्र. 950 College of Physical College of Physical Cruccation Jalgaon
শ गतभ भयम, श्यामला हिल्स, भोपाल - 462 002 Manas Bi शुभाष / Phone : 2660912, 2739572, देवसा / Fax : 0759 NCTE Website : www	2660912 E-mail neighbili Schule Charter Alacher

100

NATIONAL COUNCIL FOR TEACHER EDUCATION (A Statutory Body of the Government of India) Western Regional Committee

No. WRC/2-33/99/4197

To,

The Registrar, North Maharashtra University, P.B.No.80, Jalgaon-425 001.

## Sub:- Recognition of B.P.E. Course.

Sir,

The National Council for Teacher Education has taken a decision that B.P.E. course cannot be treated as a teacher education course and in the light of this decision, the question of recognition of B.P.E. course by the NCTE does not arise. Recognition to B.P.E. course has not been accorded to any institution for the academic session 1999-2000. For the present, recognition from the NCTE for this course is not necessary. It is requested that the decision may kindly be communicated to all Physical Education institutions affiliated to your University and the admission procedure for this course may be made as per University/ Government rules.

Thanking you.

Yours thithfully, Sd/-keex (Prem Ahuja) Regional Director

July 14 10

NORTH MAHARASHIRA UNIVERSITY, JALGAON,

Ref :- No.NMU/5/Acad-27/3259/99

C/SH

Copy forwarded with compliments to ;-

#### To,

The Principal's of all Physical Education colloges, affiliated to N.M.U., Jalgaon.

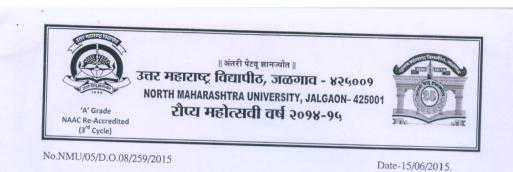
For information and necessary action.

Attested By

PRINCIPAL College of Physical Yours furthelity sector on Jaigaon

Deto:- 4/8/1999

#### **Annexure-J**



TO WHOM IT MAY CONCERN

This is to certify that Sadguru Education Societys College of Physical Eduction, Near Khwaja Miyan Dargah Ganesh Colony, Jalgaon, Tal. Dist. Jalgaon(Maharashtra) is affiliated to the North Maharashtra University Jalgaon and the following Courses / Subjects are taught in the said college as per University approval from time to time.

Sr. No	Name of the Course(s) and Duration	Affilia	ation	Period of Validity
	DEL	Permanent	Temporary	
	B.Ed (PHYSICAL) (80) 1 Year	Temporary		2015-16
2)	B.P.E.(30) 3 Year			2015-16
3)	M.Ed.(PHYSICAL) (10) 2Year	Temporary Temporary		2015-16
3)	M.Ed.(PHYSICAL) (10) 2Year			-

the

(Prof.Dr.D.G.Hundiwale) Director, (B.C.U.D) North Maharashtra University, Jalgaon

## Annexure-K



# 'Clinics On Games And Sports'

## Hockey



## **Annual Atheletics Meet**



Jalgaon Zone JudoInter College Competition



Jalgaon Zone Athletic Inter College Competition



Jalgaon Zone Wrestling Inter College Competition



State Level Athletic Compitition Organized By Our College



**InaugurationCollege Annual Day** 



**Student Profoming Ganesh Song** 



**Student Proforming Lavni Dance** 



**Student Proforming Bhart Nattyam** 



Inauguration of International Convention On "Comparative and multidicipilinary studies in social & sports science "

# Infrastructure



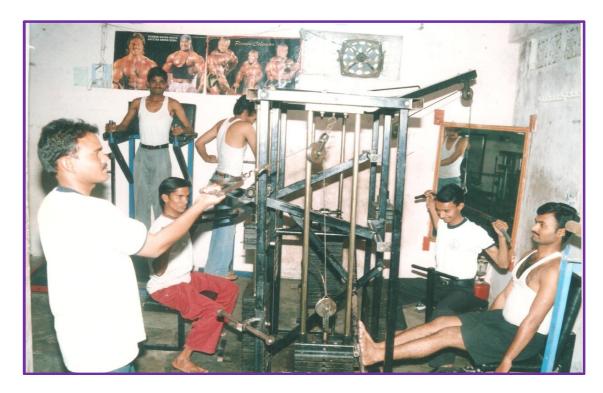
**College Building** 



**College Building** 



## Swimming pool







400 Mtr . Running Track



