

PREFACE

Physical Education and Sports play an important role in the development of the Nation. Physical Education is an integral part of total education system. In this context teacher training institutions of physical education have been assigned greater responsibilities to produce and prepare quality physical education teachers who can cater to the needs of schools and colleges in general and students in particular. To achieve the objectives of education our institution has tried upward growth by producing quality teachers who are serving in various schools, colleges and other departments & organizations.

The Sadguru Education Society's, College of Physical Education was instituted In 1990 by Dr. Narayan .S. Khadke in Jalgaon city and has immersed as one of the fast growing colleges in North Maharashtra .our society jalgaon city is located In the North Maharashtra region and it's the Heads quarters of the jalgaon district .Our college is housed in ist own species and eligends building in its own complex .Our Institutions has many necessary facilities that are requirld for the sports acivities .Society has about 4.41 Hector of land at Nashirabad and 1.54 Hectors of land at Kusumba and central building is located in on about 15000 sq ft in hart city .our college has the privilege having first college in Physical having consistency in North Maharashtra university area.

The special character of our society's college is that it has been always tried to procure efficient and best physical education faculty for imparting instruction and teaching as well as conducting co-curricular activities . It should be not out of mention to state that all our students are efficiently serving in physical education colleges throughout North Maharashtra and in different state of India. We have proud pleasure to

mention that because of our reputation our colleges get students from all over India .The information provided in the annexure shall vouch for our claim. Our institution believes in serving the society in field of physical education in journal and sports in particular so that we can become mentor in this field and produce compliant personal for the international competition

Vision :- To develop understanding about the role of the school and Physical Education professional as agents of social change, national integration and scientific development in the country.

Mission :- To prepare all round develop able physical education professionals to work for the totally fit society on the basis of "Health for All and Sports for All"

Objectives :-

- To develop skills, understanding, interest and attitudes which would enable him/her to foster all- round growth and development of the children under his/her care.
- To develop competence to teach subjects of his/her specialization on the basis of accepted principles of learning and teaching in the context of 10+2+3 curriculum pattern.
- To develop competence in guiding the children in solving their personal as well as academic problems.
- To develop competence as a teacher, (Physical & Academic i.e. Bi-focal) to participate in school organization and management and to prepare instructional materials and projects in education.
- To develop skills to conduct co-curricular activities in school skills to promote physical fitness.
- To develop special interests in current trends and issue in education.

- To appreciate the need and importance of health and physical education in the total curriculum.
- To plan, organize and conduct activities and practices relating to children's health, sports and games, etc, directly related to the life-style and environment of children.
- To identify health practices under different areas of health education.
- To prepare and select suitable teaching strategies and aids for effective curriculum transaction of health and physical education.
- To identify his/her role and responsibilities in the total school health programme for healthy school environment.
- To observe deviations among children from normal health and provide first-aid for minor ailments and refer other case to parents and health workers.
- To design and use simple tools to valuate knowledge, practices and attitudes.
- To prepare the students to perform effectively different roles expected of a teachers in present times.
- To prepare the students to identify classroom related problems for systematic investigation.
- To inculcate virtues like sincerity, sympathy, gentleness, modesty, humility, compassion, courtesy, co- operation, fair play, self esteem, self-control and truthfulness.